Ridgewood Community School

Celebrating
Over 70 Years
of Continuing
Education!

Fall 2019
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Our office is located in the
EDUCATION CENTER
49 COTTAGE PLACE, SECOND FLOOR
RIDGEWOOD

Telephone (201) 670-2777
Fax (201) 444-5565

You can visit RCS online at:
www.ridgewood.k12.nj.us
or send us email at
sstanton@ridgewood.k12.nj.us

Special Registration Hours:
In Person: Monday - Friday; 1 - 4pm
Telephone: Monday - Friday; 1 - 4pm

We welcome your questions, ideas and comments.

Special thanks to RCS Painting Instructor Britt Sikiric for the use of the image titled “Fall Flowers” on the cover. Britt’s class can be found on page 13.
LIKE US ON

www.facebook/RidgewoodCommunitySchool

Like us for:

• Announcements
• Giveaways
• Reminders
• School Closing Info
• Teacher features
• Updates
• and more!

SATISFACTION GUARANTEE

Ridgewood Community School is proud of the fact that our students report a high level of satisfaction with our courses. However, we also recognize our responsibility to those whose class did not fulfill their valid expectations. If upon completion of your course, you feel that it was not satisfactory, or you are not satisfied that the course delivered what was promised, RCS will issue you a course credit, provided you send a written request to us as soon as the course is finished and complete a course evaluation with a valid reason. The request must be received within two weeks of completion of course.

— ATTENTION RIDGEWOOD RESIDENTS —

Do you have one of these 50 Plus Cards? If you don’t, give us a call at (201) 670-2777 and we will tell you how you can get one.

Ridgewood Community School
50 Plus Card

Anyone who is 50 years of age or older and is a resident of Ridgewood may obtain a 50 Plus Card in person from the Ridgewood Community School during normal registration hours. This card entitles the bearer to take a maximum of two (2) eligible courses each semester for 50% off the regular fee. Registration may be done by mail or phone once you have obtained the card. Please note: all eligible classes will be marked with a 50+.

RCS SURVEY!

Please help us improve our programs. Take a quick and easy 2 minute online survey at: https://www.surveymonkey.com/r/DGJ3VFP

THE RIDGEWOOD MAKERSPACE
at Ridgewood High School

STARTING OCT 7
Mondays 6-9 pm
See page 21 for more information.
Day Tours

For all trips and tours, your reservations will be confirmed in writing by RCS approximately 2 weeks before the trip date. Withdrawals made in writing three (3) days prior to the tour will be accepted and your money refunded to you (minus $25 registration fee per ticket) provided we have a waiting list for that tour and your space can be resold. Tours run rain or shine.

Grey Towers Estate & Annual Sussex County Craft Fair
Group Tours & Travel LLC
This morning we tour Grey Towers National Historic Site (1886). This is the exceptional summer estate of Gifford Pinchot, the first director of the United States Forest Service and former governor of Pennsylvania. It is built in the style of a French château and has recently undergone a 20 million dollar restoration. Its beauty and the extensive collection of priceless furnishings and artifacts will astound you. After a fascinating tour and time to stroll the grounds, we are treated to an included lunch in a nearby restaurant. This afternoon we visit the 49th Annual Peters Valley Craft Fair on the Sussex County Fairgrounds. This indoor event showcases beautiful American Crafts made by over 150 exhibiting artists from across the country. Browse five buildings of amazing artwork, meet the makers of the crafts, watch an array of artist demonstrations and find the perfect gift for yourself or someone special. This is a juried show of exhibitors, who are selected for excellence and originality in twelve different media. There will also be live music, food vendors and more.

001-Saturday, September 28, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:45 AM and returns at approximately 5:15 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

$145

Sagamore Hill & Cold Spring Harbor
Group Tours & Travel LLC
Join us as we visit an assortment of attractions on the North Shore of Long Island. Our day begins with a visit to Sagamore Hill National Historic Site, the home and “Summer White House” of Theodore and Edith Roosevelt. This charming 23-room Victorian house is perched atop a hill that overlooks Cold Spring Harbor. Our visit includes a tour of the Roosevelt home, containing a unique assortment of original furnishings and personal memorabilia. It’s a fascinating look into the extraordinary character of one of our most famous presidents. After an included lunch, we visit the Cold Spring Harbor Fish Hatchery, which includes a wide range of marine species and many outdoor and indoor exhibits. There is also time to browse in Cold Spring Harbor’s downtown area.

002-Saturday, October 5, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 8:30 AM and returns at approximately 5:45 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

$145

Frank Lloyd Wright’s Temple Beth Shalom & the Masonic Temple in Philadelphia
Group Tours & Travel LLC
Discover the brilliance of architectural genius when we tour two exceptional masterpieces in and around the Philadelphia area. We begin our day with a visit to the Temple Beth Shalom, the only synagogue that was designed by the world-renowned architect Frank Lloyd Wright. Our knowledgeable docent will enhance our understanding of how Frank Lloyd Wright’s genius is represented in this unique house of worship. Lunch is included in a popular area restaurant. This afternoon we enjoy a memorable tour of the Masonic Temple of Philadelphia, often referred to as the most beautiful building in the city. This architectural masterpiece features brilliant examples of many architectural styles in its Seven Lodge Halls: Corinthian, Ionic, Italian Renaissance, Norman, Gothic, Oriental and Egyptian. It’s like a visit to Europe, Asia and Africa, all in one place. The rooms are so authentic that students of architecture and anthropology visit here to study.

003-Wednesday, October 16, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 8:00AM and returns at approximately 6:30 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

$165
AKC Museum of the Dog & The Vessel at Hudson Yards
Group Tours & Travel LLC
Located in midtown Manhattan, The Museum of the Dog combines fine arts with cutting-edge technology. Time is provided to visit this museum at your leisure. It contains an extensive collection of original paintings, sculptures, bronzes, porcelain figurines and more that depict man’s best friend. This afternoon we enjoy the brand new *Hudson Yards, the largest private real estate development in the history of the United States. When completed, it will include more than 18 million square feet of commercial and residential space, shops, a collection of restaurants and more. It is perhaps the most anticipated new urban destination in the world. It is located along the celebrated High Line and just steps from the Hudson River Park. In addition to the over two dozen restaurants at One Hudson in this park setting, there are indoor and outdoor street-level cafes throughout Hudson Yards. The Shops at Hudson Yards will contain nearly 100 luxury and specialty stores. A special treat awaits as we tour The Vessel at Hudson Yards, a uniquely interactive experience, both a monument and a work of art that is meant to be climbed and explored. An elevator is available for those unable to walk the entire work of art. Its eight levels rise 150 feet above sea level. If we walk up and down in a complete circular path, it is 1 mile in length. *The entire development will not be open at the time of the tour. However many of the stores and restaurants will be open. $120

004-Saturday, October 19, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:30 AM and returns at approximately 5:00 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

Untermyer Park and Gardens & PepsiCo Gardens
Group Tours & Travel LLC
Fall foliage should be at its peak when we visit two beautiful, but very different gardens, and dine in a restaurant that is located next to the Hudson River. We begin our day with a visit to Yonkers. Here we are treated to a walking tour of the beautiful Untermyer Park and Gardens. Influenced by the world-renowned gardens of ancient Europe, India and Persia, Untermyer Gardens were once among the most celebrated gardens in America. Our docent-led tour includes portions of the more than 40 acres that overlook the Hudson River. Included are the Walled Garden, and the Vista that contains a series of steps that are flanked by more than 100 Japanese cedar trees. Here we will gaze at a breathtaking overlook of the Hudson River and the Palisades. The Color Gardens, the Gatehouse, The Temple of Love, The Rock Garden and the Sundial Garden are other beautiful gardens we tour. From here we head north to Tarrytown for an included lunch in a Hudson River waterfront restaurant. This afternoon we visit the beautiful Sculpture Garden at PepsiCo, featuring around four dozen sculptures by leading artists, set in over 100 acres of beautifully manicured lawns and gardens. Time is provided to enjoy a relaxing walk through these gardens. $145

005-Saturday, October 26, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:30 AM and returns at approximately 4:45 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

The High Line, Chelsea Market, Ferry Ride Battery Park City Esplanade, Hudson Eats & Brookfield Place
Group Tours & Travel LLC
Our day begins with a walk along the recently completed High Line that begins at 34th Street and ends near 16th Street. There are elevators available to avoid stairs. The High Line is an elevated walking path that sits upon an old elevated train track. It features beautiful views of the surrounding areas with numerous benches, gardens and overlooks. You may walk at your own pace or join your escort as we slowly stroll along this elevated park. We conclude our visit at the Chelsea Market, a collection of unique shops and restaurants in an historic building. Next we make our way to Brookfield Place, a $250-million renovation of The World Financial Center near the entrance to The Battery Park City Esplanade. Lunch is on your own in Hudson Eats, an elegant boutique style food court in Brookfield Place, or other restaurants located by the marina and the Hudson River. After lunch, we enjoy a round trip ferry ride from New York to New Jersey with time for a quick stroll along the Jersey City waterfront to view NY and the Jersey City 911 Memorial. The balance of our afternoon allows us time to stroll along the Esplanade, relax on a riverfront bench, take in the views of the Statue of Liberty, Ellis Island and the New Jersey Skyline and browse in the shops at Brookfield Place. Although there is an opportunity to walk a mile or more, on generally flat ground, the motorcoach may drop you off so that there is less walking $105

006-Saturday, November 2, 2019
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:30 AM and returns at approximately 6:00 PM. Cars may be parked in the lot for the duration of the tour at your own risk.
**Day Tours**

For all trips and tours, your reservations will be confirmed in writing by RCS approximately 2 weeks before the trip date. Withdrawals made in writing three (3) days prior to the tour will be accepted and your money refunded to you (minus $25 registration fee per ticket) provided we have a waiting list for that tour and your space can be resold. Tours run rain or shine.

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**27th Holiday Train Show at the New York Botanical Gardens, Arthur Avenue & City Island**

Group Tours & Travel LLC

Leave the driving to us as we make three popular stops in the Bronx. Our day begins with a visit to City Island, where we enjoy a bountiful sit-down lunch in a popular area restaurant. Then it’s off to Arthur Avenue for a brief shopping stop to buy unique breads, cheeses and other products these stores offer. Within minutes from here, we arrive at the 250-acre New York Botanical Gardens. A tram ride through the gardens, with stops along the way, is included, weather permitting. The highlight of our day is a visit to the Enid A. Haupt Victorian-style conservatory. Prepare to be thrilled by the magic of how the skyline of New York City is transformed into miniature version through botanical brilliance. The 27th Holiday Train Show returns with model trains traversing a landscape featuring 175 replicas of New York City landmarks made entirely from portions of various plants. Our visit enables us to view this unique display during the daytime and then after touring other areas of the gardens, we return to the train show as darkness descends and the twinkling of the holiday lights and decorations illuminate the landscape. **$165**

**007-Saturday, November 23, 2019**

Departs from Ridgewood’s Graydon Pool parking lot (by the corner of Linwood Ave. & Northern Parkway) at 10:30 AM and will return at approximately 6:30 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

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**Afternoon Tea at The Cairnwood Estate at Christmas Time, Glencairn Museum & Bryn Athyn Cathedral**

Group Tours & Travel LLC

Experience the grandeur of the Gilded Age when we travel north of Philadelphia, to rural Bucks County, Pennsylvania and visit the exceptional Cairnwood Estate (1895), Glencairn Museum, and Bryn Athyn Cathedral. The Cairnwood Estate is a Gilded Age country house designed in the Beaux-Arts style. Our guided Christmas tour includes three floors of this magnificent mansion, followed by a unique Christmas exhibition of elegant vintage fashions circa 1870s to 1970s. An exceptional World Nativities exhibition, featuring dozens of hand-crafted nativity scenes from around the world is also included. Next we are treated to a festive three-course Holiday Tea that is served in the Dining, Billiard, Music, Library, and Living rooms. After time to indulge in our elegant surroundings, we visit the Bryn Athyn Cathedral (1919). At this cathedral, Christmas is a special time of celebration as we view meticulous decorative elements that blend classical Greek and Roman architecture with French Renaissance ideas. This is a delightful day that is sure to get you in the holiday spirit. **$185**

**009-Wednesday, December 4, 2019**

Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:00 AM and returns at approximately 6:15 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

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**Christmas Wonderland Show at The Bethlehem Sands Casino & Buffet Lunch**

Group Tours & Travel LLC

Join us as we travel to the nearby Sands Casino in Bethlehem, Pennsylvania. Our itinerary features reserved seats for a fantastic Christmas Wonderland show in its intimate Event Center. Time is also provided to enjoy an included buffet lunch and to visit the casino where you will receive $25 in slot play. Don’t forget, there are also over a dozen outlet stores, all under one roof. Start the holiday season on a high note with Santa and a cast of talented singers and dancers from London and New York. Spectacular sets and glittering costumes will transport us to an enchanting Christmas Wonderland. You will be amazed at this holiday spectacle. The included buffet is a nice addition to our itinerary. There are over 3,000 slot machines and 200 table games in the casino. **$140**

**008-Monday, December 2, 2019**

Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 8:15 AM and returns at approximately 6:30 PM. Cars may be parked in the lot for the duration of the tour at your own risk.
Multi-Day Tours

The tours below are escorted by Group Tours, Inc. For a complete itinerary including the deposit schedules, refund information and final payment dates, please call the RCS office. Any refunds given will be less a $25 per person registration fee. Tours run rain or shine.

Atlanta ~ the Empire City of the South

Group Tours & Travel LLC

Join us for this exceptional five-day tour to the Empire City of the South: Atlanta. We visit many of the most famous and popular places that make this city a top U.S. travel destination. Our accommodations are in the Embassy Suites by Atlanta’s Centennial Olympic Park, a unique 22-acre urban greenspace. It is across the street from the Georgia Aquarium, World of Coca Cola, the National Center for Civil and Human Rights, CNN Studios and more. We will tour the house where gone with the Wind was written, view the home where Martin Luther King was born and visit the church where he was baptized and was a co-pastor. We view The Battle of Atlanta Cyclorama Painting, recently renovated and a spectacular sight to see. Our visit to Stone Mountain will allow us time to view the largest stone carving in America (the same artist carved Mount Rushmore), take a tram ride to its summit and visit its museum. It will be a memorable experience when we visit the Georgia Aquarium, home to over 120,000 marine animals and the largest aquarium in the United States. The Museum of the Jimmy Carter Library is a fascinating history museum that provides us a close-up view of the modern American presidency. There are other places you may visit at an additional cost, such as the Atlanta Zoo, Coca Cola World and other museums and attractions. Highlights include: nonstop, roundtrip air from Newark, four nights in the Embassy Suites Atlanta, Krog Street Market, Georgia Capitol & Museum, four breakfasts, one lunch, $120 gift card to hotel restaurant, tour escort and more.

011-November 3-7, 2019
Twin price: $1,995 per person & Single Price: $2,595 per person. No reservations accepted without a deposit of $450 per person.

Fish & Sips Indoor Long Island Wine Festival

Group Tours & Travel LLC

Get a jump on the weekend and join us as we travel to eastern Long Island. On Friday night, in the beautiful location of the aquarium, right next door to our hotel, is the Fish & Sips Wine Festival. This 3-hour event features more than 20 local wineries, tastings, light snacks, live music and more, all in the comfort of the Atlantis Marine World Aquarium. The aquarium’s exhibits include a 120,000-gallon lost city of Atlantis shark exhibit, a rainforest, along with many species of marine life such as seahorses, eels, jellyfish and more. Other highlights are a visit to Eagles Nest, the Vanderbilt Mansion, and a tour of the lighthouse in Montauk. Our visit includes time to enjoy the scenic overlooks and a tour of the Maritime Museum and Lighthouse. There is also time to sightsee in the communities of Riverhead and South Hampton. We do all these fun things at a relaxed pace. Highlights include: accommodations in the Hyatt Place East End & Resort Marina, one breakfast, two lunches, tour escort and more.

012-November 15-16, 2019
Twin price: $445 per person & Single Price: $535 per person. No reservations accepted without a deposit of $100 per person.

Williamsburg & Busch Gardens at Christmas Time

Grand Illumination, Christmas Parade & Ten Million Christmas Lights

Group Tours & Travel LLC

Colonial Williamsburg is a place where we can relive the past that our founding fathers created. It features an unparalleled collection of original and restored buildings that many famous patriots frequented. Our visit coincides with several spectacular holiday events. On Saturday morning we view the Williamsburg Annual Christmas Parade, as it ushers in the holiday season with a variety of floats, bands and more. On Saturday evening we visit Busch Gardens, which boasts more than ten million Christmas lights throughout the park. It is one of the largest Christmas light displays in North America. Festive food and drink, holiday shopping, a train ride and approximately seven heart-warming shows make the spirit of the season come alive. In addition to unlimited access to Colonial Williamsburg’s museums and historic buildings, we are treated to the Grand Illumination, an outdoor ceremony that involves the simultaneous activation of lights, fireworks, live music and much more. Williamsburg also possesses a fine assortment of shops and restaurants. We will dine in George Washington’s favorite restaurant. Our accommodations are on the grounds of Williamsburg’s historic area and are only a few steps from the Colonial Williamsburg Visitors Center and a free shuttle ride away from the restored area. Reserve your space soon. The hotel will most likely sell out by September. This is one of their busiest times of the year. Highlights include: 3 nights in the Woodlands Hotel and Suites, unlimited admission to historic Colonial Williamsburg during our entire stay, unlimited access to the Williamsburg Shuttle, the Campus of William and Mary, dinner in Christiana Campbell’s Tavern, Merchants Square, Fredericksburg National Military Park, three deluxe continental breakfasts, three lunches, two dinners, tour escort and more.

013- December 6-9, 2019
Twin price: $1,225 per person & Single Price: $1,525 per person. No reservations accepted without a deposit of $375 per person.
Pre-Mardi Gras in New Orleans  
*Group Tours & Travel LLC*

New Orleans is a city like no other. It is one of the most visited and most exciting cities in North America. Experience the incredible thrill and excitement of Mardi Gras without the madness of the Mardi Gras crowds. Enjoy three Pre-Mardi Gras parades and numerous outstanding attractions at a relaxed and enjoyable pace. The parades, food, architecture, culture, music and attractions combine to form memories that will last a lifetime. Mardi Gras is the most popular time of the year to visit New Orleans. Our hotel is in a superb location, within a few minutes’ walk to anywhere in the French Quarter. This tour requires more walking than normal tours as motorcoaches are restricted in the French Quarter. Other highlights include: roundtrip air from Newark to New Orleans, four nights at the deluxe, four diamond Hotel Monteleone, reserved seating for 2 Pre-Mardi Gras parades, riding tour of New Orleans, narrated Mississippi River Cruise, Longvue House & Gardens, Blaine Kern’s Mardi Gras World, St. Louis Cathedral, Café de Monde, all breakfasts, two lunches including Court of Two Sisters Jazz Brunch, two dinners, tour escort and more.

**016-February 17-21, 2020**

**Twin price:** $2,495 per person & **Single Price:** $2,725 per person.  
No reservations accepted without a deposit of $375 per person.
VIP Seats at the Military Band Performance (Tattoo) in Norfolk, Outer Banks & Dolphin Nature Cruise with Oceanfront Accommodations

**Group Tours & Travel LLC**

You may have been to countless Broadway shows and memorable concerts, but nothing can prepare you for the spectacular Virginia International Tattoo, the largest Military Band Performance in the United States. Featured is a dynamic cast of about 900 performers that travel here from around the globe. It’s a fabulous mix of pageantry, patriotism, and soul-stirring music featuring marching bands, massed pipes and drums, military drill teams, gymnasts, Scottish dancers and choirs. It is non-stop, edge-of-your-seat entertainment. Our accommodations for three nights are in Virginia Beach, where all rooms have private oceanfront balconies. This tour is so spectacular that dozens of our clients have taken it four times! Other highlights include: three nights at the Hampton Inn North, Virginia Beach, VIP reserved seating for the Military Tattoo performance in Scopes Arena, the Outer Banks, Wright Brothers National Memorial, Nags Head, Roanoke Island, Jockey’s Ridge State Park, DiscoverSea Shipwreck Museum, Chesapeake Bay Bridge-Tunnel, three deluxe continental breakfasts, two lunches, one dinner, tour escort and more.

**017-May 1-4, 2020**
Twin price: $995 per person & Single price: $1,255 per person. No reservations accepted without a deposit of $200 per person.

The Hershey Hotel
Lunch in an Amish Home & Penn Dutch Farmlands Tour & American Music Theater Variety Show

**Group Tours & Travel LLC**

Just mention the name Hershey and any American’s mouth starts to yearn for the sweet taste of chocolate. This tour is full of sweet things. To begin with our accommodations are in the elegant Hershey Hotel, rated four diamonds by AAA and a proud member of the Historic Hotels of America. This tour also explores the history and folklore of the Amish and Mennonites in their Pennsylvania homes. As we view their beautiful farmlands, we learn about Pennsylvania Dutch life, from its inception to how it exists today. We will also enjoy lunch in an authentic Amish home with an Amish family. Our theatrical entertainment features an outstanding Britain’s Best variety show in the American Music Theater. Other highlights include: one night in the Hershey Hotel, lunch and breakfast in the Hershey Hotel, riding tour of Hershey with a visit to Chocolate World, Founders Hall, Kitchen Kettle Village, tour escort and more.

**018-May 15-16, 2020**
Twin price: $655 per person & Single price: $745 per person. No reservations accepted without a deposit of $150 per person.

Seven Night Great Lakes Cruise on the M/V Victory II from Chicago to Niagara Falls

**Group Tours & Travel LLC**

Join us on this truly wonderful and relaxing Great Lakes Cruise on Lake Michigan, Ontario and Erie. Enjoy the majesty of the world’s largest assemblage of fresh water as we visit places and cities along the way. Each port we visit offers unique places of interest. Our scenic cruising ushers us past tiny islands, pristine wilderness, historic sites and towering skyscrapers. Our memorable vacation begins in one of America’s most visited cities, Chicago. From here the thrill of touring begins when we board our all-inclusive sailing vessel where alcoholic and non-alcoholic drinks are included. Other highlights include: roundtrip air from Newark, riding tour of Chicago, port cities of Muskegon, Mackinac Island, Detroit, Green Bay, Cleveland and Port Colborne/Niagara Falls, riding tour of Niagara Falls, all tour transfers, ship board gratuities, taxes and fees, all meals on the ship, onboard entertainment, tour escort and more. This cruise is expected to sell out several months prior to departure. Register Today. A valid passport is required to take this cruise. It must not expire prior to February 2021.

**019-June 10-18, 2020**
Twin price: $5,295-$9,925 per person
Single price: $8,755-$12,945 per person
Price is determined by cabin selection. No reservations accepted without a deposit of $750 per person.
Computer Literacy

On the following pages, you will find the RCS computer course offerings. Please check the pre-requisites before registering for a course. Operating systems are Macintosh OS 10 and Windows.

Intro. to Personal Computing and Windows 10

Tomohiro Kubo

This is a beginning course for the first time computer user/owner. If you have just purchased a PC or laptop or just started using one, chances are you have Windows 10 platform on your machine. This course will show you everything you will need to know about using your new computer to its fullest capacity. The course will focus on learning to use the mouse, logging on and off of your computer, how to size windows, how to create files and folders, how to explore directories and programs, how to utilize Windows system accessories and generally navigate through Windows. This course will provide you with the essential skills to move on to other courses. $195

153-Mon 7-9:30 pm  
BFMS Rm 212  
4 Sessions Starts Oct 21

Facebook 201 - Fine Tune Your Facebook

Neil Valere

Now that you have learned the basics of Facebook, this follow-up class will help you fine tune your Facebook experience. Learn how to tailor FB with your privacy and security settings, customize your profile page, create, edit, and invite friends to your groups, send private messages, send money and much more. Facebook is always evolving to make your experience safe and fun, so come out and learn what new things FB has to offer. $30

165-Tues, Nov 5 7-9 pm  
RHS Rm 193  
One Session

Facebook 101

Neil Valere

Are you wondering what everybody is talking about? Want to know if Facebook is right for you before you jump in? Maybe you just want to see your grandkid’s pictures. And if you are already a Facebook user, are you using America’s #1 social network correctly? We’ll explain the basics and answer all your questions. See how Facebook users easily connect with friends, brands, photos, news, information, relatives, opportunities and more. $30

163-Tues, Oct 22 7-8:30 pm  
RHS Rm 193  
One Session

Intro to MS Office

Jason Porod

This course will give you an introduction to the programs included in MS Office - Word, Excel and Power Point. One night will be spent on each program, with homework in between classes to try out what you have learned. This class will give you a good idea of the basic functions of each program and what you might be able to use them for. $140

166-Thurs 7-9 pm  
RHS Rm 193  
3 Sessions Starts Nov 14

Getting to know Your iPad

Tomohiro Kubo

This class covers all the basic operations and functions of the iPad. We will explore basic navigation, what the various buttons do, new features in the current operating system, how to use features like Siri, how to download apps, and a lot more. If you’ve just purchased a new iPad, this is the class for you! $140

161-Tues 7-9 pm  
RHS Rm 193  
3 Sessions Starts Nov 12

All Things Google

Evelyn McKinnon

Join us for an exploration of the free tools that Google has to offer. Become a better “Googler” as we learn tips and tricks for searching the web. Discover the power of Gmail and Calendar for staying organized. Learn how to access and use Google Apps – a suite of productivity tools for word processing, slide presentations, spreadsheets and more. This is a “hands on” course for beginners, so chromebooks will be available or you can bring your own laptop or chromebook. All participants must have a Google email account set up before the first class to fully experience the class. Go to google.com/gmail and click on “create account.” $140

164-Thurs 7-9 pm  
RHS Rm 193  
3 Sessions Starts Oct 10

Using the Internet

Tomohiro Kubo

This class will focus on security and safe practices while using the internet. Topics will include: antivirus/anti-malware use, internet browser safety tips, internet browser extensions and add-ons (ads/ad blockers and malware extensions), types of harmful programs and files that can infect your computer, account passwords and safeguarding and home router/wifi security $30

169-Tues, Oct 29 7-9 pm  
RHS Rm 193  
One Session

It is HIGHLY recommended that all students in computer classes have access to a computer in their home or office to practice what they have learned and reinforce the skills and concepts.
Selling on eBay

Rick Feingold

Do you have legos, comics, textbooks, watches, auto parts, video games, designer handbags, jewelry, a digital camera, or an iPhone that you would like to turn into cash? Learn how you can declutter your house by selling unwanted items using eBay. Topics will include: how eBay works, learning the value of your items, pricing your merchandise, writing a description, taking photos, using a PayPal account, the bidding and selling process, shipping your goods, eBay selling fees, delivery confirmation, feedback and more. Students will be able to develop their own eBay listings upon completion of the class. The instructor is an eBay Powerseller with more than 10 years of experience.

$95
159-Tues 7-9:30 pm
RHS Rm 192
2 Sessions Oct 15 & 22

Photoshop Workshop

Chuck Solomon

This workshop is an introduction to the Adobe Photoshop family of applications including Bridge, Adobe Camera Raw and Photoshop itself. The class will consist of three consecutive sessions where students are encouraged to bring in some of their own images to correct and enhance in addition to the images provided by the instructor. Topics will include a brief history of Photoshop, the ethical use of Photoshop, how to work with Jpegs and Raw files, editing, keywords, cropping, layers, cloning, white balance, black and white conversions, hue and saturation, sharpening, preparation for print and saving files in various formats. Students will work with Photoshop 6 on individual PC’s in one of the computer labs.

$70
154-Wed 7-9 pm
RHS Rm 193
3 Sessions Starts Oct 23

Grammar Lion: A Grammar Refresher  ***ONLINE COURSE***

Ellen Feld


Two options, same course content:
716-Go at your own pace to complete your course in 4 to 12 weeks. Tuition: $150
Starts Oct 4
718-Get in the fast lane to complete your course in 14 days! Tuition: $89
Starts Oct 18

Careers & The Workplace

Are You LinkedIn?

Fran Kelley

LinkedIn has become the #1 recruiting site online. Even if you are not looking for a new job, your career will benefit from a strong LinkedIn profile. It can serve as passive advertising for you. You might be surprised at the opportunities that can come to you through LinkedIn. If you are looking for a job, LinkedIn can be leveraged to network with friends and colleagues and attract the attention of recruiters who use it (in some case, exclusively) to identify talent. So, if you don’t have a LinkedIn profile, or have one, but don’t really use it, this class is perfect for you. Fee includes a step-by-step guide to creating an optimized LinkedIn profile. We will go live online to the site during this class.

$60
102-Wed, Oct 30
RHS

One Session

See page 21 for Maker Space classes.
# Careers & The Workplace

## Public Speaking

**Sam Nutile**

If you are reluctant to speak in front of an audience or have a fear of public speaking, this is the perfect course for you. It is unfortunate that many people limit their careers and social abilities by being fearful of speaking in public. This course is designed to limit these fears by helping students understand that public speaking is a skill and like all skills, the techniques must be learned and practiced in order to do well. If you take this course, you will develop a much deeper skill for public speaking. Your confidence will grow rapidly and you will have a great deal of fun meeting and learning from the other students in the class.

- **11-Mon 7:30-9 pm**
- **BFMS Rm 106**
- **6 Sessions**
- **Starts Oct 21**

**Interview Basics**

**Fran Kelley**

This class will prepare you for what to expect on an interview today. We will cover everything from how to answer behavioral interview questions, body language tips, eye contact, to Skype and Hire Vue interviews. It is especially important for you to be ready for telephone screening interviews - the most common way interviews start today. Your instructor is a certified Human Resources Professional and will be able to answer any of your questions on interviewing.

- **$40**
- **107-Wed, Nov 6 7:30-9:30 pm**
- **RHS Rm 226**
- **One Session**

## Rescue Your Resume & Cover Letter

**Fran Kelley**

Today’s new job search includes key words, search engine optimization (SEO), and applicant tracking systems (ATS). What is a job seeker to do? Today’s resume needs to address all of these components and more. This class will offer you the opportunity to develop or update your resume incorporating the latest job search trends. You will work with a certified professional resume writer who will critique your final draft. We will walk you through several job search e-notes that are needed to accompany your resume for maximum effectiveness and to communicate your value to recruiters and hiring managers.

- **$100**
- **115-Wed 7:30-9:30 pm**
- **RHS**
- **2 Sessions**
- **Oct 16 & 23**

## Home Staging for Fun or Profit

**Mary Fitzgerald**

Attention all people who love to decorate! If you want to learn how to make money or just have fun through Home Staging, then this class is for you. In our introductory class, you will learn what Staging is, along with our 5 1/2 step system to stage any home successfully. Plus, we go through a bunch of “hands on” exercises that will increase your skills and your confidence and are also a lot of fun!

- **$50**
- **119-Mon 7-9 pm**
- **BFMS Cafeteria**
- **2 Sessions**
- **Oct 21 & 28**

## Home Staging 2…The Next Step

**Mary Fitzgerald**

Did you love the Careers in Home Staging class? Are you ready to jump into the world with your new-found knowledge and creativity? In this class we expand upon everything you learned in the first class and help you take the next step into the actual world of home staging. Discover the difference between decorating and staging, get lots of “hands-on” practice creating “scenes” and learn how to arrange furniture to sell a house. Most importantly, master our proprietary Home Staging Consultation so that you can implement it right away and “make money on Monday!” If you loved what you learned and accomplished in CIHS, imagine how clever and confident you will feel after 3 more nights of staging fun. This is a great class for realtors who want their listings to stand out in the marketplace. It is not necessary to have taken the CIHS previously, but if you take both classes this semester, you can take $25 off of the tuition for this course.

- **$397**
- **109-Mon 7-9 pm**
- **BFMS Cafeteria**
- **3 Sessions**
- **Starts Nov 11**
### Watercolor for Beginners
**Thomas P. Valenti**
Beginner watercolor simplified – a course for people of all ages. If you have never even held a brush, this is the course for you. All the mysteries and misconceptions of watercolor painting will be revealed and explained. Students will be guided through the course and will learn everything they need to know in order to produce beautiful paintings. The first evening is devoted to a discussion of materials and how to fit them into the individual student’s budget. Supplies will be discussed at first class.

- **Supply list available.**
- **$135**
- **220-Wed** 7-9 pm
- **RHS** 138
- **9 Sessions** Starts Oct 2

### Watercolor for Beginners II
**Thomas P. Valenti**
This course is designed for anyone with a reasonably good understanding of how to handle watercolor techniques. While “Watercolor for Beginners” focused primarily on learning technique, level II will concentrate on using the medium to create effects from morning mist to evening dusk; the way color changes take place from one season to another; and painting three-dimensional objects. Discussions and demonstrations provide the student with unlimited information.

- **Supply list available.**
- **$135**
- **221-Tues** 7-9 pm
- **RHS** 198
- **9 Sessions** Starts Oct 1

### Watercolor Painting-All Levels
**Joel Popadics**
Paint in a traditional, realistic way in this watercolor class for artists of all levels. Students will learn how to paint landscapes, seascapes, marine and still life using a transparent approach to watercolor. A brief demonstration will be given during each session. Topics will vary from tricky techniques to universal painting concepts. The balance of time will be spent on individual instruction.

- **Supply list available.**
- **$180**
- **218-Thurs** 12:30-2:30 pm
- **Ed Center 2nd Fl, Conference Rm**
- **9 Sessions** Starts Oct 3

### Art Licensing 101
**Lisa Fondo**
This class is for artists and photographers looking for a way to gain artists recognition and generate income other than through the traditional gallery route. Learn the basics of licensing your work for stationary, home décor, prints, puzzles and more. What is required, how to find potential licensees, royalty rates and the realistic time frame required for your art to end up as products on a retail shelf will be discussed.

- **$35**
- **105-Thurs, Oct 17** 7-9 pm
- **RHS** 205
- **One session**

### Writing for Profit
**MT Schwartzman**
There is nothing more thrilling for a writer than pitching an idea, placing the story and getting a check. In this course, you will learn techniques that are proven to work, whether your goal is writing for print media or selling stories on the internet. Classes will cover how to come up with original ideas based on personal experience or professional expertise, how to find the right outlet for your story and how to write an effective story proposal.

- **$80**
- **117-Thurs** 7-9 pm
- **RHS** 234
- **5 Sessions** Starts Oct 17

### Creative Arts

### Supply lists will be sent upon request (via email or fax) or they can be picked up at the RCS office.
**Creative Arts**

**Painting in Oils or Acrylics**

*Anne Winner*

Techniques of traditional painting are explored, in either oil or acrylic medium. Beginning and experienced painters are welcome. Students will be encouraged to develop their own style and “voice” through their choice of subject matter. The formal elements of painting such as color theory and structure are introduced. This is not a “demonstration and copy” class, but one that encourages individual exploration of the painting process. Supply list available.

$145

208-Tues 12:30-2:30 pm
206-Tues 3-5 pm
Unitarian Society Fellowship Rm
9 Sessions Starts Oct 1

**Painting in Oils**

*Bill Brown*

Beginners, as well as more experienced painters, are welcome to study traditional oil painting. Each class will have several still life and floral set-ups. Landscape painting will be taught and encouraged to those interested. Achieving an overall light and atmospheric effect as revealed by nature is emphasized. You will learn the principles of painting and developing form. Instead of just learning “how” to paint, you will learn “why” to use a particular color or tone. During each session an equal balance of time is spent on individual instruction. Award winning artist, Diana K. Gibson, will assist the class if enrollment is sufficient.

Supply list available. Supply list available.

$135

203-Tues 7:30-9:30 pm
Ridgewood Art Inst. West Studio
9 Sessions Starts Oct 1

**Basic Photography**

*Vincent Marchese*

This course is designed to develop your photographer’s eye. It will cover basic concepts and practices of traditional as well as digital photography. Topics will include: understanding and using the camera & lenses, lighting and exposure, F Stops and depth of field, shutter speed and motion and basic photographic peripherals. The course will address aesthetic principles as they relate to composition, space, exposure, and light in both color and black & white photography. Attention will be given to each individual student with weekly critiques of assignments from topics as diverse as landscapes, portraits, children, architecture, abstracts, etc. Students will be encouraged to compile their best work into a portfolio. At least one class will be held off campus at the Paterson Museum. Students will be given the opportunity to display their photographs in a group show featured at the Paterson Museum at the end of the semester. A textbook is recommended for this class. (John Hedgecoe’s New Introductory Photography Course; ISBN. Available through Amazon or eBay) You can contact the Instructor with any questions at 201-414-1337 or email him at vtmarchese@earthlink.net.

$100

211-Thurs 6:45-8:15 pm
RHS Rm 214
8 Sessions Starts Oct 3

**Relax and Paint in Acrylics**

*Britt Sikiric*

In this class you can go with the flow and let go of your everyday stress and worries. Join us in creating joy and expressing your true colors. Britt will gently guide you through the process of painting with acrylic paint. You can choose the subject or she can provide you with some ideas. The class will learn the basics of painting from composition, shape, color, and much more. Painting is a truly cathartic experience and this class will speak to your soul. Come and enjoy yourself in a laid back, no pressure environment. This class can be your place to unwind and have fun each week. A supply fee of $35 is due to instructor at the first class.

$105

217-Thurs 7-9 pm
RHS Rm 194
6 Sessions Starts Oct 17

**Digital Photography**

*Chuck Solomon*

This course is designed for the beginner to intermediate student who wants to learn how to use their digital cameras to make better pictures and to understand how their camera works. Participants will learn how to take their cameras out of the automatic mode and creatively choose shutter speeds, f-stops and ISO. We will learn how to get the images off the digital card and onto a computer and even take a brief look at post processing in Photoshop. Attention will be paid to the different types of digital cameras including DSLR’s and mirrorless cameras. Students will learn the rule of thirds, selective focus, depth of field, leading lines and shooting jpegs and raw and how to compose an image. Proper lens choice for various situations will also be discussed. Students will learn how to properly use flash as well as available light in shooting portraits. We will also take a look at some of the work of famous photographers whose images made a difference. There will be five classroom sessions and two field trips. The field trips will take place on Saturday mornings, after the second and third classes. There may be a small admission charge on the field trips. Students will get a chance to show their work from the field trips as well as from an independent project which we will discuss in class.

$95

212-Tues 7-8:30 pm
RHS Rm 215

5 Sessions plus 2 field trips
Starts Oct 15

RCS Gift Certificates make a great gift for that hard-to-shop-for person!

Call (201) 670-2777 for more information.

Students attending photography classes should be at least 16 years of age.
Cooking on the Healthy Side
Joseph Scillieri
This class will show you how to prepare a meal that is on the healthier side. We will be preparing chicken breast on a beggar purse with steamed vegetables. The meal will be complimented with quinoa salad including fresh and healthy vegetables with balsamic vinaigrette. Apple Crisp will complete the meal as it is prepared in a light and healthy fashion. Please bring containers to class for leftovers. A food fee of $25 is to be paid to the instructor at class. $30
265-Tues, Oct 15
RHS
6:30-9:30 pm
Rm 148
One Session

Italian Cuisine - Pasta and More
Joseph Scillieri
This class features all new recipes! Join us for an exciting evening as you learn to prepare Penne with vodka sauce, Rigatoni Bolognese and Eggplant Rollatini. The meal will include a caesar salad with homemade dressing and garlic bread prepared with olive oil and fresh herbs. You will be the hit of the party as you present your guests with these Italian specialty items. The evening will be entertaining and fun as you navigate around the kitchen learning the proper cooking techniques. Please bring containers to class for leftovers. A food fee of $25 is to be paid to the instructor at class. $30
264-Tues, Nov 12
RHS
6:30-9:30 pm
Rm 148
One Session

Comedy Improvisation
Alex Ishkanian
Do you like to laugh? Do you like to make others laugh? If so, then come participate in the wonderful world of comedy improvisation! Open to both beginners and those with experience, the course provides you an outlet for creating characters and scenes - right on the spot! As you are guided to support your comedic team in a truthful and organic way, you’ll see how “the funny” emerges quite naturally. Our last session affords you the opportunity to invite family and friends to see you shine in the comedy spotlight. Please be warned that this class has been accused of developing imagination and creativity, fostering teamwork and spirit, and enhancing one’s ability to think on one’s feet. Additionally, it recently received a summons for making ordinary Thursdays feel like fabulous Fridays. So come join the hilarity before this class is actually arrested! $145
202-Thurs
6:45-8:15 pm
RHS
Rm 116
9 Sessions
Starts Oct 3

Stand-Up Comedy
Alex Ishkanian
Have you ever wondered if there is a “Marvelous Mrs. (or Mr.) Maisel” inside of you? Well, here’s your chance to find out! This course, inspired by Bobbie Oliver’s book, “The Tao of Comedy: Embrace the Pause,” takes a mindful and soulful approach in helping you develop your unique comic potential. As you develop a 5 minute set, you will learn how to write your own jokes, get tips on performance including microphone use, and acquire techniques to overcome possible writing and performance blocks. Our last session affords you the opportunity to invite family and friends to see you shine in the comedy spotlight. Although this course is designed for beginning comics, all experience levels are welcome. Additionally, would-be storytellers, sitcom writers, and writers (and performers) of all genres looking to inject humor in their material can also reap benefits from participating in this comedic art form. So bring a spiral notebook and pen to each class, and be ready to unleash your “marvelous” in a supportive, caring, and hilariously fun environment! $145
210-Thurs
8:15-9:45 pm
RHS
Rm 116
9 sessions
Starts Oct 3
Wings

Kim Hendrickson

One night, five delicious recipes. Get ready for those football gatherings either at home in front of the TV or tailgating at the game. Wings are always a crowd pleaser, and they are one of those fun foods that can be eaten hot or at room temperature. This makes them easy for large group entertaining and they are so easy to prepare. In this one night class we will divide up into groups to prepare very different wing recipes after Kim walks you through the basics and the tips. If Jalapeno-Lime Chicken Wings, Double Fried Wings with Miso Mustard Old Bay Sauce or Sticky Korean Spiced Wings sound good, you must join us. Tuition includes a food fee of $20. Please bring to class: a dish towel, an apron and containers to take leftovers home with you.

255-Wed, Oct 30
Rm 148
7-10 pm
$60

One Session

Hearty Fall and Winter Soups

Kim Hendrickson

Nothing tastes better when the weather gets colder than hearty bowls of soup. In this two night class, eight different recipes will be prepared hands-on by the entire class. They can be eaten at the end of the evening or taken home to enjoy at a later date. Kim will include instruction on chopping techniques, flavor substitutions and freezing and storage. Chunky Carrot Thai Soup, Hearty Green & Bean Minestrone and Turmeric-Ginger Dumpling Soup are a few of the recipes we will prepare. Does anyone ever have enough good winter soup recipes? Join us and add to your collection. Tuition includes a food fee of $30. Please bring a dish towel, an apron and containers to take soup home with you.

256-Wed & Thurs
RHS
7-10 pm
$80

2 Sessions

Main Meals in Parchment - the Art of Cooking en Papillote

Kim Hendrickson

The term "en papillot" is the fancy french way of saying cooking in parchment. Once you experience it, you will never forget the gift of unwrapping experience of the tearing and crinkle of the parchment. This fancy technique is so easy once you know a few tips. This technique keeps ingredients, especially fish, from drying out and marinates the flavors easily...not to mention the easy clean up. In this two night class, eight different recipes will be prepared by the class, then shared at the end of class. Ginger Mango Chicken and Greek Fish en Papillote are a few of the recipes we will prepare. Tuition includes a food fee of $40.

257-Wed & Thurs
RHS
7-10 pm
$90

2 Sessions

Cookies - Favorites from Kim's Recipe Box

Kim Hendrickson

Season after season Kim has focused on cookies from areas around the world. Now, this season she is going to share all of her favorite cookie recipes in one class. Kim is always looking for unique flavor combinations or textures to share with her students. Kim will offer baking tips from her years of experience during every class. Students will choose one recipe to make from a selection of four recipes each night. Some of the recipes features will include: Lavender Blueberry Sandwiches, Sicilian Red Wine Cookies, Butter Buttons with Passionfruit Ganache, and Chocolate Edged Earl Grey Shortbread. Tuition includes a food fee of $45.

258-Wed & Thurs
RHS
7-10 pm
$105

3 Sessions

Pies (and Pie Crust) Simplified for the Holidays

Kim Hendrickson

Do you love flaky pastry pies but are too intimidated by the thought of making the crust or an entire pie? Kim will demystify the process for you. In the first night she will demo the pastry crust process giving you as much detail as possible so you can troubleshoot when you get home. Then the entire class will make a crust that will be filled the next night, after you choose what kind of pie you want to make. While your pie is baking on night two, you will make another crust so you are prepared to make your next pie. Tuition includes a food fee of $22. Please bring an oven mitt, an apron, a paring knife and a 9” glass or metal pie pan.

259-Wed & Thurs
RHS
7-10 pm
$72

2 Sessions

Hand Dipped Chocolates & Truffles for Holiday Giving

Kim Hendrickson

Any homemade treat is always a welcome gift around the holidays, but a gift of homemade chocolates is very special. In this three night class, eight different truffles and chocolate filling recipes will be prepared by the class. While Kim keeps the tempered chocolate flowing, those fillings will be dipped, rolled, molded and coated to create a wide assortment of chocolates for everyone to share. The last evening will be devoted to creating an edible chocolate gift box to house all of your crafted chocolates. Mocha Ganache Truffles, Coconut Cream, and Passionfruit Ganache, are a few of the flavors we will create for holiday gift giving. Kim promises to send you home with 5lbs of chocolates, not including your chocolate box! Tuition includes food fee of $50. Please bring an oven mitt, an apron, and containers to take your candy home.

260-Wed & Thurs
RHS
7-10 pm
$110

3 Sessions

Students attending Kim Hendrickson’s classes should be at least 18 years of age.
Beginner Level Swing Dance
Lestat
Also known as the East Coast Swing, Jitterbug and Jive, this is the most famous American dance. Both triple and single rhythms will be taught. Couples only.
$160/couple
310-Tues 7-8 pm
Travell Sch Multi-Purpose Rm
8 Sessions Starts Oct 1

Country/Western Partner Dancing
Lestat
This 8-week course will cover some of the following dances: Texas Two-Step, Country Swing, Cajun Waltz, ChaCha, and Texas-Style Polka. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. No line dances will be taught. Couples only
$160/couple
312-Tues 8-9 pm
Travell Sch Multi-Purpose Rm
8 Sessions

Ballroom Social Dancing
Lestat
This eight-week course will cover some of the following dances: Hustle (Disco), Foxtrot, Waltz, Tango and Swing. By the end of the course, you will have the confidence to join your friends on the dance floor. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. Couples only.
$160/couple
307-Wed 8-9 pm
Travell Sch Multi-Purpose Rm
8 Sessions Starts Oct 2

Ballroom Latin Dancing
Lestat
This eight-week course will cover some of the following dances: Samba, Mambo/Salsa, Rumba, Cha Cha and Merengue. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. Couples only.
$160/couple
306-Wed 7-8 pm
Travell Sch Multi-Purpose Rm
8 Sessions Starts Oct 2

Adult Ballet
AOM Faculty
This ten-week course will include an introduction to classical ballet technique. The hour-long class will begin at the barre and move to center floor exercises and across the floor work. Emphasis will be placed on proper alignment, fundamentals of technique and musicality. Ballet slippers are required and dance attire is preferred.
$160
317-Fri 12:15-1:30 pm
10 Sessions Starts Oct 4

Rhythm in Motion-Jazz/Tap Dance
Lynn Needle & HeArt in Motion Studio Faculty
Tap dance is an indigenous American art form. This hour-long tap class will include a center floor warm-up, across the floor rhythmic patterns and dance phrases. Each week will culminate with a short dance focusing on tap technique and understanding great Broadway composers such as Irving Berlin, Cole Porter, rag-time music and Broadway favorites. Tap shoes required.
$160
304-Thurs, for Beg/Inter. Students 10-11:30 am
10 Sessions Starts Oct 3
HeArt in Motion Studio, 17 Chestnut Street, Ridgewood

Belly Dancing
Marina Bardash
Many experts say that Belly dancing is the oldest form of dance with roots on all ancient cultures. Belly dancing is a low-impact, weight-bearing exercise, osteoporosis preventative and is suitable for all ages and fitness levels. The dance is enjoyed and performed by women and men. The body benefits from undulating moves that lengthen the spinal column and strengthen the abdominal muscles in a gentle way. Sometimes belly dancing is all the therapy you need!
$135
305-Mon 8:15-9:15 pm
Ridge Sch Cafeteria
9 Sessions

English-American Historical Social Dancing (17th-19th Century)
Steve Tichenor & Janice Wolk
Join us to learn and practice some of the dances that were popular from the Playford era to the Victorian era in Europe and America. Have fun dancing some of the Regency era dances seen in movies made from the famous Jane Austen books. All skill levels welcome. The instruction is informal because the more experienced dancers will work along with the less experienced ones. No costume or wardrobe required for these practice sessions. Upon registration, you will be given a comprehensive calendar for the year and you will be placed on an email list that will keep you informed on any changes or updates. Cancellations could occur due to out-of-town re-enactments involving some of the members and other school closings. There are usually no makeup sessions.
300-Fridays 8-9:30 pm
Somerville Sch Basement Cafeteria
Ongoing Starting Oct 4
$45 for the semester or $75 for the year.

Register in 2 minutes using your Visa or Mastercard (201) 670-2777 https://tinyurl.com/y9g5khze
Dance & Movement

**Pilates, Yoga & Floor Barre**
*Lynn Needle & HeArt in Motion Faculty*

These classes incorporate Eastern and Western philosophies to work the body in its entirety. Yoga, (eastern) integrates asanas, proper alignment, mental focus, breathing and flexibility as well as learning to stabilize and strengthen muscle groups. Western disciplines, such as Pilates and floor barre exercises seek to maximize understanding, endurance and toning of the body. Mat work designed by Joseph Pilates at the turn of the century emphasizes principles of opposition, lengthening of muscle groups and isolation of body parts. Classes vary from mat classes to ball class, which includes center floor work on a large Pilates stability ball. Therabands and yoga bricks are used as teaching tools. Mat work is eventually taught at the ballet barre and developed into standing work. Floor barre exercises include simple plies, leg extensions, hip and abdominal isolations as well as a back strengthening series. Classes focus on strengthening the body as an instrument. Please bring a yoga mat and wear comfortable clothing. Some classes may feature guest faculty from HeArt in Motion Studio and NYC.

**For All Levels/General**
- **303-Mon**
  - 9-10 am
  - 10 Sessions
  - Starts Oct 7

**Fusion-Ball/Prop**
- **313-Tues**
  - 9-10 am
  - 10 Sessions
  - Starts Oct 1

**Modern Adult**
- **324-Tues**
  - 10-11:30 am
  - 10 Sessions
  - Starts Oct 1

**Cardio/Hip Hop - All Levels**
- **308-Fri**
  - 9-10 am
  - 10 Sessions
  - Starts Oct 4

**Fusion-Ball/Pilates Core**
- **318-Thurs**
  - 9-10 am
  - 10 Sessions
  - Starts Oct 3

**Restorative Yoga/Meditation**
- **302-Mon**
  - 7:30-8:30 pm
  - 10 Sessions
  - Starts Oct 7

Classes meet at HeArt in Motion Dance Studio, 17 Chestnut Street, Ridgewood.

Finance, Investments and The Law

**How to Buy a Car at Dealer Cost**
*Rick Feingold*

Stop being hassled when you shop for a car. Learn about hidden incentives such as factory-to-dealer rebates and holdbacks that enable dealers to sell their vehicles at dealer invoice or less. Savvy consumers use the internet to force dealers to bid for their business when buying a car—you can, too. We will discuss how to find sources of FREE info on dealer invoice costs, how to make an offer, negotiating by telephone and the internet, selling/trading in your present car, and controlling the negotiations. Included is how to locate professional buying services to represent you at the bargaining table.

**IRA's – How to Distribute Your Money and Avoid the 50% Tax Penalties**
*Amy Harrison*

The IRA distribution law has changed. This revised course teaches anyone who has an IRA, 401(k), 403(b), TSA or qualified pension plan what MUST be done to plan for its distribution. If things are set up improperly, it can cost you needless and expensive taxes. You will learn everything you need to know in order to make an informed decision. You will learn how to optimize your distribution and how to minimize income and estate taxes. We will also discuss beneficiaries, spousal IRA rules and whether you should take advantage of the new Roth IRAs. You will learn how to make your IRA last a lifetime – or find out if it is more advantageous for you to move your money out quickly. If you are contemplating retirement or are retired then this course is for you!

**How to Buy a Car at Dealer Cost**

- **370-Thurs, Oct 24**
  - 7-9 pm
  - RHS

**IRA's – How to Distribute Your Money and Avoid the 50% Tax Penalties**

- **364-Wed, Oct 30**
  - 7-8:30 pm
  - RHS
Medicare Made Clear
Harris R. Reinstein, MBA, CLU, ChFC, AEP
Are you turning 65? Are you leaving your employer after age 65? Have you just moved to the area? You may be wondering about your medicare health insurance. If so, this course is for you. We will discuss how medicare works, how you get medicare, and what it costs. You will learn about parts A, B, C and D for New Jersey. You will also learn what is not covered. We will discuss when you can sign up and when you can change plans. You will leave with all this information accompanied by printed information from the government with phone numbers to call and websites to visit for more information included. $30
352-Wed, Oct 23 7-9 pm
RHS  Rm 234
One Session

Trusts and Gifting
Marize Helmy
New Jersey is the number one most expensive state in which to die. It has the highest death taxes of any state in the country. New York runs a close second. Coincidentally, there is a huge opportunity to save New Jersey and New York estate taxes, in the right situation, by making gifts. This course is designed to help individuals understand how they can properly make gifts in order to save significant taxes. $30 per family
353-Thurs, Nov 21 7:30-9 pm
RHS  Rm 206
One Session

Little-Known Secrets of Paying for College
Hugo X. Carvajal, The College Funding Coach
This workshop will instruct parents on navigating the often confusing and anxiety producing prospect of paying for college. During the workshop, we take families through three distinct parts of the college funding process: why and how to create a funding plan, qualifying for need based aid and the process and ideas for how to manage the costs and create liquidity for those who will not qualify for financial aid. $20 per family
363-Tues, Oct 29 7-9 pm
RHS  Rm 208
One Session

Creating a Social Security, Medicare and Long Term Care Strategy
Amy Harrison, CFP
Social Security reaches almost every family and, at some point, will touch the lives of nearly all Americans. Knowing the facts about Social Security, Medicare and long term care planning is a prerequisite for making informed decisions that will fit into your overall retirement strategy.

Topics covered will include: How much of your current income might Social Security replace? When should you begin taking benefits? How can working during retirement affect your benefits? Will you be taxed on your benefits and, if so, how much? What does Medicare cover? Do I need a Medigap policy and why? What are the local long-term care costs and how can I protect my spouse if I need long-term care? There will be time for questions. $30 per family
361-Thurs, Nov 14 7-9 pm
RHS  Rm 208
One Session

Retirement Boot Camp for Boomers
Amy Harrison, CFP
Are you ready for a retirement that could last over 30 years? This 3-night workshop will help you answer the questions that keep you up at night. Topics will include: How do I create an income stream once I no longer have a paycheck? Can I even retire or do I have to work part-time? Do I understand my current investments, including my 401(k)/403(b) and are they appropriate for my goals?? Do I have the correct amount and type of insurance? What estate planning documents should I have? This seminar will be taught by a CFP a CPA an Estate Planning lawyer and a psychologist who will also address the emotional aspects of retiring. You will obtain the knowledge needed to address your key areas of concern, how to improve your financial outlook and how to make better financial decisions as you approach and enter your retirement years. Workbooks may be purchased for an additional $20 paid to the instructor at the first class. $50 per family
367-Thurs 7-9 pm
RHS  Rm 208
3 Sessions  Starts Oct 17

Estate & Tax Planning
Michael A. Manna
This course is designed to acquaint individuals with the value of a professionally drawn will, the necessity of a financial power of attorney and the key provisions of a living will/medical power of attorney. Seniors are also often totally unaware of taxes that may be due to the state of NJ or the federal government on their death. Most elders believe that estate taxes are being phased out and are of no concern. In many cases this is true - but, few know that New Jersey has an inheritance tax that can be as high as 16% and is NOT being phased out. This tax is imposed on the estates of people who have no spouse or children and leave the money to other family members or friends. The estate tax law now gives most people an opportunity to reduce or eliminate capital gains taxes. Methods to reduce these taxes as well as the pros and cons of gifts and gift taxes will also be discussed. $30 per family
357-Thurs, Nov 14 7:30-9 pm
RHS  Rm 213
One Session

Elder Law
Michael A. Manna
Seniors are often without basic legal documents that they need to control their personal and financial lives as well as their medical care. They are also often totally ignorant of various government programs that are available to pay for their home care, prescription drugs, and nursing home care. This course is designed to acquaint individuals with the value of a professionally drawn will, the necessity of a financial power of attorney and the key provisions of a living will/medical power of attorney. Eligibility for medicare, medicaid and managed care programs will be explored in detail. The drastic changes to medicaid rules (particularly the penalties for making gifts, the new five year look back rule, grandfather provisions) brought about by the Deficit Reduction Act of 2005 will be discussed in detail. New Jersey’s excellent prescription drug program (PAAD) for seniors will also be discussed. $30 per family
360-Thurs, Oct 24 7:30-9 pm
RHS  Rm 213
One Session
**Beginner/Intermediate Knitting**

**Emily Abramenko**

In this class, you will learn the basic skills to knit just about anything. Topics will include casting on, knit stitch, purl stitch, ribbing, increasing, decreasing and binding off. You will learn how to read a pattern and calculate your gauge. These basic skills will prepare you to start a simple project and you’ll be on your way to a relaxing and enjoyable hobby. A knitting kit is recommended and is available from the instructor at the first class for $25. Enrollment is limited. Intermediates will work at their own pace.

- **$120**
- **426-Wed**
- **7-9 pm**
- **RHS**
- **Rm 139**
- **8 Sessions**

**Intermediate Knitting Workshop**

**Michelle Kupfer**

This workshop is for those knitters who already know the basics like how to cast on, knit and purl. Students will have the opportunity to work independently on their knitting projects, guided by the instructor, and with moral support from the fellow knitters. Bring a project of your choice. Enrollment is limited.

- **$135**
- **430-Tues**
- **11:30 am-1 pm**
- **Ed Center**
- **2nd Floor Conference Rm**
- **9 Sessions**

**Creating Fine Silver Jewelry for Beginners**

**Terry Kovalcik**

This beginner’s workshop will explore the seemingly endless possibilities of creating silver jewelry with Precious Metal Clay. It will introduce you to the different types of PMC (lump, sheet and paste) in an easy step-by-step format. Topics covered will include: working with the clay, creating forms, carving, molding, texturing, firing, oxidizing, and polishing. Participants will explore these techniques with an eye toward finding their own voice and style through a choice of projects - pendants, hollow forms, decorative beads, constructed forms and earrings. PMC is a unique jewelry making material. This user-friendly product is a malleable substance that is composed of fine silver particles in an organic binder. It can be sculpted and manipulated like potter’s clay. After firing in a kiln, all that is left is your unique design in pure (.999) silver. Materials fee* is payable directly to instructor at class.

- **$165**
- **411-Mon**
- **6:30-9:30 pm**
- **BFMS**
- **Art Rm**
- **8 Sessions**

**Creating Fine Silver Jewelry–Level Two**

**Terry Kovalcik**

This is an intermediate level fine silver jewelry class. The prerequisite for this workshop is attendance at a prior class in silver metal clay jewelry. If you have attended one of Terry’s introduction to silver jewelry classes or a metal clay class with another instructor, this class is for you. We’ll continue to explore the unique qualities of silver metal clay, while constructing more complicated three-dimensional, hollow form elements. Learn how to combine your silver jewelry with a splash of color to finish your designs—work with UV resin, polymer clay inlays, glass paints, or Aura 22. Each project will be made more complex by combining many of the techniques learned in prior workshops with an aim to help bring your work to the next level. *Please note: Precious Metal Clay (PMC) is based on the market price of silver which fluctuates daily. Due to the continuing rise in the price of the silver, the price listed here may not accurately reflect the current price of the material. Prices may end up being higher or lower. At the time of this printing, the cost of PMC materials for this class is approximately $92-$100.*

- **$165**
- **412-Tues**
- **6:30-9:30 pm**
- **RHS**
- **Rm 138**
- **8 Sessions**

*(Due to space constraints, participants in classes held at the Education Center are asked to park in the metered lot.)*
**Crochet for Beginners**

**RCS Instructor**

Never picked up a hook? Come and learn how to crochet - it’s easy and fun. In this class you will learn the basic stitches, how to read a pattern and how to make simple afghans, scarves and granny squares. The Tunisian stitch will also be taught and this requires a special hook, called an Afghan hook. This hook will be available to purchase from the instructor and the cost will be between $3-$10. Please bring a hook in size G or H & a ball of light colored worsted weight yarn to the first class. 

407-Thurs 6-7:30 pm

**RHS**

9 Sessions Starts Oct 3

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**Crochet is Fun**

**RCS Instructor**

Crochet is everywhere! Come and learn everything you need to know to make a great gift for someone or something special just for you. Learn how to make a chain, new stitches, change yarn colors and much more. The class will include the Tunisian stitch which requires a special hook, called an Afghan hook. This hook will be available to purchase from the instructor ($3-$10). Please bring a hook in size G or H & a ball of light colored yarn. Don’t forget to bring in your project (if you have one) to work on with the guidance of the instructor and encouragement of fellow crocheters. This class is for both beginning and continuing students.

$100

400-Mon 7-9 pm

**BFMS** Parent Center/Library

9 Sessions Starts Oct 7

410-Thurs 7:30-9:30 pm

**RHS**

9 Sessions Starts Oct 3

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**Sensational Stained Glass**

**Patty Vangieri, www.glassgallerynj.com**

If you ever wanted to learn the classic and beautiful craft of stained glass but had no idea where to start, this is the class for you. As a beginner, you will learn the fundamentals of laying out a pattern, using tools, cutting glass, foiling and soldering while creating a simple suncatcher. You will then move on to a larger (up to approx. 10”x15”) flat panel project of your choice. Please bring safety glasses and an apron or work shirt to the first class. Additional supplies will be discussed the first night of class. Approximate cost of materials is $95.

$100

419-Tues, Nov 19 7-9 pm

**RHS**

9 Sessions Starts Oct 2

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**Stained Glass II**

**Patty Vangieri, www.glassgallerynj.com**

This is an open workshop for those that have already taken Stained Glass I and would like to work independently but in a group environment. Branch out to new projects such as lamps, a large flat panel, cement stepping stones or 3-D pieces like jewelry boxes and candleholders – the choice is yours! Material fee can range widely, depending on your choice of project and glass selection. Class size is limited.

$165

425-Wed 6:30-9:30 pm

**RHS**

9 Sessions Starts Oct 2

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**Bobbin Lace Making**

**Mayra Petretti**

Bobbin lace is an old type of handwork. A few simple stitches lay the foundation for the most intricate lace. Even the simplest patterns can be used for clothing, place mats and wall hangings. Supply cost is $20.

$100

405-Tues 7-9 pm

**RHS**

9 Sessions Starts Oct 1

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**Learn to Sew**

**Vivian Burns, www.soyostudio.com**

In this class, students will learn how to work with a commercial sewing pattern to create a garment or two (depending on your sewing ability and speed) from start to finish. Please bring your sewing machine and a Kwik Sew Pattern for a garment of your choosing. This garment must be for yourself. Fabric choice will be discussed at the first class. Sewing machines will be available for those who do not have one.

$120

401-Mon 7-9 pm

**BFMS** Cafeteria

6 Sessions Starts Oct 21

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**Vegan Wax Candle Making**

**LaShonda Tyree**

Do you enjoy burning scented candles? In this two hour hands on workshop learn how to custom craft your own container candle using eco-friendly plant based waxes such as soy and coconut. With candles being used in 7 out of 10 households, there is no wonder why everyone wants to learn how to make them. Topics covered will include: choosing the correct wick, selecting appropriate candle containers, using colorants, safely melting and pouring at the correct temperature and sourcing ingredients. A materials fee of $15 is payable to the instructor at class.

$30

418-Rubber Stamping Series

**Deirdre Mastrangelo**

Come join the fun! You’ll learn to make beautiful, hand-stamped cards using a variety of techniques. No prior craft experience is necessary to enjoy this class. Supply fees are paid to the instructor at the beginning of each class.

Series cost is $65, individual classes are $20 each.

418-Rubber Stamping Series

413-Wed, Oct 2 $20

**Supply fee $13**

416-Wed, Oct 16 $20

**Supply Fee $13**

408-Wed, Oct 23 $20

**Supply fee $13**

422-Wed, Nov 6 $20

**Supply Fee $13**

All Rubber Stamping classes will meet in RHS, Rm 191 from 7-9 pm.

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(All Rubber Stamping classes will meet in RHS, Rm 191 from 7-9 pm.)
**Chalk Painting 101**
JoAnne Paul & Laura Rottino, Vintage Fusion Restorations

This workshop covers the basics of chalk painting in a 2-hour hands-on instructional format with professionally trained instructors. You will learn how to paint popular finishes (rustic, smooth, colored wax and two-color distressed), which tools to use, techniques and how to enhance and protect your pieces using stencils, gilding waxes, and more. Also discussed is what to look for in pieces to paint, the best places to find them and color consultation for those with specific pieces in mind. No experience necessary, perfect for beginners or someone who wants to brush up on their skills. You don’t need to bring anything...all supplies are included, even an apron for you to wear during the workshop.

$75
402-Mon, Nov 4
6-8 pm

Vintage Fusion Restorations,
11 Paterson Ave, Midland Park, NJ
One Session

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**Create Your Own Natural Skincare**
LaShonda Tyree

With over 16 years of experience making natural soaps and cosmetics, La Shonda will teach and guide you on how to make your body products or at least make you more aware of what you are putting on your skin. Take control of what goes on your skin from head to toe. Over the course of three weeks, you will learn the basics of how to make your own soap, lotion, body scrubs, bath fizzies, bath salts, facial masks and bath teas in this hands-on DIY class. We will cover the theory behind each application and then put it into practice making each product from raw natural skin loving ingredients such as coconut oil and shea butter. A $40 material fee is payable to the instructor at the first class.

$75
423-Tues
7-9 pm

RHS
Rm 148
3 Sessions
Starts Oct 22

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**Copper/Iron/Bronze Patina Painting**
JoAnne Paul & Laura Rottino, Vintage Fusion Restorations

Want to take your furniture to the next level? Learn to transform your furniture with paint and patinas to give something new to the beauty of an old, aged weathered patina. In this workshop, you will learn to use three patina paint colors and how to manipulate them to get different looks. You will practice on sample boards, and learn tips and tricks for applying these finishes to furniture. No experience necessary, however, we do recommend our Chalk Painting 101 Workshop to be taken first. You don’t need to bring anything...all supplies are included, even an apron for you to wear during the workshop.

$75
403-Mon, Nov 11
6-8 pm

Vintage Fusion Restorations,
11 Paterson Ave, Midland Park, NJ
One Session

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**Ridgewood Makerspace**
Neil Valere

Do you love to tinker, experiment, build, fix, take apart, investigate, invent, and/or craft? Then the Makerspace is for you! The space can be your workshop, your craft room, or your lab. It is your home away from home, where you can meet others with similar interests, or those who can help to expand your skill set and collaborate on new and exciting projects. Past projects have been as simple as sewing on a button to actually building a 3-D printer. You will have access to all of the machines, tools and technology we offer such as micro-controllers (Arduino & Makey Makey), 3D printers, power tools, CNC router, woodworking equipment and more. We are excited about our brand new addition to the Makerspace, an Epilog laser cutter. The laser cutter brings a whole new layer of experience for both returning and new members. If you are interested in participating, volunteering or learning more, please contact ridgewoodmakerspace@gmail.com. Please bring your own supplies for your project. A $10 materials fee is due at class to cover commonly used supplies for the equipment.

Regular Membership $85
409-Mon 6-9 pm
RHS Rm 198A
9 Sessions
Starts Oct 7

Wood Shop Pass $10
Laser Cutter Pass $10

We welcome students age 12 and above.
Hula-Hooping for Beginners
Marina Bardash
Hula-Hooping is a great way to strengthen, tone, and build your whole body stamina. Working out with the hoola-hoop is unique among all other exercises. It requires concentration in order to keep the hoop in rotation. You simply can’t have your mind elsewhere as you go through the abdominal and aerobic workout. It is aerobic exercise but also relaxation at the same time. The repetitive motion is very soothing to the nervous system. It is a fun workout for the body and the mind. Bring your own hoop or buy a collapsible one from the instructor at the first class for $45.

$135
459-Mon 7:15-8:15pm
Ridge Sch Cafeteria
9 Sessions Starts Oct 7

Say Hello and Know! Introduction to Face Reading Techniques
Lois Kramer-Perez, CHt.
Learn your unique elemental style based your archetype: Thinker, Groundbreaker, Transformer, Supporter or Diplomat. Begin operating with your natural strengths through understanding and knowledge. Face Reading Techniques teach us how best to communicate by understanding not only our own inherent style but how to recognize that in others - in an instant! What would you say if I told you that you could understand how to communicate with anyone on their terms just looking at their face? Know the significance of ears, nose and mouth, size and shape. What do the eyebrows reveal? How about the ears? The shape of a hairline and the lines on the face also tell a story. Learn these Face Reading principles and you will never look at faces the same again!

$35
485-Wed, Oct 16 7-8:30 pm
RHS Rm 232
One Session

Release Your Stress ~ Introduction to Personal Clearing Techniques
Lois Kramer-Perez CHt.
Are you finally ready to learn how to release your stress? Are you tired of carrying all of this weight on your shoulders? Are you ready to stop allowing situations, of which you have no control, control you? What if I told you that you will immediately find relief from the stresses of the environment we live in today? You feel lighter already! Learn the simple mindfulness and personal clearing techniques and you will find that you will move from victim to victor. Through breathing, visualization, anchoring and guidance, even the most active minds are surprised to find ease using these simple techniques. The moment we begin changing our patterns through choice, we can respond to events of which we have no control. Each participant receives a recording of the meditation portion. No meditation experience required. Bring a pillow to make your seat more comfy.

$30
484-Wed, Oct 16 7-8:30 pm
RHS Rm 232
One Session

Hypnosis for Weight Loss
A Healthy Mind For a Healthy Body
Lois Kramer-Perez CHt
If you are ready to change your eating patterns and are tired of feeling stuck, you know the time to act is now! It is always easier to lose weight when we have a partner. What you may not realize is that your partner is already there waiting for instructions. Our best partner is our subconscious. Hypnosis is the perfect way to connect with our subconscious - enlisting that part of ourselves to help. In this class you will experience a relaxing hypnosis session using guided imagery and suggestions to support healthy eating to attain the results you desire. You will also learn self-hypnosis techniques to support your new behavior. Each participant will receive the recording of the class session for future use.

$30
469-Wed, Nov 6 7-8:30 pm
RHS Rm 232
One Session

Playing With Pendulums
Lois Kramer-Perez CHT
Are you curious about pendulums? Pendulums have become a very popular tool today. Pendulums have been used for “dowsing” and “accessing intuition” for hundreds of years. You may have seen people hold a ring on a string over a pregnant woman’s belly to see if she is having a boy or a girl. Students will learn the basics about pendulums, how to set your pendulum to access information and find out what to do when you do not have your favorite pendulum on hand. We will also practice using the pendulum to receive information and learn how to begin using your pendulum to clear your space, clear yourself and clear others. Have fun in this experiential class learning a valuable tool. No pendulum experience required. Bring your pendulum, purchase one at the class or a tool will be provided for you.

$35
465-Wed, Nov 13 7-9 pm
RHS Rm 232
One Session
Health, Personal Growth & Wellness

Arthritis, Balance and Fall Prevention Exercise Program
Mary Lee Costello

Does arthritis pain or fear of falling prevent you from participating in the normal activities of daily living? You’ll be surprised to learn that this class, with an emphasis on flexibility and balance, also incorporates all the recommended movements from the Arthritis Foundation. Using popular music from many decades and easy motions, makes the class totally fun! It will uplift your spirits and enliven your muscles. This informative class will help those with rheumatic or musculoskeletal arthritis enjoy a more active lifestyle while improving overall health. We also target range of motion, muscular strength/endurance, cardio endurance, neurobics and relaxation techniques. Class will include some arthritis inspired Tai Chi exercises. A guided meditation is conducted at the conclusion of each class. Participants are offered both seated and/or standing options. In this group exercise class you will also use light weights, rubber resistance bands, flexible balls and more, while smiling to the music. After a class or two, you will be inspired and feel better. Please wear supportive footwear and bring water and a set of 1 lb. hand-held weights (optional). Instructor will provide the additional assistive equipment. After a few classes you should notice a reduction in pain and stiffness, notice increased flexibility and develop strategies to improve balance, confidence and feel like a new you!

Mary Lee Costello
481-Wed
6-7 pm
BFMS
9 Sessions
Starts Oct 2

$140

Zumba Gold Beginners – Toning
Mary Lee Costello

Why include weight-bearing activity with an already unique, stimulating calorie-burning Zumba class? Besides the step-by-step instruction using every muscle in your body, you will learn how to build bone density and strength by working against gravity to improve tone, balance and endurance. The lightweight toning sticks are a cross between hand-held weights and maracas and are optional for the class. Whether you choose to use the lightweight toning sticks or just your own resistance, you will experience an effective, low-impact approach that utilizes not only the lower body with activities such as walking and dancing, but also upper body resistance training that works your shoulders, back and arms. The class is very similar to the Gold Beginners class, but is designed in a circuit training format to balance the cardio and strength training for maximum “exercise in disguise” results. The music selection is always the student’s favorite part of the class and the choreography fuses many genres such as merengue, salsa, reggaeton, cumbia, bachata, tango, flamenco, dancehall, kizomba, pop, rock & roll and fun themes. The instructor provides props and laughter to help burn the calories. The class is taught with modifications to raise or lower the heart rate so that adults of all ages on the journey to a fit and healthy lifestyle can successfully participate and benefit. The weights cost about $20 and are available to purchase from the instructor at class. Enhance your workout and strengthen your muscles and bones. Contact instructor for more info or with any questions at (201) 661-0365 or edandmarylee@optonline.net.

Mary Lee Costello
481-Wed
6-7 pm
BFMS
9 Sessions
Starts Oct 2

$120

Zumba Gold Beginners – for Adults of ALL Ages
Mary Lee Costello

Do you love music? Would you like to dance without feeling self-conscious? Lose yourself in the most influential movement in the fitness industry and find yourself…in shape. Safely and effectively tone your body and burn calories in this beginner class, while dancing to Latin and International music including Merengue, Salsa, Cha-Cha, Cumbia, Belly Dance, Flamenco, Pop, Rock ‘n’ Roll, Bachata, Tango, Samba, Bhangra and theme classics. This class is designed to emphasize the basics, taught step-by-step to achieve confidence, perfect for those who are new to fitness or are returning after a long time, who may not be able to keep up in a high-energy class; or who have limitations that need to be addressed with modifications. Please wear comfortable work-out clothing and flat soled sneakers (not running shoes) and bring water and a small towel. The smiles, laughter and props are on Mary Lee. The party is about to begin – she will be waiting for you!

Contact instructor for more info or with questions (201) 661-0365 or edandmarylee@optonline.net.

Mary Lee Costello
471-Tues
6:30-7:30 pm
BFMS
9 Sessions
Starts Oct 1

$120

Meditation - Beyond Mindfulness
Dharmachakra Buddhist Center

We would all like to become more centered and peaceful. Mindfulness is essential; it is used and developed through meditation. But meditation shows us that mindfulness is just the beginning to discovering lasting inner peace. Go beyond mindfulness. Learn to meditate. All are welcome. No prior experience necessary.

Mary Lee Costello
476-Tues
7:30-9 pm
RHS
4 Sessions
Starts Oct 22

$85

ZUMBA!
Three Steps to Long-lasting Pain Relief
Tyler Ardizzone
Do you have chronic pain? Isn’t it so confusing? Your doctor, physical therapist, and surgeon all seem to be saying different things and nothing is providing long-lasting pain relief. The reason why nothing is working is because chronic pain is a complex issue with many different causes that are unique to the person that is in pain. Two people can have the same pain for the same period of time with the same amount of joint damage, but the same approach will not work for both of them. During this course, we will make the complex topic of pain into a simple and reversible issue. We will do this by understanding the reason why the body creates pain, learning how to relieve your aches and pains, and exploring how you can continue the progress on your own. $30
477-Thurs, Oct 24
7-9 pm
RHS
Rm 205
One Session

Feng Shui 101 – Feng Shui Your Space for Abundant Living
Lois Kramer-Perez CHt.
Learn some of the secrets of Feng Shui and create an abundant life by arranging your space to achieve your hearts desires. Feng Shui principles have sustained for thousands of years, cultures and lifestyles, bringing us magnificent power to activate, create and sustain healthy, abundant and happy lives. Do you want to find out how your front door can impact your career? Ever wonder why bathrooms are so important in feng shui? What is the best use of mirrors using feng shui principles? What is going on in your bedroom? Find out how your front door can impact your career? Ever wonder why bathrooms are so important in feng shui? What is the best use of mirrors using feng shui principles? What is going on in your bedroom? Find out how the body creates pain, learning how to relieve your aches and pains, and exploring how you can continue the progress on your own. $30
477-Thurs, Oct 24
7-9 pm
RHS
Rm 205
One Session

Introduction to Astrology
Dawn Dittmar
Did you ever wonder what the ancient people did before the invention of the television? They waited until nightfall, studied the moon, the stars and the planets and began to realize that when Hermes Trismegistus said “As above so below,” he wasn’t fooling. Astrology is still the ultimate reality show. Whether you’re new to astrology or a returning student, take that next step, go “Dancing with the Stars” and discover what the stars and planets might be saying to you! A practical approach is emphasized for use as a springboard to future study. A $5 materials fee is payable to the instructor at class. $115
458-Wed
7-9 pm
RHS
Rm 230
8 Sessions
Starts Oct 16

Intro to Qi Gong – Movement, Meditation, Self-Massage and Breath-work to Improve Health and Energy
Karen Livanos-Centauro
Learn about the Ancient Chinese practice of Qi (Chi) Gong (Kung). Qi Gong is a system of exercises, meditations and breath-work practices, combined to improve & harmonize the flow of “qi” (life force energy) within the body. Qi Gong is easy to learn, non-strenuous and doesn’t require a lot of room to be performed. Qi Gong can increase your physical strength and flexibility, enhance mental function, and aid in the reduction of stress. During the two classes, you will be introduced to several medical Qi Gong forms of slow, flowing movements, meditation, self-massage, and breath sequences to help improve your health and energy levels. Wear comfortable clothing and sneakers to partake in gentle Qi Gong exercises which can be done standing or sitting. Please also bring water and eat lightly before class. $40
478-Wed
7-8:30
RHS
Rm 212
2 Sessions
Oct 16 & 23

Gentle Yoga in a Chair
Joan Tarrant
This course will be a gentle yoga class with a special emphasis on the problems of people with arthritis or other joint/ mobility issues. The goal will be for participants to become more flexible and prevent them from experiencing a loss of function in body parts. They will also experience an alleviation of pain. The class will consist of a series of yoga asanas (poses), which have been modified and adapted to the participants’ needs. Chairs will be used for people who have difficulty using the floor. Pranayama (breathing exercises) will be incorporated into the class, to reduce stress and ease pain. This class is not appropriate for pregnant women. Please bring a mat or towel to class. There will also be a guided meditation in every class. $135
456-Thurs
10-11 am
Unitarian Society
Fellowship Room
8 Sessions
Starts Oct 3

The Wonderful World of Crystals
Karen Finnerty – Eagan, CRMT, Crystal Practitioner
Have you ever gone into a crystal/rock store looked around and felt overwhelmed? What is the difference between a rock and a crystal? Why am I drawn to them? How do I choose which one is for me and what do I do with it? Are you interested in beginning a crystal collection or expanding your collection? We will discover the answers to these questions, develop a greater understanding of the crystal world, and experience so much more as we explore the joy of crystals together. $30
479-Wed, Nov 6
7-8:30 pm
RHS
Rm 234
One Session
**Yoga for Deep Relaxation**  
*Mary Ann Gebhardt*  
The practice of yoga quiets the mind and releases tension while developing strength and flexibility in the body. Sessions will include breath work, posture practice, meditation and relaxation. This class is designed specifically for the novice. Students should dress in comfortable, layered clothing and bring a yoga mat and large towel or blanket. This class blends yoga and ayurveda.  
$105  
**482-Wed**  
7:30-8:30 pm  
Orchard Sch  
Cafetorium  
8 Sessions  
Starts Oct 2

**Why Weight**  
*A Weight Loss Support Group*  
*David Spiegel*  
Why Weight is a personal growth weight loss support group designed to provide a safe, supportive and nurturing environment for individuals dealing with weight issues. In this group we will explore the keys to unlocking the doors to the secrets of leading a happier, healthier life as well as how to deal with the challenges of weight issues on a daily basis.  
$90  
**451-Mon**  
7-8 pm  
BFMS  
Rm 110  
9 Sessions  
Starts Oct 7

**Natural Ways to Care for Your Health Using Essential Oils**  
*Lorinda Walker*  
This is an interactive lecture with a hands-on “Make and Take” component, where participants will each select an essential oil and make a remedy to take home with them. Topics covered will include: what essential oils are, where they come from and how they are sourced to insure that they are pure and effective. Participants will get a chance to experience different essential oils, learn what they are used for, and the different methods of application. Included in the materials fee, each participant will select an oil to help with a particular health problem (for instance difficulty sleeping, fighting off colds, or decreasing headaches), and make a roller bottle to take home with them for their use. Educational hand-outs will be given and there will be time for questions to be answered. A materials fee of $12 is payable to the instructor at class.  
$30  
**472-Tues, Oct 22**  
7-9 pm  
RHS  
Rm 206

**American Heart Association Heartsaver CPR/AED Course**  
*Richard Van Der Wall*  
Heartsaver CPR/AED is a video-based, instructor-led course that teaches CPR for adults, children and infants, AED use and how to relieve choking in adults, children and infants. This course teaches skills with the AHA research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the student’s learning of skills. This course is for anyone with limited or no medical training who need a course completion card for CPR for job requirements or just for personal reasons. Upon completion of the course, students will be issued a CPR certification card valid for 2 years.  
$85  
**473-Thurs, Nov 14**  
6:30-9:30 pm  
RHS  
Rm 215  
One Session

**American Heart Association Heartsaver First Aid**  
*Richard Van Der Wall*  
Heartsaver First Aid is a video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Students learn duties and responsibilities of first aid rescuers; first aid actions for medical emergencies, including severe choking, heart attack and stroke; and skills for handling injury and environmental emergencies, including external bleeding, broken bones, sprains, bites and stings. This course is for anyone with limited or no medical training who need a course completion card for First Aid for job requirements or just for personal reasons. Upon completion of the course, students will be issued a First Aid certification card valid for 2 years.  
$85  
**474- Thurs, Nov 21**  
6:30-9:30 pm  
RHS  
Rm 215  
One Session

**American Heart Association Heartsaver CPR/AED & First Aid Course**  
*Richard Van Der Wall*  
This course is a blended learning course that combines the two individual courses at a cost savings. See the individual course descriptions for curriculum information and details.  
$140  
**475-Thurs**  
6:30-9:30 pm  
RHS  
Rm 215  
2 Sessions  
Nov 14 & 21  
One Session

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**Do you have an idea for a new course?**  
Please call us and tell us about it.  
*We love new ideas.*  
You can also send it via email to stanton@ridgewood.k12.nj.us

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**Health, Personal Growth & Wellness**

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*If you have an idea for a new course, please contact us.*

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*We love new ideas.*

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You can also send it via email to stanton@ridgewood.k12.nj.us
**Singing Bowls for Healing & Relaxation**  
**Mary Ann Gebhardt & Joan Tarrant**  
Singing bowls are used in yoga, music therapy, and sound healing. They are also played to signal the beginning and the end of silent meditation. Like a bell, the tone is produced by striking the side of the bowl with a wooden mallet. By running the mallet around the bowl - only with slight pressure - a pure tone will eventually rise. When this happens, the bowl is said to sing. Tibetan singing bowls vibrate and produce a deep relaxation, the singing bowls are also used in combination with other healing practices, such as meditation and deep breathing. This class will be deeply relaxing, starting with gentle yoga stretches, followed by listening to the healing tones of the bowls. More information about the bowls will be discussed. Mary Ann & Joan will have over 50 singing bowls. Bring a yoga mat and a blanket.  
**$30**  
**462-Mon, Nov 11**  
7-8:30 pm  
BFMS  
Rm 135  
One Session

**Acu-Yoga**  
**Mary Ann Gebhardt**  
Acupressure is an ancient healing art that dates back to China more than 5,000 years ago and has been shown to affect the body by way of meridians (energy pathways) located throughout the body. The benefits of gentle yoga movements are known to improve balance, strength and flexibility. Acu-Yoga is a way to combine the two into one practice. The class will explore art of pressing on pertinent acupressure points while maintaining a yoga pose. Tibetan Singing Bowls will be played during relaxation. Bring a yoga mat and a blanket.  
**$30**  
**486-Mon, Oct 21**  
7-8:15 pm  
BFMS  
Rm 135  
One Session

**Zen Stretch and Meditation**  
**Aliza Rosen**  
A stretch class is like a good massage that lasts for days. The class starts with a thorough and easy to learn stretch routine that anyone can do. Then we will learn correct breathing and finish with a modern meditation that relaxes the mind and clears mental anguish. Stretching improves flexibility, lowers risk of injury, improves respiratory function, blood circulation, digestion, focus, balance, and induces relaxation. Get in touch with your body, release stress, and unwind your mind with an easy stretch class. Good for all levels. No fitness or flexibility required. Wear comfortable clothes, bring a yoga mat and enjoy.  
**$120**  
**467-Wed**  
7-8 pm  
RHS  
Rm 116  
6 Sessions  
Starts Oct 23

**Jazzercise**  
**Rose Pasek, Instructor/Franchise Owner & Staff**  
www.jazzercise.com • jazzerciserose@yahoo.com  
Jazzercise is the world’s #1 dance-fitness program. Through a unique collaboration, participants will enjoy UNLIMITED CLASSES for nine weeks, that’s over 110 opportunities to work out! No previous dance experience is required and no matter what your fitness level, you will see results while you have fun. In Jazzercise you will find all ages, shapes, sizes and fitness levels. In other words, you’ll see people just like you. Instructors will demonstrate both challenging movements and low-impact variations. Each 60-minute class offers a blend of jazz dance and exercise choreographed to today’s music. Easy to follow, fun choreography includes a gentle warm-up, 30-minute aerobic workout, muscle toning and strengthening segment with weights, and a stretch finale. These classes are on-going and are for students of all levels. Wear loose, comfortable clothing (i.e. bike shorts, regular shorts, and jazz pants with a workout top or t-shirt) and cross-training athletic shoes. Bring a towel or exercise mat and a non-breakable water bottle with a lid. Please arrive 15 minutes early to your first session. Come as often as you like. Schedule is subject to change. Check website for updates.  
**$129 for unlimited classes**

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NEW!

Working with an Architect on an Addition, Alteration or New House Project
Donald Rubin
Working with an architect to plan and prepare for an alteration/ addition or a new house project is a straightforward and logical process and can be a very comfortable and enjoyable experience. This course will take you through the steps involved to realize a successful project. Some of the topics discussed will be finding an architect, planning the project, preparing the construction drawings and specifications, zoning and zoning variances and the construction phase. Examples of drawing and other illustrative materials will help to clarify the process.

305-Wed, Oct 16 7:30-9:30 pm
RHS  Rm 215
One Session

No Drama Downsizing
Jean Marie Herron
Join a Certified Professional Organizer® from POSSE as she shares her strategies, tips and tricks on how to downsize any home. Learn the sequence of how to prune your possessions so they fit beautifully into your new spaces on moving day. Downsizing can be a stressful and challenging project for most, here you will learn how to deal with all the decision making in digestible steps.

305-Wed, Oct 23 7-8:30 pm
RHS  Rm 205
One Session

Clutter Busters to Keep You Sane
Jean Marie Herron
This presentation provides over 25 tips, tricks, hacks and mottoes to give the audience ammunition to say “enough is enough” and deal with the myriad of items taking up space in their homes, offices, minds and calendars. No one can be perfectly organized. The audience will learn how to combat the daily onslaught of things and information, utilizing organizing and productivity skills to help you stay in balance.

511-Tues, Oct 22 7-8:30 pm
RHS  Rm 205
One Session

Conquer Your Closet
Zahavi & Schwartz
Does your closet overwhelm you in the morning? Can you never find the right pair of shoes? Does a wrinkled sweater make you late? Are you tired of not having anything to wear? In this class, you will learn how to take inventory of what you have, purge items from your closet, and hear some great organization/tracking tricks about how to maintain your closet/wardrobe after you achieve closet clarity and conquer your closet’s issues. Please bring an image of the current state of your closet so we can give practical and customized tips. You will also receive our list of local stores to help in your goal to conquer your closet!

509-Wed, Nov 13 7-8:30 pm
RHS  Rm 205
One Session

Love Your Style and Care for Your Clothing
Zahavi & Schwartz
Do you constantly feel like you don’t love what you are wearing? Are you constantly tugging and pulling on every item? Do you regularly get holes or have issues with how to maintain your wardrobe? This class is your chance to work with a personal stylist and get the equation to great personal style. You will also learn what makes you feel your best, so you always step out feeling comfortable, confident, and put-together. In this class, you will get the guidelines Zahavia and Schwartz use with their one-on-one clients to help them find the best version of themselves. You will also get some of the best ways to care for items in your closet, and the instructor’s best recommendations for how to continue to care for the clothing stored in your wardrobe. Zahavi & Schwartz can help you reduce your stress in the morning, give you an organization system that works for you, and help you increase the length of the life of your clothing.

405-Wed, Nov 6 7-8:30 pm
RHS  Rm 240
One Session

Register in 2 minutes using your Visa or Mastercard
(201) 670-2777 https://tinyurl.com/y9g5khze

Languages

Sign Language I
Carl Andreassen
Learn the fundamentals of American Sign Language (ASL). Students are introduced to spelling, grammar, exchanging personal information and talking about family, friends and activities. This course is designed for those with little or no knowledge of ASL.

571-Thurs 7:30-9:30 pm
RHS  Rm 217
9 Sessions

ESL - English as a Second Language
Catherine Chriss
Students will develop basic communication skills in English. The students will be tested at the first class to determine level and confirm placement in the group. This class is not for beginners and students must be able to read English. Textbook will be discussed at first class and the cost may range from $15-$30.

552 - Tues & Thurs 9:30 - 11 am
Education Center 2nd Floor, Small Conference Rm
14 Sessions

Starts Oct 10
Languages

Intro to Japanese Culture and Language
Yasuko Hansen
Class will teach you basics including daily expressions, pronunciation, questions, counting and culture. $135
573-Tues 7-8:30 pm
RHS Rm 202
9 Sessions Starts Oct 1
Text: Genki I: Elementary
(Used is Suggested)

Japanese II
Akemi Thompson
This class is for those who have already taken a beginner course or have some knowledge. $135
574-Tues 7-8:30 pm
RHS Rm 202
9 Sessions Starts Oct 1
Text will be discussed at first class.

German I
Irene Fortunato
Learn to read, write and carry on basic conversations in German. $140
563-Tues 7-8:30 pm
RHS Rm 248
9 Sessions Starts Oct 1
Text will be discussed at first class.

Russian I
Irene Fortunato
Learn to read, write and carry on basic conversations in Russian. $140
564-Tues 8:30-10 pm
RHS Rm 248
9 Sessions Starts Oct 1
Text will be discussed at first class.

Italian I
Angela Maniaci
For beginners who want to be introduced to Italian in order to develop listening and speaking skills in basic situations such as meeting and greeting people with greater ease when in Italy or with Italians in your lives. Some history on culture and traditions will be introduced. $115
568-Tues 6-7:30 pm
RHS Rm 213
9 Sessions Starts Oct 1
Text: Italian Made Simple

Intermediate Conversational Italian
Angela Maniaci
For returning students and new students who have been introduced to Italian whether in an academic or lifestyle capacity (e.g., Italian family background or the workplace). It is recommended that new students participate in telephone/email evaluation with teacher before registering. Please provide email address. $125
569-Tues 7:30-9 pm
RHS Rm 213
9 Sessions Starts Oct 1
Text: Italian Made Simple

Advanced Conversational Italian
Angela Maniaci
We will continue to focus on building vocabulary and strengthening conversational skills. We will continue to cover Italian history, culture and traditions. One segment will be based on ‘Conoscere l’Italia’ with excerpts from the textbook “Oggi In Italia.” It is recommended that new students participate in telephone evaluation with teacher before registering. $135
572-Wed 7-8:30 pm
RHS Rm 213
9 Sessions Starts Oct 2
Text: Read & Think in Italian by the Editors of Italy Magazine

French I
Alain & Martine Chahine
For the beginning student. Students will learn everyday expressions which may be helpful when traveling to a French speaking country. We will cover greetings, salutations and basic conversations. $115
556-Wed 7-8:30 pm
RHS Rm 216
9 Sessions Starts Oct 2
Text: Panorama De La Langue: Francaise Niveau Level 1

French II
Alain & Martine Chahine
For students who already have a basic knowledge of French. Students will learn about conjugating verbs in the present tense along with nouns in order to create short sentences to use in conversation. Real life situations like ordering food will be discussed. $125
557-Thurs 7:30-9 pm
RHS Rm 216
9 Sessions Starts Oct 3
Text: Panorama De La Langue: Francaise Niveau Level 2

French III
Isabelle LeLuc
This is a conversational class that will cover various topics such as current affairs, culture, sociology, history, etc. This is a class for advanced students and it requires a high level of oral French and French conversation. $135
558-Mon 7-9 pm
BFMS Rm 126
9 Sessions Starts Oct 7
Text will be discussed at class

Beginning Irish
Bob Burke
This is for those who have already taken a beginner course or have some knowledge. $140
576-Mon 8:30-10 pm
BFMS Rm 126
9 Sessions Starts Oct 21

Spanish I
Julian Garcia
An easy approach to learning the basics with proper pronunciation and structure. $115
577-Tues 7-8:30 pm
RHS Rm 226
9 Sessions Starts Oct 1
Text: Spanish Made Simple

Spanish II
Julian Garcia
This class is for those who have already taken a beginner course or have some knowledge. $125
578-Tues 8:30-10 pm
RHS Rm 226
9 Sessions Starts Oct 1
Text: Spanish Made Simple
Absolute Beginner Bridge

Amy Nellissen, The Bridge Table

For those who have never played bridge before, here is your chance. You will be playing bridge before you know it. You'll succeed here even if you've tried bridge before and ended up confused and frustrated. Bring your friends and learn together. Come to the first class on October 21 for free to check out the class before you commit if you are unsure. An optional practice session follows class.

Tuition is $184 if paid by Oct 24 and $199 after Oct 24.

660-Mon 10am-12 Noon
Westside Presbyterian Church
DePhillips Hall, 6 Monroe St
Ridgewood

8 Sessions Starts Oct 21

Intermediate 1: Planning to Win

Amy Nellissen, The Bridge Table

Learn how to make a plan of action when you are the declarer. One basic bidding topic will be reviewed each week. Meet nice people to play with at the practice session after each class.

Tuition is $210 if paid by Sept 20 and $225 after Sept 20.

658-Thurs 1:30-3:30 pm
Westside Presbyterian Church,
DePhillips Hall, 6 Monroe St
Ridgewood

8 Sessions Starts Oct 3

Intermediate 5: Polishing Your Bridge

Amy Nellissen, The Bridge Table

This class will cover intermediate bidding, play and defense for those who play bridge regularly outside of class. An optional practice follows each class.

Tuition is $210 if paid by Sept 20 and $225 after Sept 20.

NEW!

Hiking in Harriman State Park

Harold Petzold

Come and enjoy three progressive, scenic hikes in bucolic Harriman State Park. Specific hikes will be chosen by instructor based on group ability. Please dress in weather-appropriate outdoor clothing and hiking boots. Bring rain/ wind gear, 1 to 2 quarts of water, snacks and a lunch. Hikes are on Sundays from 9 am – 2 pm. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

$65
669-Sun 9 am-2 pm
3 Sessions Oct 6, Oct 20, Nov 3

Outdoor Navigation

Harold Petzold

If you have always wanted to understand how to read an outdoor map and use a compass for finding your way in the woods, this is the course for you. Learn to interpret terrain, estimate distances, negotiate obstacles and follow bearings. Students are advised to dress appropriately in long pants and shirts and sturdy boots. Compass and instructional materials will be provided by instructor for in-class use. Bring rain gear, lunch, snacks and 2 - 3 quarts of water. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

$50
665-Sat, Nov 2 9 am – 1 pm
668-Sat, Oct 5 9 am – 1 pm

Hiking in the Local Mountains

Harold Petzold

Enjoy interesting hikes with an experienced hike leader. Actual hikes will be chosen by the instructor (based on group ability) and will be in the Highlands/ Harriman area with locations in Sterling Forest and Norvin Green. Please wear weather appropriate clothing and dress in layers. You must wear hiking boots and bring 1-2 quarts of water and a snack. Hikes will take place on three Sundays from 9 am-2 pm. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

$65
663-Sun 9 am-2 pm
3 Sessions Oct 13, Oct 27, Nov 10

Hiking the Appalachian Trail

Harold Petzold

Enjoy the day hiking along the Appalachian Trail. We will travel on the “AT” along the Bearfort Ridge between Route 17A and the New York State Border and from the top of Mount Peter to the New York/New Jersey border. This is a through hike (starts and ends in different locations) along a portion of the Appalachian Trail. Bring sturdy hiking boots, weather appropriate clothing, snacks and lunch, a minimum or 2 quarts of water, rain/wind gear and personal first aid items. Group will meet at 8:30 am the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

$40
663-Sat, Oct 26 9 am – 2 pm

One Session

Leisure & Personal Time
**Nature Walk**

*Harold Petzold*

“Shinrin-yoku” can be defined as taking in the forest atmosphere or forest bathing. Closely linked with the human evolutionary process, it is a walk in nature, for its therapeutic effects. Those who spend time in the woods experience lower levels of cortisol (which induces stress), a lower pulse rate, lower blood pressure and healthier blood sugar levels. It has now become a recognized relaxation and/or stress management activity in Japan. Join us as we unwind and enjoy the natural beauty of our area’s forests.

Please wear weather appropriate clothing and dress in layers. You must wear hiking boots and bring 1-2 quarts of water and a snack. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

$30

652-Sat, Oct 19 9 am - 12 noon

**Collectible Automobiles as a Passion**

*Bob Austin, Burton Hall, and Fred Hammond*

Whether you own a collectible car or not, this series of 9 sessions is for anyone who enjoys special interest automobiles as a hobby or a passion. This course will explore the world of special interest cars…cars you do not need but would love to own. While the emphasis will be on the decades from 1940 to 1979, this does not mean that older classics and newer cars will be ignored. The class will begin with an assessment targeted to identifying the car or family of cars that best suits each class member’s interest and abilities. Drawing upon the considerable experience of the instructors, as well as guest speakers, and class members themselves, each class will afford a journey through aspects of the collectible car hobby including: what car suits you, guidance on buying a collectible car, sources of valuable car related information and presentations focusing on the automobiles of specific decades. Other topics will include appraising, financing, insuring and registering, electronic communities and more.

$115

656-Thurs 7:30-9:30 pm
RHS  Rm 248
9 Sessions Starts Oct 3

**Coastal Navigation**

*United States Coast Guard*

The topics covered in this class will include: the tools of navigation, the use of nautical charts, chart symbology, aids to navigation like GPS and chart plotters, avoiding hazards and using landmarks. We will also cover boating publications and boating apps. Additional topics will include tides, winds and current, using the radio in an emergency situation and how to operate under limited visibility and adverse conditions.

$105

653-Tues 7:30-9:30 pm
RHS  Rm 292
7 Sessions Starts Oct 1

**Travel Practically with Style**

*Zahavi & Schwartz*

Do you always over pack? Is your suitcase typically overweight? Do you wonder how people always look so stylish and relaxed on vacation? This class will teach you the best practices for compact packing, how to only pack a carry-on, what items to pack for a stylish adventure and nine reasons why it’s okay to over pack if you are organized about it. After this class, you will always be prepared and will look great while you travel. Join mother-daughter stylists, Zahava & Orly for a fun night to learn how to figure out what to pack for where you are going.

$40

651-Wed, Oct 23 7-8:30 pm
RHS  Rm 240

One Session

**Boss UP Your Style - How to Dress Confidently and Appropriately for Work & Play**

*Zahavi & Schwartz*

Have you heard of “power dressing”? Do you want to move the needle on your career, or at least start dressing for the job you want? Are you tired of wearing just all black to the office or from day to night? Is your personal style feminine and girly but you want to add a little edge in the workroom? In this class, the dynamic mother & daughter duo, Zahava & Orly Schwartz of Zahavi & Schwartz, will give you the seven key ways to add power to any personal style, five easy silhouettes that give confidence in the board room, and ten accessories that are great to keep at the office for an easy transition to make any outfit more powerful. Bonus outfit combinations and ways to express your personal style in the office are also discussed.

$40

671-Wed, Oct 16 7-8:30 pm
RHS  Rm 240

One Session

Register in 2 minutes using your Visa or Mastercard
(201) 670-2777 https://tinyurl.com/y9g5khze
**Life on Wheels: Vacation or Live in a Motor Home**

*Steve Fowls*

From a humorous (but informative) standpoint, learn how a motor home can replace a beach, lake, or mountain home or better yet, replace them all. This class presents an overview of lifestyles available to those who would like to see the USA at one’s own pace in a house on wheels. The instructor and his wife own a motorhome and reside in it 2 to 4 months per year.

**$30 per family**

**670-Thurs, Nov 21**

**7-8:30 pm**

**RHS**

**Rm 205**

**One Session**

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**Organizing Your Community or Family Group on Kohort**

*Mark Kossick*

Are you a group leader looking to be better organized? Are the runaway email threads and unwieldy spreadsheets giving you the cold sweats? Or maybe, more simply, you just want a platform built on privacy and trust, one that’s ad-free and algorithm-free. You can break away from the social media giants and do all of this. We have the perfect mobile app and class for you. Welcome to Kohort, a community management platform which saves group leaders time and headache in a safe, non-toxic environment. Kohort is the perfect solution for active groups - think families, teams, book/recipe clubs, booster clubs and more. Come have a look for yourself. We will get you up and running in no time.

**$25**

**657-Tues, Oct 15**

**7-8:30 pm**

**RHS**

**Rm 232**

**One Session**

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**Liberal Arts, Music & General Studies**

**Beginning Guitar**

*Cyndi Avedon*

Enjoy playing this versatile instrument. Folk, classic rock, country and contemporary songs will be taught along with basic chords, strums, blues & rock bass patterns and scales. Guitars may be rented by calling the instructor at (201) 391-2073. A materials fee of $2 is payable to the instructor at the first class. Ukuleles welcome!

**$120**

**715-Mon**

**7-8 pm**

**BFMS**

**Rm 114**

**9 Sessions**

**Starts Oct 7**

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**Intermediate Guitar**

*Cyndi Avedon*

For those who know basic chords and would like to improve their skills and meet other players. Guitars may be rented by calling the instructor at (201) 391-2073. A materials fee of $2 is payable to the instructor at the first class. Ukuleles welcome!

**$135**

**717-Mon**

**8-9 pm**

**BFMS**

**Rm 114**

**9 Sessions**

**Starts Oct 7**
Joy of Singing

Eugene Papay
Do you find yourself always singing a tune in the shower? Well, come out of that shower and share your talent with other like-minded singers. Join this fun class to explore singing with and for other people like you.Solo singing is part of the course. This is not just a sing-a-long. Along the way you will pick up some hints on better vocal production through correct breathing, good phrasing and an even sound. The teacher will provide live accompaniment to enhance the songs.

$80
117-Thurs
RHS
5 Sessions
Starts Oct 17

Escape from Behind Enemy Lines - 75th Anniversary of World War II

Rick Feingold
The Shelburne Line was a World War II escape network operating in occupied France, which returned 136 allied servicemen to England in 1943-44. The French Resistance located downed airmen and hid them from the Germans utilizing a series of safe-houses. Once a month - during the dark of the night - the men were transported to the Brittany coast to meet a British Motor Gun Boat which would return them to England. Join the instructor as he recounts the story of how his father Lt. Louis Feingold, a B-17 US Army Air Force navigator, escaped Nazi capture.

$25
664-Tues, Oct 29
RHS
One Session

Writing for Profit

MT Schwartzman
There is nothing more thrilling for a writer than pitching an idea, selling the story, seeing it in print or posted on the internet, and getting a check. Find out from a pro how to tell stories based on your personal experience or professional experience. Classes will cover how to come up with original ideas, how to find the right outlet for your story, and how to write a story proposal.

$80
117-Thurs
RHS
5 Sessions
Starts Oct 17

Just Write

Gwendolen Gross
If you have been meaning to write more, but just can’t get started, come to weekly writing practice sessions designed for all levels of writers. We’ll review the fundamentals of writing practice (including keeping your pen moving and you’re free to write the world’s worst junk) and then get right to it. There will be several stimulating writing topics each session, discussions of craft and writing process and a chance (but not a requirement) to read the fresh work aloud. You’ll go home each week with ideas for where to continue. Perfect for jump-starting a work-in-progress or generating new material. Please bring a notebook and pens or pencils. For both new and continuing students.

$150
659-Mon
Ed Center
2nd Floor Conference Rm
6 Sessions
Starts Nov 4

An Evening with Strunk & White

M.T. Schwartzman
You probably remember Strunk & White from high school or college, but do you know who the authors were? Come join freelance writer and Strunk & White aficionado M.T. Schwartzman as we learn all about their famous book “The Elements of Style.” From the history behind Strunk & White to its most enduring lessons on grammar and punctuation, this is an evening that’s sure to be fun and informative. Bring your copy of “The Elements of Style” (4th Edition recommended) and go home a better writer!

$30
672-Tues, Nov 26
RHS
One Session

RCS Gift Certificates

make a great
gift for that
hard-to-shop-for
person!

Call (201) 670-2777
for more
information.
Art Talks
From Firenze, Italy to First Avenue, NYC
Roger Davidoff
Please join our loyal, art-loving group for seven presentations on the works and lives of the following great artists, as selected by popular request: Botticelli, Turner, van Gogh, Matisse, Chagall, O’Keeffe, Pollock and Rothko. We will explore their key works, and delve into what has made each artist an important contributor to Western Art! Ranging from Botticelli in The Middle Renaissance to the late 20th Century American masters Pollock and Rothko, we will examine and talk about each artist’s life and extraordinary artistic achievements.

$125
701-Thurs 7:30-8:45 pm
RHS Rm 240
7 Sessions Starts Oct 17

Music Talks: Rock & Roll Greats
A Selected Survey of the first 20 Years of R&R / 1955 – 1975
Roger Davidoff
A chronological exploration of some of Rock & Roll’s greatest songs, writers and performers, starting with Bill Haley’s “Rock Around The Clock” and ending with Bruce Springsteen’s “Born To Run.” We will hear some of popular music’s greatest songs, by the composers and artists who made them famous. We will start with Chuck Berry, Fats Domino, Little Richard, Jerry Lee Lewis and Ray Charles and go through The Beach Boys and Dylan, continuing with the first wave of the British Invasion, Detroit’s R&B Soul, the second British Invasion, and through the great singer/songwriters of the mid 70’s. We will hear Rock & Roll’s greatest hits. Please join us as we appreciate the rich, diverse history and musical achievements that is ‘our own’ Rock & Roll!

$125
661-Tues 7:30-8:45 pm
RHS Rm 240
7 Sessions Starts Oct 17

Grammar Lion: A Grammar Refresher
***ONLINE COURSE***
Ellen Feld
Two options, same course content:
Start Date: Oct 4
716-Go at your own pace to complete your course in 4 to 12 weeks. Tuition: $150
Start Date: Oct 18
718-Get in the fast lane to complete your course in 14 days! Tuition: $89

Victorian Book Club
Rick Feingold
Advertising, medicine, transportation, and even our Christmas traditions can all trace their beginnings to the Victorian age. Join us for a lively discussion of how these 19th-century developments shaped our society today and hear selected readings from period novels by Anthony Trollope, George Eliot, Elizabeth Gaskell, Charles Dickens and others.

$30
702 – Tues, Nov 12 7-9 pm
RHS Rm 234
One Session

The Miracle Mets of 1969 – 50th Anniversary
Rick Feingold
An Amazin’ year it was! Join us as we share memories and stories of the 1960s Mets from their 1962 humble beginnings as the worst team in baseball to their triumphant 1969 season as World Champions. Featured are Amazin’ Manager Casey Stengel, Hall of Famer Tom (Terrific) Seaver, World Series MVP Donn Clendonon, and fan favorite Tug McGraw + the broadcast team of Lindsey Nelson, Ralph Kiner and Bob Murphy. The teacher is a life-long Mets fan.

$25
670-Wed, Oct 23 7-9 pm
RHS Rm 208
One Session
### Sports

**Fencing for Children Gr 3-10**  
*Maksim Zaitsev*  
This class is designed to introduce students to the exciting sport of fencing. Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. In addition to the physical aspect, it also develops concentration and problem solving skills. All necessary equipment is provided.*An additional fee of $10 is to be paid to instructor for insurance with USFA.  
**$90**  
**BEG/INTERM**  
898-Mon  
** Starts Oct 7**  
9 Sessions  
**Arena Fencing Academy,**  
152 Franklin Tpke, Waldwick  
Starts Oct 21  
**ADVANCED**  
900-Mon  
** Starts Oct 7**  
901-Wed  
** Starts Oct 2**  
9 Sessions  
**Arena Fencing Academy,**  
152 Franklin Tpke, Waldwick  
Starts Oct 21

### Fencing for Adults and Children over the age of 16  
*Maksim Zaitsev*  
This class is designed to introduce adults to the exciting sport of fencing. Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. In addition to the physical aspect, it also develops concentration and problem solving skills. This class will include warm-up games, footwork, agility and coordination development, fencing instruction, bouts and fencing games. All necessary equipment is provided.*An additional fee of $10 is to be paid to instructor for insurance with USFA.  
**$150**  
**BEG/INTERM**  
899-Wed  
** Starts Oct 2**  
9 Sessions  
**Arena Fencing Academy,**  
152 Franklin Tpke, Waldwick  
Starts Oct 21  
**ADVANCED**  
902-Mon  
** Starts Oct 2**  
903-Wed  
** Starts Oct 2**  
9 Sessions  
**Arena Fencing Academy,**  
152 Franklin Tpke, Waldwick  
Starts Oct 21

**Basketball**  
*John DiCostanzo*  
Full court basketball played for the fun of it. Participants should bring a white shirt and a dark shirt to all classes.  
**$80/one night; $155/two nights**  
**850-Tues**  
**7:45-9:45 pm**  
BFMS  
Gym  
9 Sessions  
Starts Oct 1  
**851-Thurs**  
**7:45-9:45 pm**  
BFMS  
Gym  
9 Sessions  
Starts Oct 3

**Power Volleyball League**  
*Bob Livingstone,*  
[www.ridgewoodvolleyball.com](http://www.ridgewoodvolleyball.com)  
Here is an exciting opportunity for competitive, co-ed teams to play one another. There are two nights available, Tuesday & Thursday. Each night has a round robin schedule followed by playoffs. Each team must field a co-ed roster at all times. Interested teams or single players looking to possibly join an existing team can e-mail Bob at rcsvball@aol.com or stop by either night for further information.  
**League starts Sept 3**  
**Fee is $550 per team.**
**Sports**

**Indoor Simulator Adult Golf Clinic**
TGA Golf Professional
TGA doesn’t want kids having all the fun! Come and join us for 6 evenings of learning and practicing with a golf simulator. Learn and review the basics in a non-competitive and energetic environment. Looking to learn the game in a relaxing, non-intimidating environment? This is the class for you and your friends, too. Make a night of it. We will increase your skills without decreasing the enjoyment. This class is ideal for beginners or advanced beginners - or those returning to the game after a few years of a golf hiatus.

Students should bring a 7 iron and a putter at a minimum. If you don’t have clubs, we can provide some. The Players Club is a state of the art indoor virtual golf facility where it is always perfect weather. With 10 simulators, the facility can accommodate up to 60 golfers. Each simulator gives you the ability to practice all the golf swings, play some of the best golf courses in the world (including Pebble Beach and St. Andrew’s), and provides great statistics on each swing.

- **860-Thurs**
  - 7-9 pm
  - The Players Club, 348 Evelyn St, Paramus, NJ

6 Sessions

**Pickleball**

**Patty Corn & Barbara Norton, Premier Pickleball**
Come learn the fastest growing sport in America! All classes include one hour of instruction and 30 minutes of guided play to get you on the courts and having fun. Classes include all the basic shots in the game, court positioning, etiquette, rules and scoring and are taught by certified pickleball instructors. All equipment is provided. Participants must wear sneakers & comfortable clothes and be prepared to move and have fun.

- **853-Mon**
  - 7-8:30 pm
  - Orchard School
  - Gym
  - 6 Sessions
  - Starts Oct 21

- **854-Thurs**
  - 10:30 am-12 pm
  - Hoop Heaven, 132 Hopper Ave, Waldwick
  - 6 Sessions
  - Starts Oct 3

**Encore Music Studio: Private Instrumental Lessons**

**Gary Fink - Coordinator**
Through this program, you can study with an actively performing professional musician from the tri-state area – at an AFFORDABLE price! Lessons will give the opportunity for students of all ages to study an instrument. Please call for information regarding children in 3rd grade or younger. Lesson times will be arranged after school and in the evenings. Following registration, the instructor will contact students and a lesson time will be scheduled. The following instruments are offered this semester:

- BRASS: Trumpet, French Horn, Trombone, Baritone Horn;
- WOODWIND: Flute, Clarinet, Oboe, Saxophone;
- PERCUSSION
- and STRINGS: Viola, Violin, Cello and Bass as well as Piano, Guitar, Jazz Improvisation, Music Theory and Voice.

Lessons are 14 weeks or 7 weeks.

NOTE: When the artist/teacher cancels a lesson, that lesson will be rescheduled. Students may reschedule 2 lessons within the term. Most lessons are held at BFMS or GWMS. For further program information, contact Gary Fink between 10:30 am-1:30 pm at (201) 262-2237.

- **945**
  - 14 weeks, 30 min. lesson $520
- **945-7**
  - 7 weeks, 30 min. lesson $280
- **946**
  - 14 weeks, 45 min. lesson $710
- **946-7**
  - 7 weeks, 45 min. lesson $420
- **947**
  - 14 weeks, 60 min. lesson $920
- **947-7**
  - 7 weeks, 60 min. lesson $560

Lessons start week of September 16th.

If you register for a full 14 week session before Sept 20, you will receive an Early Bird discount of $25.

When registering, please indicate instrument.

RCS also sponsors the Ridgewood High School Behind-the-Wheel Driver Education Program. For more information, contact the Program Coordinator Ron Knott at (201) 670-2700 x 20648.
Fun With Art I

Ann Monton

Explore the fundamentals of art with step-by-step drawings that include landscapes, cartoons, animals and many more favorites. Enjoy working with the mediums of soft chalk pastels, watercolors and paint. This class is a wonderful introduction that will continue to enrich a child’s love for the arts. A materials fee of $15 is payable to the instructor at the first class. Assistant instructor John Monton will join the class if enrollment is sufficient.

$110

— Grades K-3 —

951-Mon
Somerville Sch
Art Room
4-5 pm
8 Sessions
Starts Oct 7

Fun with Art II

Ann Monton

Explore a more advanced level of the arts. Subjects such as landscapes, seascapes, sunsets, still life and animals may be drawn. We will paint with acrylic paint on canvas board and may enjoy other mediums as well. A materials fee of $15 is payable to the instructor at the first class. Assistant instructor John Monton will join the class if enrollment is sufficient. Students may take both classes as they offer completely different lessons.

$110

— Grades 3-9 —

952-Mon
Somerville Sch
Art Room
5-6 pm
8 Sessions
Starts Oct 7

Advanced Acrylic Painting

Ann Monton

An advanced class for students who enjoy art. We will explore and develop painting skills. Individual and group instruction will be provided. Subjects such as flowers, landscapes, seascapes, sunsets, still life and animals will be provided. Students will be provided with canvas, acrylic paint and brushes. A materials fee of $25 is payable to the instructor at the first class.

$140

— Grades 3-11 —

953-Thurs
Somerville Sch
Art Room
5-6:30 pm
8 Sessions
Starts Oct 7

Co-Ed Volleyball Clinic for Middle School Students

RHS Volleyball Staff Member & Robert Livingstone

Volleyball is one of the fastest growing sports in the U.S. One of the main reasons for its popularity is that you can have fun doing it almost anywhere - your backyard, on the beach or in a gym. Having the right techniques and skills will make the game more fun to play. Join us in this co-ed clinic/ workshop where we will work on some of the basic skills, play lots of games and have fun. This is for both boys and girls at any level of play.

$88

— Grades 5-8 —

948-Mon
RHS
7:30-9 pm
Gym #1
9 Sessions
Starts Dec 16

Girls High School Volleyball

Bob Livingstone & Mauricio Garcia

This clinic is designed for all levels of high school players who are looking to improve their level of play. Students will benefit from intensive drills, instruction and competition. We will emphasize a high level of individual skill development, which will include serving, jump serving, passing, setting, hitting, blocking and defense.

$88

959-Wed
RHS
7:30-9 pm
Gym #1
9 Sessions
Starts Dec 18

Suzuki Violin Instruction

Louise Butler

Children learn to play using the Suzuki method. They can learn at a very early age and find that playing an instrument can be fun. Classes are small (maximum 6 children) and each student receives individual attention. Classes are 40-minutes and will be scheduled to begin between 3:30 and 5:30 pm. Parent attendance is required at all lessons. Students must call Mrs. Butler directly for placement and scheduling prior to registering - (201) 652-1192.

Beginners are being accepted this semester.

$110

949-Mon
Travell School
3:30-6:15 pm
Music Rm
10 Sessions
Starts Oct 7

950-Thurs
Travell School
3:30-6:15 pm
Music Rm
10 Sessions
Starts Oct 3
RCS SAT Prep
John Eichmann, English
RCS Instructor, Mathematics
The SAT has changed and this course will update you on those changes. This course will help to clarify the purpose, structure and use of the SAT test and will provide instructional material to develop the necessary skills in math and English. Math includes a brief review of arithmetic, algebra I, and geometry, with emphasis on intuitive solutions to problems and test-taking skills. English will stress techniques in reading comprehension, vocabulary, and types of reasoning, with an emphasis on how to complete the new essay portion of the exam. Additional test-taking and preparatory strategies will be discussed. Students will take sample tests, then we will grade them and go over strategies to improve their score. Students must purchase text prior to the first class. Please call the RCS office for title of current text. $200/one subject; $375/both subjects

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<tr>
<th>Subject</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
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<tbody>
<tr>
<td>English</td>
<td>6:30-8 pm</td>
<td>RHS</td>
<td>6 Sessions</td>
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<tr>
<td>Math</td>
<td>6:30-8 pm</td>
<td>RHS</td>
<td>6 Session</td>
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Learn to Sew
Vivian Burns, www.soyoustudio.com
In this class students will learn how to work with a commercial sewing pattern and a real sewing machine. All materials and the sewing machines will be supplied. Students will learn to sew a pair of pajama bottoms, a tote bag and simple skirt. For students in grades 3-7.

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<th>Course</th>
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<th>Sessions</th>
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<tbody>
<tr>
<td>Learn to Sew</td>
<td>5-6:30 pm</td>
<td>BFMS Cafeteria</td>
<td>6 Sessions</td>
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Register in 2 minutes using your Visa or Mastercard
(201) 670-2777 https://tinyurl.com/y9g5khze
Emily Abramenko. is an experienced knitter who has taught in a knitting store and loves to help her friends learn to knit.

Carl Andreasen. has 20 years of experience teaching sign language.

Tyler Ardizzone. is a licensed bodywork therapist and personal trainer with a Bachelor of Science in Exercise Science. He specializes in using NeuroMuscular Reprogramming, evidence-based movement therapy, and simple lifestyle modifications to relieve chronic pain. Pain relief is a simple process that does not require any miracle methods or magic pills. Chronic pain is relieved when we address the many aspects that contribute to your pain and implement a pain-free lifestyle plan that is specialized for your needs.

Bob Austin. is the owner of Robert Austin Brand & Communications. Before starting his consulting practice, he was Global VP Corp Comm for Volvo Financial Services, for Rolls-Royce Motor Cars NA, and was Director of Marketing Communications for Volvo.

Cyndi Avedon. BFA from Northwestern University, over 35 years of experience teaching guitar to adults and children.

Phil Azzolino. President of Group Tours & Travel LLC has been escorting tours since 1984. During his 34 year career he has written and escorted over two thousand group tours throughout most of North America and six continents. An added advantage that Group Tours provides on most multi-day tours, is that Donna, Phil’s wife, also accompanies the group. They are a perfect husband and wife team with dynamic personalities and they provide additional personal attention to all passengers.

Marina Bardash. is an experienced Yoga, Dance and Hula-Hooping Instructor.

William Brown. artist, teacher and apprentice to John Osborne for several years.

Bob Burke. has been a student of the Irish Language for almost 30 years & has been teaching adults for the past 6 years.

Vivian Burns. has been sewing since she was 8 years old. She worked in the fashion business for 20 years as a buyer/designer before she began So You Studio in 2005. Vivian teaches sewing in after school programs, adult schools and for private students. She is also an Adjunct Professor at Berkeley College.

Louise Butler. instrumental music teacher and performer in orchestras in the area.

Hugo X. Carvajal. has been in the financial services industry since graduating from Boston University in 2008. He has always had the passion to educate the small business owners in the community and families about the simple habits of saving for their financial future. Joining The College Funding Coach® as a Regional Director in northern New Jersey has been a perfect transition to educate parents on the many anxieties that come along with figuring out how to pay for college. His hope is to educate as many parents as possible about the “Little Known Secrets of Paying for College” without going broke and disrupting their retirement plans.

Alain Chahine. is a native French speaker and is married to a French speaker. He has constant contact with France. His professional background is in International Logistics and Supply and he currently teaches that subject at Union County College as an adjunct professor.

Martine Chahine. was born and raised in the Loire Valley of France. She has a bachelor’s degree in French History. She has been teaching French to adults for more than 15 years.

Mary-Lee Costello. is a graduate of the Fashion Institute of Technology in Apparel Design. She is certified both by AFAA as a group exercise instructor and by Zumba Fitness LLC as an instructor for Basic Levels, Gold, Toning and Zumba Kids and is CPR/AED certified. She brings Zumba joy to local schools, Relay for Life, senior centers and developmentally disabled adults.

Roger Davidoff. is a graduate of The Philadelphia College of Art / University of The Arts with a minor in Art History. He holds a BFA in Graphic Design; he has owned his own design consultant firm since 1991. He founded an Art Appreciation Program for public school elementary students, and continues to give lectures and museum tours at most NYC museums. In addition to his comprehensive knowledge of Western Art History, he has also studied Musicology at NYU’s Graduate School of Music, specializing in Austrian / German music from 1750 through 1900.

Dharmachakra Buddhist Center. is a Buddhist meditation center in northern NJ. They are dedicated to helping you find happiness from within your own heart and real solutions to your problems through Buddha’s advice.

John DiCostanzo. MA in Dental Technology, owns a dental laboratory in Bergenfield. He plays basketball as a form of exercise. He has been playing for over six years.

Dawn Dittmar. began studying astrology at her grandmother’s knee when she was 9 years old. She has also studied with Zoltan Mason and Jeri London. She continues to study at the National Center for Geocosmic Research and the Astrological Society of Princeton. She has been teaching Basic Astrology to Adults at the Brookdale Community College since 2014.

Karen Finnerty-Eagan. is a Certified Reiki Master Teacher and Crystal Practitioner. She is a retired educator with 38 years of teaching experience working with children with special needs in the classroom. Karen has a Master’s Degree in Education and is certified as a Learning Disabilities Teacher Consultant. Karen shares her passion, and experiences, collecting and working with crystals. She provides information and practical applications for their use and enjoyment.

John Eichmann. BS, certified NJ teacher, SAT preparation specialist.

Adele Ellis. was born in England. She learned to knit and crochet at school in domestic science. She returned to crocheting when her daughter was a brownie and a girl scout. She enjoys the challenge of reading and learning new stitches.
Rick Feingold. has more than 25 years of Community School teaching experience. He holds the designation of eBay Education Specialist and has worked as a Performing Arts Marketing Director and in marketing luxury automobiles. BA, in History Rutgers University, MBA, Penn State University. His travel writing has been published in the Boston Herald and Christian Science Monitor. He has taught consumers how to get the best deals for over 25 years.

Ellen Feld. has been an online grammar instructor for over 15 years, with more than 40,000 students enrolled in her courses. She holds a master’s degree in writing from the Johns Hopkins University and has taught college courses online and in the traditional classroom, including creative writing, developmental writing, and English composition. Ellen has worked as a newspaper reporter and copy chief, personal essayist, website reviewer, and writing coach.

Gary Fink. is the Director of Jazz and Percussion at Ridgewood High School. He attended Eastman School of Music and William Paterson Univ. He has an active schedule as a freelance percussionist and studio instructor.

Mary Fitzgerald, APSD Certified Home Stager and Certified Home Stager Trainer. ASP Staged Homes Professional and licensed real estate associate.

Lisa Fondo, is the owner of Persistence of Vision, LLC an art-licensing agency established in 1990. The agency represents artists and photographers. Ms. Fondo is also a journalist who writes about licensed art and home décor industry trends.

Irene Fortunato, experienced foreign language instructor. Has taught in schools and adult education for over 20 years. Russian native who visits the country often.

Steve Fowls, BA in Psychology, Political Science and Sociology, retired co-owner of Medical Equipment Sales & Marketing Company. He is a former professional photographer who now shoots digital photos as a hobby.

Michelle Frankel is a Certified Professional Matchmaker, Dating Coach and Founder of NYCMatchmaking and New Jersey Matchmaking. Our team focuses on personalized matchmaking, strategic date coaching and online dating assistance. The majority of our clients are in NYC, NJ & CT, however we have clients as far as Mexico and Israel. In addition to our presence in NYC, we have expanded in North Jersey with our office in downtown Ridgewood, NJ. Our clients are both men and women ranging in age from 24 to 70. Prior to joining the matchmaking industry, Michelle was a practicing attorney and marketing executive. Michelle and her team love to assist singles so reach out for a one-on-one consultation.

Julian Garcia has almost 20 years of experience as a language instructor and he speaks several different languages. He currently teaches adults at RCS and at Berlitz.

Mary Ann Gebhardt, has been studying yoga for 25 years, is a registered member of the Yoga Alliance 500 hours, and is a Chopra Certified Instructor. She creates a non-competitive environment integrating movement and breathing. Mary Ann traveled to Nepal where she trekked and brought back beautiful Tibetan Singing Bowls.

Rina Goldhagen, is a resourceful and imaginative Artist and teaching professional, having more than 20 years of experience. She received her Bachelor’s Degree in Fine Arts with an emphasis in watercolor, and in addition to being proficient in many other mediums, she is an excellent communicator. She established the Art of Excellence Studio in 2004 as a private instruction studio for select clientele. In addition, she has crafted a 9-week Beginning Drawing class for the Adult Community School in Ridgewood in which she lays the foundation for successful drawing and challenges students to achieve more than they thought possible.

Gwendolen Gross, an award-winning instructor and novelist, is the author of five critically acclaimed novels, including Field Guide, Getting Out, The Other Mother, and The Orphan Sister. Gwendolen’s newest novel, When She Was Gone (Simon & Schuster, 2013) explores the disappearance of a teenager and the shadows and secrets of suburban life. She holds an BA from Oberlin college and an MFA from Sarah Lawrence College. Her website is www.gwendolengross.com.

Burton Hall. Burton Hall & Associates, LLC, has served the automobile industry since 1977 as a creative resource benefitting from considerable experience in the premium end of the business. His list of clients includes Audi, BMW, General Motors, Ferrari, Ford, Jaguar, Maserati, Mercedes-Benz, Porsche, Peugeot, Toyota and Volvo.

Fred Hammond, has over 25 years as a Public Relations executive and automotive consultant and over 40 years in the automotive industry with some of the most respected marques on the premium and performance end of the automotive spectrum.

Yasuko Hansen, has been an art student at Parsons School of Art and an art teacher in Japan. She taught at the Japanese School in New Jersey for 16 years. She currently teaches at the High School Diplomats Program at Princeton University.

Amy Harrison, is a Certified Financial Planner and a Certified Divorce Financial Analyst. She specializes in wealth management strategies including retirement, estate, divorce, and education planning.

Marize Helmy, Esq, graduated from Fordham University prior to attending Law School at SUNY Buffalo. She focused her studies and clinical experience on various aspects of Family Law. Outside of academics, she dedicated her time to philanthropic nonprofit organizations. She has worked for Michael A. Manna & Associates, P.C. since 2006, prior to attending law school and is currently an Associate Attorney, practicing in the areas of Estate Planning, Elder Law, Real Estate, Guardianships and Estate Litigation.

Kim Hendrickson is author of the Tastefully Small™ cookbook series, winner of two Florida Publisher’s Association gold medals. She has catered for the New York Metropolitan Opera, the Penguin Repertory Theatre, The Bizarre Food Show, and Slangman’s World. She is a regular presenter at the World Tea Expo, John Campbell Folk School, and at culinary events throughout the New York area. Kim teaches that good food is
more than good taste; it’s the fun and joy of creating something beautiful and sharing it with others.

Jean Marie Herron is a Certified Professional Organizer®. She founded POSSE in 2005 after over a decade in the corporate food service industry. As an organizing and productivity consultant, her company specializes in helping people transform their professional and personal lives through the transference of methodologies into their spaces and time management. Her work has helped hundreds of clients in homes, offices and training rooms. Jean Marie is a Golden Circle Member of the National Association of Productivity & Organizing Professionals, the Affiliate Chair for RealSource Association of REALTORS® and an Expert Writer for EzineArticles.com.

Alex Ishkanian, has loved acting since his grade school days. A graduate of The American Musical and Dramatic Academy, as well as Drew University’s theatre program, he went on to be a young adult member of The First All Children’s Theatre performing at The Kennedy Center. More recently, he has been seen in LINE as a member of the historic NYC 13th Street Repertory Company. Locally, he has worked with The Bergen County Players in both plays and musicals. He is a member of Creative Interventions, an educational improvisation ensemble. His continuous studies in acting, improvisation, and singing have included work with Beryl Smith Durham, Barbara Feller, Michael Barbary, HB Studios, and The Magnet Theater. He has authored many children’s musicals that tour schools through the United States.

Fran Kelley, MA, CPRW, SPHR, JCTC, SHRM-ScP, is a Certified Professional Resume Writer and Job & Career Transition Coach and has extensive corporate Human Resources and Outplacement experience. Fran is a nationally published author and President of The Resume Works in Waldwick, NJ.

Mark Kossick, after graduating from Williams College, Mark spent 20 years in the global sports content and media distribution business for NBC Sports & the National Basketball Association, most recently VP of International Content for the NBA from London, UK. Upon return to the US, Mark launched Kohort Technologies and is pursuing his startup dream.

Terry Kovalcik, has over 30 years of dedication to creative work in art. He received a Fine Arts degree in drawing and painting. Terry currently works as a freelance illustrator with an emphasis on the children’s market. He discovered PMC in 1999 and has been hooked ever since. He received Guild Certification in 2000 to teach others about PMC and became a Senior Certification Instructor in 2005. www.TerryKovalcik.com

Lois Kramer-Perez C.Ht., CHt., Intuitive Practitioner and Educator, Graduate of F.I.T, The Feng Shui Alliance School, Institute of Hypnotherapy and Wellness Institute. Lois certified in Feng Shui and Hypnosis, and is a Board Member of International Feng Shui Guild. Lois is the go to expert when you’re finally ready to receive passionate relationships, a peaceful home, and a life you love. She puts her 10+ years of feng shui energy clearing to work for realtors, divorcees, business owners, and moms running a busy household, to put them in the driver’s seat with their relationships and spaces.

You may have seen her guest appearances on the Dr. Joy Show and Family Today with Maria Mirkovitch. Lois is a sought after speaker, expert, contributing author Breakthrough Results; and creator of popular programs such as “Clearing Meditation Circle” and the “Feng Shui Jumpstart”.

Tomohiro Kubo, is an experienced adult education instructor who works for a public school information technology department.

Michelle Kupfer, has been knitting for 20 years. She has experience teaching both adults and children.

Robert Livingstone, teacher/player and coordinator of volleyball teams and league.

Angela Maniaci, is an experienced Italian Language instructor who has worked with area language schools for many years.

Michael A. Manna, is an honors graduate from Boston College and Boston College Law School. His is a member of the National Academy of Elder Law Attorneys and is admitted to practice in New Jersey, New York and Massachusetts as well as before the Supreme Court of the United States. Mr. Manna is a licensed provider of mandatory continuing education for certified public accountants, certified life underwriters, certified financial planners and social workers. Mr. Manna has also served as a faculty member of the New Jersey Institute for Continuing Legal Education, not for profit organization dedicated to the continuing education of attorneys.

Vincent T. Marchese, is a native of Paterson, NJ. He graduated from Ramapo College of NJ with a BA in Cultural Anthropology. He has also taught history and photography for many years. His studio is located across from the Great Falls of the Passaic River and he was involved with the redevelopment of the Historic District.

Jaime Marzocchi, RHS Volleyball Coach, Wellness Instructor.

Deirdre Mastrangelo, BS, Fordham Univ., MS Stevens Institute of Technology, is a demonstrator for Stampin’ Up! and a lifetime crafter.

Evelyn McKinnon, has been teaching English at the GW Middle School since 2006. She has an MA in Teaching from William Paterson University. She is an avid user of technology.
to enhance and streamline many areas of life.

Ann Monton, NJ certified Art Teacher.

John Monton, has an art degree from Marymount Manhattan College.

Lynn Needle, dancer, choreographer and master teacher.

Amy Nellissen, is an ABTA Master Teacher – the highest level recognized by the American Bridge Teachers' Association. She is an ACBL-accredited teacher and a Silver Life Master.

Barbara Norton and Patty Corn have over three years of teaching experience. Each are IPTPA and PPR certified. Patty is also a USAPA Ambassador, Premier Pickleball teaches and manages play in Bergen County, NJ.

Samuel A. Nutile, BS from Fairleigh Dickinson University, graduate work at Northeastern University and Public Speaking Training at Rutgers University. Former Vice President and Company Officer of a large public company. Extensive public speaking engagements monthly to the Board of Directors, taught company sponsored motivational sessions and was a guest speaker at trade show exhibitions. Currently a Lector at Our Lady of Mercy Church in Park Ridge.

Eugene Papay, music teacher in Bergenfield for 30 years, musical director and accompanist for several regional opera companies, organism, soloist and choir director, vocal coach and accompanist.

Rose Pasek, is a certified jazzercise instructor and franchise owner.

JoAnne Paul & Laura Rotto are the owners of Vintage Fusion Restorations in Midland Park. They are experienced artists, designers, and teachers of custom painted furniture.

Mayra Petretti, has been working with Bobbin Lace for almost 20 years. She has completed the assessment program from the Lace Guild (UK). She teaches privately and also at the Metropolitan Chapter’s Lace Day. She demonstrates lace making at various festivals and historical homes.

Harold C. Petzold, Licensed New York State Outdoor Guide. He has been leading hikes for more than 10 years.

Joel Popadics', paintings have been exhibited in solo and group exhibitions in galleries and museums across the United States. In addition, his work is in public and private art collections including the United Methodist Church, Ridgewood and the University Medical Center of Princeton, Plainsboro. Mr. Popadics is the recipient of numerous national awards. He is an elected member of five art organizations and a signature member of the American Watercolor Society. He has been featured many times in AMERICAN ARTIST and THE ARTIST’S MAGAZINES. Mr. Popadics is a Past-President of the New Jersey Watercolor Society. He is the education director and an instructor at the Ridgewood Art Institute. He received a BFA from the School of Visual Arts in New York City. To view his watercolors on-line visit: http://www.watercolorpop.com

Jason Porod has been a teaching in the Ridgewood Public School district since 1999. He taught grades 3-5 at Willard Elementary School for 17 years, and is now teaching Math, Environmental Science, and STEM classes at both district middle schools. Jason holds a Master of Science in Educational Technology degree and served for many years as a teacher technology coach.

Harris R. Reinstein, MBA, CLU, ChFC, has been assisting senior investors for over 20 years. He is a Registered Investment Advisor with SagePoint Financial, Inc.

Aliza Rosen, Ohashiatsu Acupressure Therapist, LMT, Licensed Medical Diagnostic Sonographer (ARDMS), Licensed Massage and Bodywork Therapist, CPR certified and a member of the American Bodywork and Massage Professionals. Aliza is an advanced graduate of the Ohashi Institute- studied with Master Wataru Ohashi. Aliza has written articles in wellness magazines and gives talks about back pain, stress and wellness.

Donald Rubin, is a licensed architect in NJ and NY and a member of the American Institute of Architects. He has extensive experience designing residential projects, primarily single-family homes, as well as apartment buildings and townhouses. He has an architectural practice based in Westwood, NJ.

MT Schwartzman, has been a full-time freelance writer covering the travel industry for more than 25 years. During that time he has sold over 700 articles to magazines and websites in the US, Canada, England, Finland and Australia. He has nearly 20 years experience teaching adult education.

Joseph Scilli, has a BA in Business Administration from WPU, and a Certificate of Culinary Arts from Bergen Community College. He has over 13 years’ experience in the food service industry and is an experienced adult education instructor.

James Seawood is a New York based voice talent and teacher. He has brought his signature sound to commercials for a myriad of brands and organizations including Nike, Army West Point, The City of Charlotte, Cholula Hot Sauce and MGM Las Vegas Casino.

Britt Sikiric, graduated from the School of Visual Arts with a degree in Fine Arts/Painting. She has been an art instructor for children and adults for over 20 years. She has also done scenic design for local theater companies, been a visual merchandiser for various companies and did prop and scenic design for the children’s television show “Steampipe Alley”.

Chuck Solomon, has been a professional photographer for over thirty years. A former staff photographer at Sports Illustrated; his photographs have appeared on the cover of that magazine more than forty times. Equally proficient at shooting action, portraits and picture stories, he is also the photographer and author of several children’s books. Chuck has received many awards for his photographs and has had an image named by Sports Illustrated as one of the 100 greatest sports photographs of all time. He was recently profiled in Adorama’s Meet a Pro series. A firm believer in the power of the still image: he has spent a good deal of his career making memorable images and eagerly shares his passion for photography with his students.

David Spiege, is a graduate of Trenton State University, a business owner and a life coach. He launched his first business in 1980 and has since opened over a dozen successful ventures. His business background spans the gamut from retail, to service, to sales, marketing and consulting. He brings
his life coaching skills along with his real life experience of what it takes to be an entrepreneur to his business course. He is also a founding partner of Why Weight Transformation Center.

**Joan Tarrant** is a registered Yoga Teacher with the Yoga Alliance. She has completed both the 200 Hour and 500 Hour course work and certification requirements.

**Akemi Thompson**, B.A. Japanese Literature from Jissen Women’s University. Has 9 years teaching experience.

**Steve Tichenor** is currently the Chairman of the North River Colonial Dancers. Steve has studied some Baroque dance as well as English Country dancing for several years. He is also a member of New Jersey Militia Heard’s Brigade, a Revolutionary-War era re-enactment group, in which he has served in every capacity from NCO to Unit Commander. He also makes special appearances to public school classes speaking to students regarding the Revolutionary War and 18th Century re-enacting. Tichenor’s interest in history is personal - both his maternal and paternal ancestors settled in New England in the early 1600s.

**La Shonda Tyree**, the owner of Nyah, a handcrafted beauty and skin care business. She turned a part time hobby into a full time passion, which consists of handcrafted soaps, lotions, bath salts, body scrubs, lip balms and bath tees. She has facilitated relaxation workshops and lotion making workshops for adults and children.

**Thomas Valenti**, is President of the Allied Artists of America and is an Honorary Member of The Salmagundi Club. He is listed in “Who’s Who in American Art” and ‘Who’s Who in America.” His work was featured in the January 2007 issue of “The American Artist” magazine. The artist’s work is in private collections throughout the United States and abroad. To see Valenti’s work, resume and biography, go to his official website www.thomasvalenti.net.

**Patricia Vangieri** has been the owner of The Glass Gallery Stained Glass Studio in Nutley, NJ for 24 years. She is an instructor, designer and fabricator to novice and experienced hobbyists as well as a provider of tools and supplies needed for working in the craft. She also works as a commissioned artist for those wanting custom work for their home or business. www.glassgallerynj.com

**Richard Van Der Wall** possesses over ten years professional experience, including supervisory, law enforcement communication, and emergency medical services. He is highly proficient in training and evaluation of emergency service qualifications within the state of New Jersey, criminal justice computer operations, and community affairs coupled with incident command systems. Richard has been a certified CPR Instructor through the American Heart Association for the past 10 years.

**Lorinda Walker** has been working with therapeutic grade essential oils for 14 years. She uses them exclusively as the first line of defense against common ailments and has found them to be beneficial for supporting the emotions as well. As a Licensed Massage Therapist for 24 years, Lorinda uses doTERRA Essential Oils in her massage therapy practice and is also a Certified AromaTouch Practitioner and a Certified AromaTouch Instructor. As a doTERRA Diamond Level Wellness Advocate, she has traveled hundreds of people how to facilitate the AromaTouch Technique, a clinical application of eight doTERRA oils to the back and the feet. This treatment helps alleviate stress, boosts the immune system, reduces pain and discomfort and restores balance to the body. Lorinda enjoys showing others how they can take charge of their health and empower themselves to feel better without side effects, only side benefits. Essential oils have transformed her life in so many ways and she is passionate about sharing their amazing healing properties. Lorinda oversees a team of 1800 people and growing, and enjoys coaching people who want to share doTERRA with others and create residual income. Lorinda resides in Emerson NJ, with her husband, 20 year old daughter, 16 year old son and a dog.

**Anne Winner**, certified teacher and artist who has exhibited her work in a variety of media.

**Janice Wolk** is self-taught dance caller, who has co-instructed Historic English/American Social Dance with Steve Tichenor through the Ridgewood Community School for over 7 years. She serves as Secretary/Public Relations Liaison for the North River Historical Dancers, a historic dance troupe. Janice is also a member of New Jersey Militia Heard’s Brigade, a Revolutionary War re-enactment group, and of the American Friends of Lafayette, a historic and patriotic organization dedicated to the memory of the Marquis de Lafayette. Aside from living history, other hobbies include art and art history. She has taken portrait painting workshops in Woodstock, NY and also enjoys dabbling in watercolors. A longtime resident of New Jersey, Janice works in Manhattan at a world-renowned beauty company.

**Zahavi & Schwartz** is made up of mother-daughter team, Zahava & Orly Schwartz. We are personal stylists, wardrobe coaches, and curate unique shopping experiences for our clients. With over 10 years’ experience in the fashion world, we have taken this knowledge and been perfecting our Closet Rehab & Style Transformations, to teach our method to the community, to help more people gain clarity, define their style, and get more organized. We look to empower men and women through their wardrobe, so they always feel comfortable and able to take on any challenge set before them.

GENERAL INFORMATION YOU SHOULD KNOW

The RIDGEWOOD COMMUNITY SCHOOL offers to all citizens and taxpayers of Ridgewood, as well as residents of nearby communities, the opportunity to continue their education and pursue special interests. The school is administered through the office of the Superintendent of Schools and assisted by the RCS Advisory Council. Ridgewood residents who would like to be considered for the Council should contact Shelly Stanton, Coordinator.

RCS is an equal educational opportunity organization. It affirms its responsibility to ensure all students and all employees equal opportunity regardless of race, color, creed, religion, sex, ancestry, national origin, and social or economic status.

ADMINISTRATION
Daniel Fishbein, Ed.D, Superintendent of Schools
Antoinette Kelly,
Business Administrator/Board Secretary
Shelly Stanton, Coordinator, RCS
Anna Thomas-Candrilli, Registrar, RCS

RIDGEWOOD COMMUNITY SCHOOL
ADVISORY COUNCIL
Board of Ed. Representative
Lou Gallo-Mann
Lynn Larson
Linda McNamara
Susanne D. Ziskis

SCHEDULE OF CLASSES

Monday
Oct 7, 14, 21, 28
Nov 4, 11, 18, 25
Dec 2, 9, (16)

Wednesday
Oct 2, 9, 16, 23, 30
Nov 6, 13, 20, 27
Dec 4, 11, (18)

Friday
Oct 4, 11, 18, 25
Nov 1, 8, 15, 22, 29
Dec 6, 13, (20)

Tuesday
Oct 1, 8, 15, 22, 29
Nov 5, 12, 19, 26
Dec (3)

Thursday
Oct 3, 10, 17, 24, 31
Nov 7, 14, 21, 28
Dec 5, 12, (19)

Saturday
Oct 5, 12, 19, 26
Nov 2, 9, 16, 23, 30
Dec 7, 14, (21)

※ - No classes on that date/schools closed
Sept 30-Rosh Hashanah
Oct 9 – Yom Kippur
Oct 14 – Columbus Day
Nov 7-9 - NJEA Convention
Nov 27-30 - Thanksgiving Recess
Dec 23-Jan 1 – December Recess
(    )  - Make-up date for canceled classes.

Please note that these dates are pre-scheduled make-ups for the 9-week session. If your class is less than 9 weeks, the first available date after the end of your class will be used as the make-up date.
The **RIDGEWOOD COMMUNITY SCHOOL** business office is located at the Education Center, 49 Cottage Place, Ridgewood. Most of our classes, however, are held in various schools & other facilities in Ridgewood. A few are held in other communities. Please check the course description of your particular course for the location of your class. All course descriptions give the location of the class. Below is a map of Ridgewood *showing the Ridgewood locations only*. If you need directions to your class in Ridgewood or any other location, please do not hesitate to call us (670-2777) and we will be happy to direct you.

### CLASS LOCATIONS

**Ridgewood Schools**
1. **RHS** - (Ridgewood High School)
   627 E. Ridgewood Avenue
2. **BFMS** - (Benjamin Franklin Middle School)
   335 N. Van Dien Avenue
3. **GWMS** - (George Washington Middle School)
   155 Washington Place
4. **Glen** - 865 E. Glen Avenue
5. **Hawes** - 531 Stevens Avenue
6. **Orchard** - 230 Demarest Street
7. **Ridge** - 325 W. Ridgewood Avenue
8. **Somerville** - 45 S. Pleasant Avenue
9. **Travell** - 340 Bogart Avenue
10. **Willard** - 601 Morningside Road

**Other Locations in Ridgewood**
11. **Christ Church** - 105 Cottage Place
12. **Ridgewood Public Library** - 125 N. Maple Avenue
13. **Paramus Reformed Church** - 660 E. Glen Avenue
15. **Ridgewood Art Institute** - 12 E. Glen Avenue
16. **The Stable** - 259 N. Maple Avenue
17. **Education Center** - 49 Cottage Place
18. **American Red Cross** - 74 Godwin Avenue
19. **Unitarian Society** - 113 Cottage Place
20. **Art of Motion Studios** - 17 Chestnut Street

Directions to all schools and other locations are now available on the RCS website [www.ridgewood.k12.nj.us](http://www.ridgewood.k12.nj.us)
1. **No acknowledgements are sent.** You should report to your class unless notified to the contrary.

2. **Registration fee ($25 per person per course) is included in the tuition fee. It is not refundable for any reason** (unless the course is canceled by RCS or RCS institutes a schedule change).

3. Tuition must accompany registration. Registrations are processed in the order they are received.

4. **Refunds & Withdrawals:**
   - If RCS cancels your course, you will receive a full refund.
   - If you want to withdraw from a class before it begins, you must submit your request in writing to RCS **THREE FULL BUSINESS DAYS PRIOR TO THE FIRST CLASS MEETING** (not counting the day of class). You will receive a refund (less the $25 registration fee). This policy differs for trips and tours. Please see those pages for details.
   - If you withdraw from the class after the first session, no refund or credit will be given. If you want to withdraw or miss a class due to personal reasons, illness, injury, negligence or an oversight of your own, **no refund or credit will be given**.
   - If you find a course does not meet your legitimate expectations, we ask that you send a written request to us as soon as the course is finished and complete a course evaluation. We will issue you a tuition credit for another RCS course.
   - Refunds are processed in 3-4 weeks.

5. Any class is subject to cancellation (up to start date of class) if registration is not sufficient. Students will be notified by telephone. **Please register early!!**

6. **Special Needs: Most Ridgewood schools are barrier-free. RCS will make your class accessible to you. If you have special needs, please alert RCS upon registration. Advance notice of 2 weeks must be given.**

7. **Book & Supply Fees:** These are additional costs and are due at the first class.

8. **School Closings:** RCS is closed whenever the Ridgewood schools are closed (see calendar on page 47). Closings due to inclement weather are announced on the central office answering machine at 201-670-2700 or on the RCS office answering machine at (201) 670-2777 between 6:30 and 8 am and will remain there throughout the day. Emergency closing information is also available on the Ridgewood website www.ridgewood.k12.nj.us and on television news FOX 5, NBC 4, ABC 7 and Channel 12. If storms develop during the day, please call the RCS office at (201) 670-2777 after 3 pm for cancellation information.

9. **Please check your calendar** prior to registering. Refunds will not be given for personal scheduling conflicts or double-booked classes.

10. **Transfers made at the discretion of the RCS office.**

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**Registration/Cancellation Information**

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**You have 5 easy ways to sign up:**

1. **MAIL IT NOW! DON’T WAIT!**
   Fill in registration form and mail it with check, money order or charge information to: 49 Cottage Pl., Ridgewood, NJ 07450. You can mail your registration as soon as you receive your brochure.

2. **WALK IN** Starting Aug 26
   In-person registration at 49 Cottage Place, Ridgewood: Mon through Fri 1-4 pm
   **WALK IN AFTER CLASSES BEGIN**
   You may register at BFMS and RHS between the hours of 7-9:30 pm Mon thru Thurs if there is still space in the class. After classes start, RCS registration hours are 1-4 pm, Monday - Friday.

3. **PHONE CHARGE ONLY**
   **Phone Number:** (201) 670-2777
   **Starting Aug 26**
   (Visa and Mastercard accepted)
   **Hours:** Mon through Fri, 1-4 pm
   After classes start, RCS registration hours are 1-4 pm, Monday - Friday.

4. **FAX IT CHARGE ONLY**
   **Fax Number:** (201) 444-5565
   **Starting Aug 26**
   Visa and Mastercard 24 HOURS A DAY
   Fax the form. In order for your registration to be properly processed, it must include all information on registration form on next page.

5. **ON-LINE**
   **https://tinyurl.com/y9g5khze**
   **Starting Aug 26**
   Visa and Mastercard 24 HOURS A DAY
   Complete and secure online registration for all classes is now available through Community Pass. To begin, use the signup link above and create a Community Pass account. Once this is done you will have access to all the events and activities within Capturepoint.com.

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Each class description contains the class location at the bottom of the listing. Please see map on page 44.
Follow the easy instructions on the facing page.

Use one card per course per student.
Forms may be duplicated.

Registrations are not confirmed. Please report to your class unless notified to the contrary.

RCS courses are open to all persons * regardless of residence. Unless otherwise stated, students must be at least 14 years old and in high school to take adult classes.

*Except for those classes listed under the junior edition section, RCS classes are intended for adults. Students ages 14-18 may attend upon request, but some classes are not suitable for children. Please call the RCS office for more information.

Please do not wait until the last minute to register. If there is insufficient enrollment for a course, it will be canceled.

AVOID DISAPPOINTMENT - REGISTER EARLY!!
5 easy ways to register:

PHONE: (201) 670-2777

WALK-IN: 49 Cottage Place, 2nd Floor Lobby

MAIL: 49 Cottage Place, Ridgewood, NJ 07450

FAX: (201) 444-5565

ONLINE: https://tinyurl.com/y9g5khze

SEE INSIDE BACK COVER FOR REGISTRATION HOURS!