Ridgewood Community School
Fall 2018

Celebrating Over 69 Years of Continuing Education!
# Table of Contents

- **Contact Information** ............................................. 1
- **50 Plus Card** .................................................. 2
- **Day Tours** .......................................................... 3
- **Multi-Day Tours** .................................................. 5
- **Computer Literacy** ............................................... 9
- **Careers & the Workplace** ..................................... 10
- **Creative Arts** ..................................................... 12
- **Culinary Arts** ..................................................... 14
- **Dance & Movement** ............................................. 16
- **Finance, Investments & the Law** ......................... 17
- **Handcrafting** ..................................................... 19
- **Health, Personal Growth & Wellness** .................. 22
- **Home & Real Estate** ........................................... 27
- **Languages: English & World** .............................. 28
- **Leisure & Personal Time** ..................................... 29
- **Liberal Arts & Music** .......................................... 31
- **Sports** ............................................................... 34
- **Junior Edition** .................................................... 35
- **Faculty** ............................................................. 38
- **General Information** .......................................... 43
- **Fall 2018 Calendar** ............................................ 43
- **Where We Are** ................................................... 44
- **Registration Information** .................................... 45

---

**Our office is located in the**
**EDUCATION CENTER**
**49 COTTAGE PLACE, SECOND FLOOR**
**RIDGEWOOD**

**Telephone** (201) 670-2777  
**Fax** (201) 444-5565

You can visit RCS online at:  
www.ridgewood.k12.nj.us  
or send us email at  
sstanton@ridgewood.k12.nj.us

**Special Registration Hours:**  
In Person: Monday - Friday; 1 - 4pm  
Telephone: Monday - Friday; 1 - 4pm

We welcome your questions, ideas and comments.

---

Special thanks to RCS Stained Glass instructor Patty Vangieri for the use of the image on the cover. Her classes can be found on page 20.
SATISFACTION GUARANTEE

Ridgewood Community School is proud of the fact that our students report a high level of satisfaction with our courses. However, we also recognize our responsibility to those whose class did not fulfill their valid expectations. If upon completion of your course, you feel that it was not satisfactory, or you are not satisfied that the course delivered what was promised, RCS will issue you a course credit, provided you send a written request to us as soon as the course is finished and complete a course evaluation with a valid reason. The request must be received within two weeks of completion of course.

ATTENTION RIDGEWOOD RESIDENTS —

Do you have one of these 50 Plus Cards? If you don’t, give us a call at (201) 670-2777 and we will tell you how you can get one.

Ridgewood Community School
50 Plus Card

Anyone who is 50 years of age or older and is a resident of Ridgewood may obtain a 50 Plus Card in person from the Ridgewood Community School during normal registration hours. This card entitles the bearer to take a maximum of two (2) eligible courses each semester for 50% off the regular fee. Registration may be done by mail or phone once you have obtained the card. Please note: all eligible classes will be marked with a 50+.

Are you interested in completing an easy on-line survey to help us improve our programs?

If so, please email your contact info to: sstanton@ridgewood.k12.nj.us

THE RIDGEWOOD MAKERSPACE
at Ridgewood High School

STARTING OCT 1
Mondays 4-9 pm
See page 22 for more information.

Like us for:

• Announcements
• Giveaways
• Reminders
• School Closing Info
• Teacher features
  • Updates
  • and more!

www.facebook/RidgewoodCommunitySchool

2
The Birdland Jazz Club featuring the Music of Louis Armstrong & The Louis Armstrong House Museum
Group Tours & Travel LLC

Our day begins with a tour of the home of the legendary Louis Armstrong in Queens, New York. The house has been left as it was when he lived there. Therefore, we tour many of the rooms he actually occupied while his creative genius flourished. A highlight of the tour is Louis’s “man cave,” where he wrote letters, made reel-to-reel tapes and entertained friends and guests, including neighbors Dizzy Gillespie and Clark Terry. In addition to visiting other rooms of the house, our guide will tell us personal stories that took place in this special home. From here it’s a short ride to midtown where we are treated to a lecture on the Georgia O’Keeffe Exhibition that will add valuable insight to our visit. Our admission also allows unlimited access on a narrated tram ride around the garden’s 250 acres. It makes numerous stops throughout the gardens, so we may explore the gardens with much less walking.

$195

002-Wednesday, October 10, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 1 PM and returns at approximately 8:15 PM. Cars may be parked in the lot for the duration of the tour, at your own risk.

Fall Foliage Hudson River Cruise, Wilderstein Mansion & Lunch in Kingston’s Historic District
Group Tours & Travel LLC

It’s a great time of year for a ride to upstate New York where fall foliage should be displaying a rainbow of colors. This morning we are treated to an exceptional tour of Wilderstein, an elaborate Queen Anne style mansion that is set on 40 acres with panoramic views of the Hudson River Valley. Wilderstein’s last resident was Margaret (Daisy) Suckley, a cousin and confidante of Franklin Delano Roosevelt. She traveled extensively with FDR during his presidency. Remodeled and enlarged in 1888, this truly unique home contains exceptional architecture, unique furniture, paintings, art objects and china. Next, we indulge in lunch at a popular Italian restaurant in Kingston’s Rondout-West Strand Historic District. This afternoon we enjoy a memorable two-hour narrated boat cruise aboard the Rip Van Winkle. Highlights include many spectacular scenes, lighthouses, palatial private homes and estates. The on-board narration provided adds insight into the history of this area and many interesting facts and stories. You must be able to climb a set of stairs to get to the upper floor of the Wilderstein Mansion.

$160

003-Saturday, October 13, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 8:15 AM and returns at approximately 6:45 PM. Cars may be parked in the lot for the duration of the tour, at your own risk.

Georgia O’Keeffe: Visions of Hawaii
Group Tours & Travel LLC

For the first time, the New York Botanical Garden presents a special exhibition featuring the American modernist Georgia O’Keeffe. This landmark exhibition offers a rare focus on twenty of O’Keeffe’s works of art that were produced on her nine-week tour of Hawaii in 1939. Our visit includes time to stroll through the elegant Enid A. Haupt Conservatory adorned with a Hawaiian flora theme. We will also view a stunning collection of art in the garden’s art gallery that includes more than fifteen of O’Keeffe’s Hawaii paintings not seen together in New York since their debut in 1940. A hot buffet lunch in the magnificently restored 1840 Stone Mill, a National Historic Landmark, is an additional bonus. It’s the oldest factory building in New York City and the oldest tobacco plant in the country. Following lunch, we are treated to a lecture on the Georgia O’Keeffe Exhibition that will add valuable insight to our visit. Our admission also allows unlimited access on a narrated tram ride around the garden’s 250 acres. It makes numerous stops throughout the gardens, so we may explore the gardens with much less walking.

$165

001-Saturday, September 29, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 9:30 AM and returns at approximately 5:45 PM. Cars may be parked in the lot for the duration of the tour, at your own risk.
Day Tours

For all trips and tours, your reservations will be confirmed in writing by RCS approximately 2 weeks before the trip date. Withdrawals made in writing three (3) days prior to the tour will be accepted and your money refunded to you (minus $25 registration fee per ticket) provided we have a waiting list for that tour and your space can be resold. Tours run rain or shine.

Halloween Costume Party Cruise on the Spirit of New Jersey
Group Tours & Travel LLC
Happy Halloween! Join us on a fun-filled Halloween Costume Party cruise aboard the Spirit of New Jersey. This scenic two-hour cruise includes a bountiful buffet lunch and a costume party with prizes, giveaways and a DJ who will spin Halloween music for our listening and dancing pleasure. Put on your costume and bring your party shoes for some fun on New York’s waterways. An added bonus are the views of the magnificent skyline of New York, New Jersey and Brooklyn. Highlights of the cruise include seeing the Statue of Liberty, Battery Park, Brooklyn Bridge, South Street Seaport, Lower Manhattan and much more. $175
004-Wednesday, October 31, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 10:15 AM and returns at approximately 3:15 PM.
Cars may be parked in the lot for the duration of the tour, at your own risk.

United Nations Tour with Lunch in the Delegates Dining Room
Group Tours & Travel LLC
The United Nations is considered to be one of the most important and influential forums for world leaders to meet and discuss global issues. Upon arrival at the United Nations, we are treated to an elegant lunch in the prestigious Delegates Dining Room. It is your opportunity to dine where world leaders dine and you never know who will be seated near us. After lunch, we enjoy a guided tour of the United Nations. Our tour includes an in-depth understanding of the UN as we visit many of its public rooms and view the artwork that is donated by numerous countries. Don’t forget this is a great opportunity to visit their gift shops that offer unique traditional handicrafts, gifts, accessories and more from around the world. Before departing to New Jersey time is provided to stroll the grounds of the UN and view the river and skyline. Business casual dress is the minimum requirement. Jackets and ties are recommended (but not required). A valid, government issued picture ID is required for admission to the United Nations. $165
006-Thursday, November 8, 2018
Departs Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 8:00 AM and returns at approximately 3:15 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

National September 11 Museum in NYC, Dinner and Shopping in Little Italy & The Freedom Tower’s One World Observatory at Night Time
Group Tours & Travel LLC
Join us as we visit The National September 11 Memorial and Museum in NYC, take in breathtaking views of New York City at night time from the Freedom Tower and enjoy dinner in Little Italy. We begin our day with a visit to the 911 Museum, located at the site of the former World Trade Center complex in lower Manhattan. Time is provided to tour this world-class, 110,000 square-foot museum. The many exhibits & artifacts detail the events leading to and including the terrorist attacks that took the lives of nearly 3,000 victims. After dinner in Little Italy, with time to shop in America’s oldest cheese shop and in a renowned bakery that opened in 1892, we visit the Freedom Tower. At 1776 feet high, it is the tallest building in the Western Hemisphere. Spectacular 360-degree views of New York City’s iconic sights, surrounding boroughs and skyline are available from its 100th and 101st levels. $175
005-Saturday, November 3, 2018
Departs Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 11:15 AM and returns at approximately 10:30 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

Cirque Dreams Holidaze Show at Bethlehem Sands Casino
Group Tours & Travel LLC
Join us as we travel to the nearby Sands Casino in Bethlehem, Pennsylvania. Our itinerary features reserved seats for a fantastic Cirque Holiday Show in its intimate Event Center. Time is also provided to enjoy buffet lunch and a visit to the casino where you will receive $20 in slot play. Don’t forget, there are also over a dozen outlet stores, all under one roof. Cirque Dreams lights up the 2018 holiday season with its critically acclaimed holiday stage extravaganza, Cirque Dreams Holidaze, a new cirque show and Broadway style musical. You’ll be amazed by this holiday spectacle with over 300 costumes, 20 acts and 30 artists from every corner of the globe. Many of these acts have been featured on America’s Got Talent and similar TV shows in other countries, making Cirque Dreams Holidaze the greatest variety show on the planet! The buffet lunch is a nice addition to our itinerary and don’t forget there are over 3,000 slot machines and 200 table games in the casino. $130
007-Monday, December 3, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 8:15 AM and returns at approximately 6:30 PM. Cars may be parked in the lot for the duration of the tour at your own risk.
**Day Tours**

For all trips and tours, your reservations will be confirmed in writing by RCS approximately 2 weeks before the trip date. Withdrawals made in writing three (3) days prior to the tour will be accepted and your money refunded to you (minus $25 registration fee per ticket) provided we have a waiting list for that tour and your space can be resold. Tours run rain or shine.

15th Anniversary Christmas Show in Staten Island’s St. George Theater

*Group Tours & Travel LLC*

Get set for a wonderful day in nearby Staten Island as we enjoy a memorable Christmas show in the palatial St. George Theatre (1929), one of the most elegant theaters in America. This afternoon we are treated to their 15th annual Christmas show, a high energy, rhinestone-studded series of songs and dances that the whole family will enjoy! Featured are a cast of over 100 actors, musicians, dancers and other performers. The show includes a wide range of talent from local favorites, to an aerialist, an excerpt from *The Nutcracker* and popular tunes such as *White Christmas*, *Sleigh Ride*, *Let it Snow*, *Silver Bells* and *O Holy Night*, accompanied by a live orchestra. Lunch is included in the nearby South Fin Grill, a popular South Beach restaurant that is located alongside the 2 ½ mile long Franklin D. Roosevelt Boardwalk. Please choose one entree per person at the time of registration: Herb Brined Chicken Breast, Pan Roasted Salmon or South Fin Cheeseburger. $170

008-Saturday, December 15, 2018
Departs from Ridgewood’s Graydon Pool parking lot (corner of Linwood Avenue & Northern Parkway) at 10:15 AM and returns at approximately 6:45 PM. Cars may be parked in the lot for the duration of the tour at your own risk.

**Grand Bazaar NYC, The High Line & Chelsea Market**

*Group Tours & Travel LLC*

The Grand Bazaar NYC is the largest weekly curated market in NYC, with over 43,000 square feet of indoor and outdoor space. It boasts over 180 handpicked makers, designers, artists, and independent vintage/antique dealers, as well as a fantastic selection of artisanal food vendors. It’s a perfect place to find one-of-a-kind and limited-edition art, antique watches, vintage collectibles, fashion accessories, handmade jewelry and furniture. Shopping has never been this much fun. Next, we enjoy lunch in a popular Irish restaurant. This afternoon we visit the High Line, a 1.45-mile-long elevated walkway city park. It was created on a former elevated railroad track on the west side of Manhattan. This unique walking path features beautiful views of the surrounding areas with numerous benches, gardens and overlooks. You can walk at your own pace or join our escort as we slowly stroll along this elevated park. You may walk a few feet or the entire length of the High Line. There are elevators available to avoid stairs. Our last attraction is a visit to the Chelsea Market, a collection of unique shops and restaurants in an historic building. Please choose one entree per person at the time of registration: Fish & Chips, Bacon Cheeseburger, Chicken Caesar, Pasta Primavera, Grilled Salmon Filet or Irish Beef Stew. $125

009-Sunday, October 7, 2018
Departs Ridgewood’s Graydon Pool parking lot (corner of Linwood Ave. & Northern Parkway) at 9:00 AM and returns at approximately 5:00 PM. Cars may be parked at the lot for the duration of the tour at your own risk.

**Multi-Day Tours**

The tours below are escorted by Group Tours, Inc. For a complete itinerary including the deposit schedules, refund information and final payment dates, please call the RCS office. Any refunds given will be less a $25 per person registration fee. Tours run rain or shine.

**Saratoga & Lake George at Fall Foliage Time**

*Group Tours & Travel LLC*

Welcome to the beauty of fall foliage in upstate New York. This exciting three day getaway offers a unique blend of spectacular fall foliage, elegant accommodations, exciting boat cruises, historic sites, a boutique style casino and more. Accommodations are in the brand-new boutique style hotel that is next to the Saratoga Casino. On day one, we are treated to a Lock and Waterfall Boat Cruise on the Hudson River after an included lunch. On day two, we visit a cottage where Ulysses S Grant lived and meet a professional Grant impersonator. After time to browse in the charming town of Saratoga, we visit its nearby state park and a maple sugarhouse, where we will also go on wagon ride. On day three, after viewing a 100 mile view of the Adirondacks from a mountain top, we enjoy a delightful luncheon cruise on Lake George. Each night you choose where you want to dine in a variety of restaurants in the Saratoga Casino. Highlights include: two nights in the Saratoga Casino Hotel, Rated Four Diamond by AAA, Prospect Mountain’s 100 Mile View, Saratoga Spa State Park & Saratoga Performing Arts Center, two breakfasts, two lunches, two dinners, tour escort and more.

016-October 3-5, 2018
Twin Price: $785 per person & Single Price: $915 per person
The tours below are escorted by Group Tours, Inc. For a complete itinerary including the deposit schedules, refund information and final payment dates, please call the RCS office. Any refunds given will be less a $25 per person registration fee. Tours run rain or shine.

**The Berkshires at Fall Foliage Time**  
*Group Tours & Travel LLC*

It’s fall foliage time, the season when Mother Nature splashes her forests, meadows and fields with a rainbow of colors. We celebrate this annual event in New England, considered the best region in North America to view fall foliage. Our itinerary includes three exceptional historic mansions. We will tour the estates of Edith Wharton, Herman Melville and Sarah Morgan, all located within a few minutes’ drive of each other in the Berkshires of Massachusetts. Our tour includes time to browse in quaint towns, view spectacular fall foliage, tour historic mansions, dine in a nationally-recognized hotel and stay overnight in comfortable accommodations. Highlights include: one night in The Red Lion Inn in Stockbridge, Massachusetts, The Mount, Edith Wharton’s Home, Arrowhead, The Home of Herman Melville, the Charming Towns of Stockbridge, Lee & Lenox, Massachusetts, lunch & tour in Ventford Hall Mansion and Gilded Age Museum, one breakfast & one dinner in The Red Lion Inn, tour escort and more.

**017-October 11-12, 2018**  
**Twin Price: $525 per person & Single Price: $645 per person**

---

**Salem at Halloween Time — Haunted Happenings 2018**  
*Group Tours & Travel LLC*

Salem, Massachusetts is arguably the ultimate place in the world to experience the fun and excitement of Halloween. There is never a dull moment on this tour when we visit Salem during this exceptional celebration. This weekend, thousands of costumed visitors will descend upon this historic community, geared up for fun and ready to take in the thrill of its festival type atmosphere. The Haunted Happenings 2018 Salem Festival is an exciting event like no other. It features street closings that create a vibrant open-air pedestrian mall with numerous food and craft vendors and more. In addition to the excitement of Halloween, we have added many historic and fun attractions in Salem. We will see a dramatic short play that was written from the transcripts of the witch trial of Bridget Bishop, convicted of being a witch and then sentenced to death. Other highlights in Salem are: The House of Seven Gables, The Salem Witch Museum, a trolley tour of the city and more. Our hotel accommodations in the Hilton Hotel in Woburn are an extra bonus to the tour. The hotel has recently undergone an extensive renovation and features many attractive public areas. To cap off our weekend, we are treated to a memorable costume dinner party in the comfort of our hotel on Saturday night. Bring your costume! Highlights include: two nights in the Hilton Hotel in Woburn, the play “Cry Innocent,” Trolley Tour of Salem, Pickering Wharf, Salem Witch Trial Memorial, Salem Maritime National Historic Site, free time during Haunted Happenings, two breakfasts, one lunch, two dinners, tour escort and more.

**018-October 26-28, 2018**  
**Twin Price: $750 per person & Single Price: $935 per person**

---

**Christmas Time in Nashville & The Opryland Hotel**  
*Four Outstanding Shows & Much More*  
*Group Tours & Travel LLC*

This is one of the best Christmas tours that you can experience. Nashville is a truly unique destination. On this tour, we will see the best this city has to offer at a relaxed pace. Our nonstop air allows us four full days of touring. Our hotel will be extensively decorated for the holiday season with 2.3 million Christmas lights. The hotel features an incredible nine acres of indoor atriums along with several restaurants and shops. The public areas include waterfalls, over 50,000 plants, elevated walkways and even an indoor boat ride on the river in the Delta Atrium. Topping off our itinerary are four spectacular shows, one headlined by Trace Adkins. Grab your cowboy hat and your dancing shoes and join us. Other highlights include: Grand Ole Opry evening performance, luncheon and show aboard The General Jackson Showboat, ICE Exhibit, a Broadway style Christmas show, Country Music Dinner Christmas Show with Trace Adkins, Country Music Hall of Fame, Tour of Studio B, Johnny Cash Museum, riding tour of Nashville, Andrew Jackson’s Hermitage, Ryman Auditorium, birthplace of the Grand Ole Opry, Treasures for the Holidays Craft, Antique and Art Show, Hall of Trees, seventy Opryland Dollars for dinners and lunches, all breakfasts, two lunches, two dinners, tour escort and more.

**010-November 26-30, 2018**  
**Twin price: $2,550 per person & Single Price $2,915 per person.**  
*(Balcony room is $2,665 Twin & $3,145 Single.)*
**Multi-Day Tours**

The tours below are escorted by Group Tours, Inc. For a complete itinerary including the deposit schedules, refund information and final payment dates, please call the RCS office. Any refunds given will be less a $25 per person registration fee. Tours run rain or shine.

---

**Christmas Time at Longwood Gardens**

*Group Tours & Travel LLC*

Join us for the opportunity to capture the spirit of the holidays on this exceptional weekend getaway. The three places we visit are among the finest of their kind in the Mid-Atlantic Region. These are excellent attractions on their own and we visit them at an extra-special time of the year, Christmas Time! Highlights include: overnight accommodations in the Hilton Garden Inn Kennett Square, Brandywine River Museum, Christmas Time in Longwood Gardens, Winterthur House and Garden Tour, one breakfast, two lunches, one dinner, tour escort and more.

**011-December 1-2, 2018**

Twin price: $435 per person & Single Price $525 per person.

---

**9 Night Cuba Cruise on Azamara’s Journey & 1 Night Pre-Cruise in Miami**

*Group Tours & Travel LLC*

This cruise is aboard the boutique-style, 700 passenger Azamara Journey. From the moment you step aboard our cruise ship, prepare to be pampered. Azamara boasts one staff member for every two guests. Preferred vintage red and white wines, beer, mixed drinks and cocktails are poured throughout the cruise at no extra cost. Bottled water, sodas, specialty coffees and teas are also offered at no charge throughout the voyage in public venues and staterooms. The cost of this cruise with the included extras is a phenomenal deal. No formal nights for dining and no reservations required. Other highlights include: nonstop, roundtrip air from Newark to Miami, one night pre-cruise in the Miami Beach Hilton Garden Inn, riding tour of Miami, ports of call: Miami, Havana, Cienfuegos & Santiago de Cuba, gratuities on board the Azamara Quest, port taxes, transfers in Florida, one breakfast in Florida and tour escort. Visa to Cuba (approximate cost $75) and day trips off the cruise ship are not included in the price. A valid passport is required to take this cruise. It must expire at least 6 months after the last day of the tour. We are only accepting check payments for this cruise.

**012-January 23-February 2, 2019**

Twin price: $4,325-$5,325 per person & Single Price $7,515-$9,520 per person.

---

**7 Night Galapagos Islands Cruise & Three Nights in Quito, Ecuador**

*Group Tours & Travel LLC*

A cruise to The Galapagos Islands is one of the most spectacular cruises in the world. Most people will tell you it was one of the most memorable trips in their life. This spectacular all-inclusive 7 Night cruise includes 13 different stops in the Galapagos Islands. In addition to our cruise are visits to many other interesting places we visit in the capitol city of Quito, Ecuador. This amazing trip includes so many perks once we arrive in Ecuador. Highlights include: non-stop, roundtrip air from JFK to Quito, all meals, (except dinner on day one), two-night pre-cruise and one-night post-cruise hotel accommodations at the JW Marriott, luggage service, full day guided tour of historical Quito, including a visit to the Equator Line at the Middle of the World Park and Museum, roundtrip flight service to and from Quito to Baltra, Galapagos, use of the Royal Palm private VIP lounge at the Baltra airport for arrival and departure, including beverages and access to facilities, seven-night Celebrity Xpedition, Galapagos cruise, tour group greeted and led by Celebrity Xpedition Naturalists, transfers to pier and from pier to board Celebrity Xpedition Zodiacs, all taxes and port charges, all gratuities, shopping tour to local craft market upon return to Quito, farewell dinner, meals and beverages while on tour and at the hotel, tour escort and more. A valid passport is required to take this cruise. It must expire at least 6 months after the last day of the tour. We are only accepting check payments for this cruise.

**013-March 15-25, 2019**

Twin price: $7,425-$9,875 per person & Single Price $13,570-$18,475 per person.
Springtime in Charleston & Savannah

Group Tours & Travel LLC

There are few cities in America’s south that offer its visitors more than Charleston and Savannah. Both of these cities contain superb architecture, an abundance of restaurants, many historic attractions and numerous stores. This tour offers a unique blend of attractions along with free time to explore these cities at your own pace. Spring will be in full swing and the bright colors of the flowering plants will be astounding. We will tour magnificent plantations, exceptional gardens, outstanding homes and many other attractions. A visit to the charming town of Beaufort, where Forest Gump and 15 other movies were filmed, is a great addition to our itinerary. A drive on Hilton Head Island is always a pleasure, as is a stroll through its unique Harbor Town. In addition to a luncheon cruise in Savannah we also visit the elegant home of the founder of the Girl Scouts. In Charleston we stand on the site where the first shot in the Civil War was fired and visit Fort Sumter. Also included are carriage rides and riding tours in Charleston and Savannah. Combine all these activities with comfortable accommodations, and many included meals and it’s a tour not to be missed. Other highlights include: nonstop, roundtrip air from Newark Airport, three nights in the Embassy Suites in Charleston, three nights in the Doubletree Hotel in Savannah, manager’s reception each evening in Charleston, carriage rides in Charleston & Savannah, riding tours of Charleston, Savannah, Beaufort & Hilton Head, Magnolia Plantation House & Garden Tour, Audubon Swamp Tour, Boone Hall Plantation riding & house tour, luncheon river cruise in Savannah, Juliette Gordon Low House, free time to sightsee and browse in Charleston & Savannah, six breakfasts, three lunches, two dinners, tour escort and more. This tour requires a little more walking than some other tours.

014-April 25-May 1, 2019

Twin price: $2,995 per person & Single Price $3,850 per person.

Alaska – America’s Last Frontier & Canada’s Yukon

Group Tours & Travel LLC

This is a phenomenal land and sea cruise/tour that features many of the most spectacular parks, towns and areas of interest in the state of Alaska and Canada’s Yukon Territory. We explore Alaska and Canada by cruise ship, motorcoach, boat, train and plane. The beauty of this area is compounded by the unique history associated with the many towns we visit. We view glaciers while we cruise the Inside Passage and on the land portion we view mountains and picturesque valleys in and around the towns of Whitehorse, Dawson City, Fraser, Fairbanks, Denali and Anchorage. Highlights include: round trip air, 11 day Holland America Yukon & Double Denali Cruise/Tour, one night in Vancouver’s four diamond Pan Pacific Hotel, three night Alaskan Inside Passage Cruise on Holland America’s Volendam, Tracy Arm Inlet, Juneau & Skagway, Fraser, Whitehorse & Dawson, Canada, Minto/Klondike Hwy, nonstop flight from Dawson to Fairbanks, train ride From Fairbanks to Anchorage Aboard The McKinley Explorer, two nights in Denali, Denali Tundra Wilderness Tour, Mt. McKinley, train ride from Denali to Anchorage aboard the McKinley Explorer, two nights in Anchorage, all transfers in Alaska & Canada, port taxes, air taxes, tour escort and more.

015-June 18-30, 2019

Price will be available in September.

7 Night Louisville to St. Louis River Cruise on the Ohio, Tennessee & Cumberland Rivers

Pre Cruise in Lexington & Louisville

Group Tours & Travel LLC

Follow in the footsteps of Lewis & Clark and visit the land of Lincoln. This tour includes many places that you have heard about since childhood. We will visit the birthplace of Abraham Lincoln and tour "My Old Kentucky Home," the inspiration of Stephen Foster’s legendary song. Lexington boasts thousands of acres of manicured fields, exquisite horse farms, palatial homes and barns. We tour Lexington’s Keeneland Racetrack and are treated to a tour of The Kentucky Derby Museum and Churchill Downs. Prior to boarding our cruise ship, we also tour the Louisville Slugger Museum. Our seven night river cruise is on The American Duchess, the first all-suite paddle wheeler in the US. This ship’s first cruise was in August of 2017. It is one of the most luxurious river cruising vessels in the country, featuring entertainment venues and soaring ceilings. It combines the best of the old and the new. You can enjoy 5-star cuisine that blends local flavors and fine culinary traditions or go for a more casual atmosphere. This beautiful lady of the river epitomizes the grace and grandeur that has made river cruising a cherished American tradition for more than two centuries. The airfare is included in this price. However, it is only an estimate, an exact price will be available in September 2018. It should only vary slightly. Highlights include: nonstop, roundtrip air from Newark to Louisville and St. Louis, one night pre cruise, accommodations in Embassy Suites in Lexington, Kentucky & one night pre cruise in The Brown Hotel Louisville, Ports of Call: Louisville, Brandenburg, Owensboro, Paducah, Cape Girardeau, MO; Chester, IL; River Cruising; St. Louis, MO , port charges & taxes, on board gratuities, riding tour of Louisville, riding tour of St. Louis, St. Louis Arch & The Museum of Westward Expansion, Union Station in St. Louis, tour escort and more.

019-July 27-August 5, 2019

Twin price: $4,050-$5,950 per person & Single Price $6,325-$10,125 per person.

Price will be confirmed in September.
Computer Literacy

On the following pages, you will find the RCS computer course offerings. Please adhere to the suggested levels and check the pre-requisites before registering for a course. Operating systems are Macintosh OS 10 and Windows.

Information about Level I Computer Classes: Level I includes basic courses for students who are novice computer users. Both PC courses (for IBM compatible computers) and Macintosh classes are offered. After completion of a Level I course, you may study word-processing, spreadsheets, the Internet, etc. which are offered in Level II.

Intro. to Personal Computing and Windows 10
Tomohiro Kubo
This is a beginning course for the first time computer user/owner. If you have just purchased a PC or laptop or just started using one, chances are you have the new Windows 10 platform on your machine. This course will show you everything you will need to know about using your new computer to its fullest capacity. The course will focus on learning to use the mouse, logging on and off of your computer, how to size windows, how to create files and folders, how to explore directories and programs, how to utilize Windows system accessories and generally navigate through Windows. This course will provide you with the essential skills to move on to other courses.

Facebook 201 - Fine Tune Your Facebook
Neil Valere
Now that you have learned the basics of Facebook, this follow-up class will help you fine tune your Facebook experience. Learn how to tailor FB with your privacy and security settings, customize your profile page, create, edit, and invite friends to your groups, send private messages, send money and much more. Facebook is always evolving to make your experience safe and fun, so come out and learn what new things FB has to offer.

Intro to MS Office
Jason Porod
This course will give you an introduction to the programs included in MS Office - Word, Excel and Power Point. One night will be spent on each program, with homework in between classes to try out what you have learned. This class will give you a good idea of the basic functions of each program and what you might be able to use them for.

All Things Google
Ann Brown
Join us for an exploration of the free tools that Google has to offer. Become a better "Googler" as we learn tips and tricks for searching the web. Discover the power of Gmail and Calendar for staying organized. Learn how to access and use Google Apps - a suite of productivity tools for word processing, slide presentations, spreadsheets and more. This is a "hands on" course for beginners, so chromebooks will be available or you can bring your own laptop or chromebook. All participants must have a Google email account set up before the first class to fully experience the class. Go to google.com/gmail and click on "create account."

Using the Internet
Tomohiro Kubo
This class will focus on security and safe practices while using the internet. Topics will include: antivirus/anti-malware use, internet browser safety tips, internet browser extensions and add-ons (ads/ad blockers and malware extensions), types of harmful programs and files that can infect your computer, account passwords and safeguarding and home router/wifi security.

It is HIGHLY recommended that all students in computer classes have access to a computer in their home or office to practice what they have learned and reinforce the skills and concepts.
**Are You LinkedIn?**

Fran Kelley

LinkedIn has become the #1 recruiting site online. Even if you are not looking for a new job, your career will benefit from a strong LinkedIn profile. It can serve as passive advertising for you. You might be surprised at the opportunities that can come to you through LinkedIn. If you are looking for a job, LinkedIn can be leveraged to network with friends and colleagues and attract the attention of recruiters who use it (in some case, exclusively) to identify talent. So, if you don’t have a LinkedIn profile, or have one, but don’t really use it, this class is perfect for you. Fee includes a step-by-step guide to creating an optimized LinkedIn profile. We will go live online to the site during this class.

$50

102-Wed, Oct 24

RHS

One Session

---

**Selling on eBay**

Rick Feingold

Millions of people earn a part-time or full-time income on EBay and you could, too. Learn from an EBay PowerSeller how to sell successfully—from start to finish. Topics include: How EBay works, safe trading, registering on EBay, selecting items to sell, learning the value of your items, pricing your merchandise, writing a description, photos, using a PayPal account to process payments, shipping your goods, EBay and PayPal fees, collecting payment, delivery confirmation, handling feedback, and more. This class is lecture/demo format.

$60

154-Wed, Oct 18

7-9 pm

RHS

3 Sessions

Starts Oct 24

---

**Photoshop Workshop**

Chuck Solomon

This workshop is an introduction to the Adobe Photoshop family of applications including Bridge, Adobe Camera Raw and Photoshop itself. We will also look at Lightroom which is Adobe’s latest image enhancement application. The class will consist of three consecutive sessions where students are encouraged to bring in some of their own images to correct and enhance in addition to the images provided by the instructor. Topics will include a brief history of Photoshop, the ethical use of Photoshop, how to work with Jpegs and Raw files, editing, keywords, cropping, layers, opacity, white balance, black and white conversions, hue and saturation, sharpening, preparation for print and saving files in various formats. Students will work with Photoshop 6 on individual PC’s in one of the computer labs.

$60

---

**Grammar Lion: A Grammar Refresher ***ONLINE COURSE*****

Ellen Feld


Questions? Contact the instructor directly: ellen@grammar-lion.com.

Two options, same course content:

716-Go at your own pace to complete your course in 4 to 12 weeks. Tuition: $150

718-Get in the fast lane to complete your course in 14 days! Tuition: $89

---

**Careers & The Workplace**

---

**See page 31 & 32 for classes that can help to improve your writing & grammar.**

---

**See page 22 for Maker Space classes on 3D Printers and Ardunio.**
Recruiters and hiring managers.

and to communicate your value to your resume for maximum effectiveness.

e-notes that are needed to accompany walk you through several job search who will critique your final draft. We will a certified professional resume writer latest job search trends. You will work with update your resume incorporating the offer you the opportunity to develop or components and more. This class will resume needs to address all of these.

What is a job seeker to do? Today's new job search includes key words, search engine optimization (SEO), and applicant tracking systems (ATS).

Fran Kelley & Cover Letter

Rescue Your Resume

Fran Kelley

Today’s new job search includes key words, search engine optimization (SEO), and applicant tracking systems (ATS).

What is a job seeker to do? Today’s resume needs to address all of these components and more. This class will offer you the opportunity to develop or update your resume incorporating the latest job search trends. You will work with a certified professional resume writer who will critique your final draft. We will walk you through several job search e-notes that are needed to accompany your resume for maximum effectiveness and to communicate your value to recruiters and hiring managers.

$100

115-Wed 7:30-9:30 pm
RHS  Rm 226
2 Sessions  Oct 10 & 17

Networking 101 – How to Talk to Anyone, Anytime, Any Place

Tara Geraghty

Voted most talkative of her senior class, it is no wonder that Tara learned to become a master networker at such a young age. Moving seven times in the first six years of her business, across three states, Tara had to learn how to embrace the concept, “Grow Where You Are Planted.” Tara doesn’t believe in networking but in building relationships, making others feel important, and the power of go-give. This workshop-style class will include a lecture and also time to practice what you have learned. There will be time to network at the end of class. Bring a notebook and some business cards.

$30

105-Tues, Oct 23 7-9 pm
RHS  Rm 205

One Session

Careers & The Workplace

Ace the Interview: Preparation & Practice

Fran Kelley

If you haven’t interviewed in a while, you will be surprised to learn how much interviews have changed. This class will prepare you for what to expect. Topics covered include: behavioral interview questions, body language, eye contact, elevator speech, and individual/panel interviews. As an added bonus, we will cover telephone screening interviews – the most common way interviews start today. In the second session, we will practice answering behavioral interview questions based on what you have learned. These are the most common kinds of questions you will encounter.

You will get constructive feedback from the instructor and other participants. It is better to learn in a “safe” environment than when you are on a live interview. Follow our guidance and you will increase your ability to ace the interview and land the job!

$60

107-Wed 7:30-9:30 pm
RHS  Rm 226
2 Sessions  Nov 7 & 14

Careers in Home Staging

Mary Fitzgerald

Did you know that Entrepreneur Magazine said that home staging is one of the best businesses to get into? This introductory course serves as an in-depth overview of the opportunities facing the Home Staging Industry and how the APSD home stager can play a vital role in its growth. You will also learn some “Hands-on” strategies to try staging on your own, to see if this is a career or business that you would like to explore in more detail.

$50

119-Mon 7-9 pm
BFMS  Cafeteria
2 Sessions  Oct 22 & 29

Home Staging 2… The Next Step

Mary Fitzgerald

Did you love the Careers in Home Staging class? Are you ready to jump into the world with your new-found knowledge and creativity? In this class we expand upon everything you learned in the first class and help you take the next step into the actual world of home staging. Discover the difference between decorating and staging, get lots of “hands-on” practice creating “scenes” and learn how to arrange furniture to sell a house. Most importantly, master our proprietary Home Staging Consultation so that you can implement it right away and “make money on Monday!” If you loved what you learned and accomplished in CIHS, imagine how clever and confident you will feel after 3 more nights of staging fun. Is this a great class for realtors who want to get into the marketplace. It is not necessary to have taken the CIHS previously, but if you take both classes this semester, you can take $25 off of the tuition for this course. $397

109-Mon 7-9 pm
BFMS  Cafeteria
3 Sessions  Starts Nov 12

Mary Fitzgerald

The Next Step
Voice Overs…Now is YOUR Time
Such a Voice, James Seawood
In what could be one of the most enlightening 2 hours you’ve ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, videos and more! Most people go about it the wrong way. In this class, you will learn about a unique, outside-the-box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you’ve been looking for! $42
104-Thurs, Oct 25
7-9 pm
RHS
Rm 232
One Session

Writing for Profit
MT Schwartzman
There is nothing more thrilling for a writer than pitching an idea, placing the story and getting a check. In this course, you will learn techniques that are proven to work, whether your goal is writing for print media or selling stories on the internet. Classes will cover how to come up with original ideas based on personal experience or professional expertise, how to find the right outlet for your story and how to write an effective story proposal. $75
117-Thurs
7-9 pm
RHS
Rm 234
5 Sessions
Starts Oct 4

Watercolor for Beginners
Thomas P. Valenti
Beginner watercolor simplified – a course for people of all ages. If you have never even held a brush, this is the course for you. All the mysteries and misconceptions of watercolor painting will be revealed and explained. Students will be guided through the course and will learn everything they need to know in order to produce beautiful paintings. The first evening is devoted to a discussion of materials and how to fit them into the individual student’s budget. Supplies will be discussed at first class.
$130
220-Wed
7-9 pm
RHS
Rm 138
9 Sessions
Starts Oct 3

Watercolor for Beginners II
Thomas P. Valenti
This course is designed for anyone with a reasonably good understanding of how to handle watercolor techniques. While “Watercolor for Beginners” focused primarily on learning technique, level II will concentrate on using the medium to create effects from morning mist to evening dusk; the way color changes take place from one season to another; and painting three-dimensional objects. Discussions and demonstrations provide the student with unlimited information. Four colors will be added to the seven-color palette used in “Watercolor for Beginners.” Supply list available. $130
221-Tues
7-9 pm
RHS
Rm 198
9 Sessions
Starts Oct 2

Independent Watercolor Study
Thomas P. Valenti
This course offers students the opportunity to develop watercolors from their own personal source of reference. There are no limitations set regarding subject, style or manner of work chosen. Each student should have a minimum of 4 to 6 ideas from which to work. The instructor will assist each student in choosing the piece of reference best suited to translate into watercolor. It is recommended that reference materials are high quality, color photos with good resolution. Students wishing to work in black and white can do so as well. Subject content should be simple and not overindulgent with detail. Newspaper clippings are not desirable. This class is meant for students with a reasonable degree of proficiency in all watercolor techniques. Supply list available. $150
201-Thurs
7-9 pm
RHS
Rm 194
9 Sessions
Starts Oct 4

Watercolor Painting-All Levels
Joel Popadics
Paint in a traditional, realistic way in this watercolor class for artists of all levels. Students will learn how to paint landscapes, seascapes, marine and still life using a transparent approach to watercolor. A brief demonstration will be given during each session. Topics will vary from tricky techniques to universal painting concepts. The balance of time will be spent on individual instruction. Supply list available.
$180
219-Thurs
2-5 pm
Ridgewood Art Inst.
East Studio
9 Sessions
Starts Oct 4

Supply lists will be sent upon request (via email or fax) or they can be picked up at the RCS office.
## Creative Arts

### Painting in Oils or Acrylics
**Anne Winner**
Techniques of traditional painting are explored, in either oil or acrylic medium. Beginning and experienced painters are welcome. Students will be encouraged to develop their own style and “voice” through their choice of subject matter. The formal elements of painting such as color theory and structure are introduced. This is not a “demonstration and copy” class, but one that encourages individual exploration of the painting process. Supply list available.

- **208-Tues** 12:30-2:30 pm
- **206-Tues** 3-5 pm
- **Unitarian Society Fellowship Rm**
- **9 Sessions** Starts Oct 2

$130

### Painting Pet Portraits
**Eric Alexander Santoli**
In this class, students will learn the best techniques and methods to paint realistic pet portraits. Students have a choice to use watercolor and/or acrylic paint as their medium. All skill levels of students are welcome to come, from beginner to advanced. Please don’t bring your pet to the class. Students will use photographs of their pets for inspiration. Students are encouraged to paint any and all pets: dogs, cats, birds, reptiles, pigs and anything else! Painting a pet portrait is a great way to capture a special pet in your life and it makes a wonderful gift! A list of required supplies will be available upon registration. Bring your favorite photo of your pet to class

- **217-Thurs** 7-9 pm
- **RHS Rm 198**
- **3 Sessions** Starts Oct 18

$60

### Basic Photography (with a bonus)
**Vincent Marchese**
This course is designed for the beginner as well as someone with a little experience who would like a refresher. The course will cover all the basics of good picture taking, including but not limited to F Stops and depth of field, shutter speeds and motion, composition and exposure. Smart Phone photography will be briefly touched on as well. Attention will be given to each individual student with weekly critiques of assignments from topics as diverse as landscapes, portraits, children, architecture, abstracts, etc. in both color and black and white. Students will be encouraged to compile their best work into a portfolio. Students will have the opportunity to display their photographs in a group show featured at the Paterson Museum, complete with a reception for invited guests. One class will be a photo shoot at Ringwood State Park, which will be scheduled on a mutually convenient Saturday or Sunday afternoon. It is highly recommended that students purchase the textbook (John Hedgecoe’s *New Introductory Photography Course*; ISBN 1-85732-836-1) which can be purchased online through Amazon or E-Bay. You can contact the instructor with any questions at 201-414-1397 or e-mail him at vtmarchese@earthlink.net.

- **211-Thurs** 6:45-8:15 pm
- **RHS** Rm 214
- **8 Sessions** Starts Oct 4

$95

### Digital Photography
**Chuck Solomon**
“Which of my photographs is my favorite? The one I’m going to take tomorrow,” Imogene Cunningham. This course is designed for the beginner to intermediate student who wants to learn how to use their digital cameras to take better pictures and understand how their camera works. Participants will learn how to take their cameras out of the automatic mode and creatively choose shutter speeds, f-stops and ISO. We will learn how to get the images off the digital card and onto a computer and even take a look at post processing in Photoshop. Attention will be paid to the different types of digital cameras including DSLR’s and mirrorless cameras. Students will learn the rule of thirds, selective focus, depth of field, leading lines and shooting jpegs and raw. Proper lens choice for various scenarios will also be discussed. Students will learn how to properly use flash and various portrait lighting techniques. We will also take a look at some of the work of famous photographers whose images made a difference. There will be five classroom sessions and one field trip which will take place on a mutually agreeable Saturday morning. Students will get a chance to show their work from the field trip and also from an independent project which will be discussed in class.

- **212-Tues** 7-8:30 pm
- **RHS** Rm 215
- **5 Sessions plus field trip** Starts Oct 16

$95

*Students attending photography classes should be at least 16 years of age.*
**Beginner/Intermediate Drawing**  
*Rina Goldhagen*  
If you have always wanted to learn how to draw, but have been frustrated with it in the past, we urge you to try this class. If your drawing skills are good but you don’t know how to take it to the next level, take this class. It is a real “how to” class that will give you the right foundation for successful drawing and will challenge you to achieve more than you thought was possible. Students will learn basic drawing techniques chosen to train their perceptions and enhance their hand-eye coordination. They will learn how to compose a drawing, identify the range of values in the objects they draw, use shading to give their subjects volume, observe and draw “negative space” and much more. Planned projects include two still life arrangements and a hand portrait. Students will pay a materials fee of $30 to the instructor at the first class for art supplies.  

**Photo Tour at Hopper-Goetschius Harvest Festival**  
*Chuck Solomon*  
The class will meet in the parking lot of the Hopper-Goetschius House at noon on October 20, 2018 (rain date October 21st) during their Harvest Festival. The instructor will go over some basic camera and photography skills including composition, exposure and selective focus before we start the tour. We will then walk to the Harvest Festival at the Hopper-Goetschius House and Museum. There are many interesting artifacts and several buildings to photograph. On this special day there will be a working blacksmith, lace making and weaving demonstrations as well as other demonstrations and activities. Individual and group photography instruction will be offered. We will even have a short lesson in shooting portraits. Upon the conclusion of our photo tour of the museum participants will have the option of following the instructor to the historic Old Stone Church which is about one mile away to further hone their photography skills. Upon conclusion of the tour, students are asked to edit their photos to about a dozen and we will project and critique on October 25th, at 7-8:30 pm. Space is limited. The instructor will email students prior to the tour with details. (There is a suggested additional donation of $3 at the Museum.)  

**Let’s Talk Turkey**  
*Joseph Scillieri*  
Come prepared to fully participate in the preparation of a traditional Thanksgiving Dinner. Our feast will consist of turkey breast, homemade stuffing with rice and sausage, candied sweet potatoes, homemade mashed potatoes and broccoli and cheese casserole. Our meal will be completed with Chocolate Cream Pie, Lemon Meringue Pie and Coconut Cream Pie. A food fee of $35 is paid to the instructor at class  

**Comedy Improvisation**  
*Alex Ishkanian*  
Spring into Spring in a fun way - by exploring the wonderful world of comedy improvisation. This class is designed for people who are just starting out as well as those who are seasoned pros. If you are a fan of the old TV show “Whose Line is it Anyway?”, or if people say you are funny… or not, this class is made for you! You’ll learn to take an audience suggestion and turn it into a comedic sketch on the spot. Spontaneity, team work, creativity, and comedic characterizations are just a few of the benefits of improvisation. And most of all, the fun factor in this class is off the charts!  

**Soup and Quiches**  
*Joseph Scillieri*  
Come join us for an evening of delicious and easy cuisine. There is nothing more comforting on a chilly night than homemade soup and mouth-watering quiche. You will fully participate in the preparation of Italian Wedding Soup, Asparagus and Bacon Quiche, Spinach Quiche, and Artichoke Quiche. Your taste buds will be the judge as you sample and enjoy everything we prepared. Suggestion: Do not eat prior to class. Please bring containers for leftovers. A food fee of $25 is paid to the instructor at class.
**Culinary Arts**

**Sheet Pan Meals**

*Kim Hendrickson*

Need ideas for easy meals? Do you want to cut down on meal clean up by using only one pan to cook your entire meal? This is the class for you. In two nights, we will prepare eight different meals to add to your cooking repertoire. All it takes is a little timing and strategy and Kim will show you how. Don’t eat dinner before you come. Join us if these sound interesting to prepare and eat: Shrimp Scampi/Parmesan Bread/Roasted Zucchini or Balsamic Chicken with Roasted Potatoes, Onions, Tomato &Herbs, and more. Please bring to class: an apron, a paring knife and containers to use to take food home. Tuition includes food fee of $30.

2 Sessions  Oct 10 & 11
RHS  7-10 pm
2 Sessions  Nov 14 & 15

**Butter Kuchen (European Butter Cake)**

*Kim Hendrickson*

This yeast based coffee cake is not seen much in bakeries today, but it was Kim’s favorite to make when she worked in a bakery. The dough is a simple preparation and the chunks of butter dropped into the “finger dented holes” on the top make this cake rich and flavorful. The crunchy sugar topping only adds to the heavenly experience. Kim will demo making this cake. Then each student will make their own Butter Kuchen to take home.

Please bring to class: an apron, and a container to take your 9-10" round coffee cake home. Tuition includes food fee of $12

256-Wed & Thurs  7-10 pm
RHS  2 Sessions  Oct 3

**Large Crowd & Small Bite Hors d’Oeuvres with all NEW Recipes**

*Kim Hendrickson*

This class is timed to prepare you for your holiday entertaining. Two nights of instruction will give you eight different recipes to serve to your family or guests. On the first night we will prepare large yield, dramatic presentation dishes that can be placed on a buffet table to dazzle and be grand hors d’oeuvres to sample. Then, on the second night we will do the opposite. We will make an assortment of small bite hors d’oeuvres to create a varied platter to offer your guests while they sip their drinks. Some of the recipes to be prepared include: Multi-flavored Brie 3 Tier, Scandinavian Salmon Herbed Cream 8 Layer Cake, Rose Beef Canapes and more. Please bring to class: an apron, a paring knife and containers to use to take food home. Tuition includes food fee of $35.

259-Wed & Thurs  7-10 pm
RHS  2 Sessions  Oct 17 & 18

**Truffles & Toffee – The Ultimate Chocolate for Eating or Giving NEW FLAVORS!**

*Kim Hendrickson*

A proper truffle is a creamy ganache center coated with a thin but strong shell of tempered chocolate, left plain or covered in nuts, sugar or some internal flavor identifier. Toffee is semi-hard candy coated in chocolate & nuts. Kim will explain how chocolate is tempered, demonstrate the variety of ways to coat chilled piped ganache, plus make basic toffee. Then for the balance of the first night, a variety of ganache centers will be made: Raspberry Ganache, Mint Chocolate, and Passionfruit Ganache. A few of the centers we will mold, chill and coat the second night. We will also be coating our toffee. Be prepared to take at least 5 pounds of hand crafted chocolates home for future parties or gift giving. These truffles will hold through the holidays if stored properly. Please wear clothes you don’t mind getting chocolate on! Please bring to class: an apron, and a number of containers to use to take truffles home. Tuition includes food fee of $40.

261-Wed & Thurs  7-10 pm
RHS  2 Sessions  Oct 24 & 25

**Donuts, Glorious Donuts**

*Kim Hendrickson*

We all love eating donuts but either don’t want to bother making them or don’t know how. In this two night class, Kim will walk the class thru the basics, then each team will make 4 different fried ring donuts the first night and then devote the second night to preparing dough for filled fried doughnuts. Plan to eat a fried ring donuts the first night and then devote the second night to preparing dough for filled fried doughnuts. Plan to eat a lot and take a bunch home. Please bring to class: an apron, and large containers to use to take food home. Tuition includes food fee of $24.

266-Wed & Thurs  7-10 pm
RHS  2 Sessions  Oct 10 & 11

**Students attending Kim Hendrickson’s classes should be at least 18 years of age.**
Culinary Arts

Upside Down Cake - Simple and Delicious
Kim Hendrickson
This popular cake is basically easy to make, except two common problems always get in the way of complete enjoyment. Either the cake is too dry or the fruit topping is gummy. Kim will discuss these issues while demo-ing a cake, then everyone will make their own cake by the conclusion of the evening. Please bring to class: an apron and containers to use to take food home. Tuition includes food fee of $12.  
262 - Wed, Nov 7  
RHS  
7-10 pm  
$52

French Macarons Demystified
Kim Hendrickson
This delicate almond meringue is very expensive, but also very easy to make, once you know a few tricks. A demonstration of how these are made and baked plus a discussion and prep of a few filling options will complete the first night. On night two, everyone will be making their own macarons using the fillings from the night before. Please bring to class: an apron and containers to use to take food home. Tuition includes food fee of $20.  
263-Wed & Thurs  
7-10 pm  
RHS  
2 Sessions  
Rm 148  
Nov 28 & 29  
$70

Dance & Movement

Beginner Level Swing Dance
Lestat
Also known as the East Coast Swing, Jitterbug and Jive, this is the most famous American dance. Both triple and single rhythms will be taught. Couples only.  
$150/couple  
310-Tues  
7-8 pm  
Travell Sch  
Multi-Purpose Rm  
Starts Oct 2  
8 Sessions

Country/Western Partner Dancing
Lestat
This 8-week course will cover some of the following dances: Texas Two-Step, Country Swing, Cajun Waltz, ChaCha, and Texas-Style Polka. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. No line dances will be taught. Couples only.  
$150/couple  
312-Tues  
8-9 pm  
Travell Sch  
Multi-Purpose Rm  
Starts Oct 2  
8 Sessions

Ballroom Social Dancing
Lestat
This eight-week course will cover some of the following dances: Hustle (Disco), Foxtrot, Waltz, Tango and Swing. By the end of the course, you will have the confidence to join your friends on the dance floor. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. Couples only.  
$150/couple  
307-Wed  
8-9 pm  
Travell Sch  
Multi-Purpose Rm  
Starts Oct 3  
8 Sessions

Ballroom Latin Dancing
Lestat
This eight-week course will cover some of the following dances: Samba, Mambo/Salsa, Rumba, Cha Cha and Merengue. Dances covered are at the discretion of the instructor and depend on the interest and ability of the class. Couples only.  
$150/couple  
306-Wed  
7-8 pm  
Travell Sch  
Multi-Purpose Rm  
Starts Oct 3  
8 Sessions

Adult Ballet
AOM Faculty
This ten week course will include an introduction to classical ballet technique. The hour-long class will begin at the barre and move to center floor exercises and across the floor work. Emphasis will be placed on proper alignment, fundamentals of technique and musicality. Ballet slippers are required and dance attire is preferred.  
$160  
317-Fri  
12:15-1:30 pm  
10 Sessions  
Starts Oct 5  
For the True Beginner/Fundamentals of Ballet  
320-Wed  
10-11:30 am  
10 Sessions  
Starts Oct 3  
For Intermediate/Advanced  
321-Fri  
10-11:30 am  
10 Sessions  
Starts Oct 5  
Art of Motion Studio, 17 Chestnut Street, Ridgewood  
For Intermediate/Advanced

Rhythm in Motion-Jazz/Tap Dance
Lynn Needle & AOM Faculty
Tap dance is an indigenous American art form. This hour long tap class will include a center floor warm-up, across the floor rhythmic patterns and dance phrases. Each week will culminate with a short dance focusing on tap technique and understanding great Broadway composers such as Irving Berlin, Cole Porter, rag-time music and Broadway favorites. Tap shoes required.  
$160  
304-Thurs, for Beg/Inter. Students  
10-11:30 am  
10 Sessions  
Starts Oct 4  
Art of Motion Studio, 17 Chestnut Street, Ridgewood  
For Intermediate/Advanced

Register in 2 minutes using your Visa or Mastercard  
(201) 670-2777 https://register.communitypass.net
DANCE & MOVEMENT

Pilates, Yoga & Floor Barre
Lynn Needle & AOM Faculty
These classes incorporate Eastern and Western philosophies to work the body in its entirety. Yoga, (eastern) integrates asanas, proper alignment, mental focus, breathing and flexibility as well as learning to stabilize and strengthen muscle groups. Western disciplines, such as Pilates and floor barre exercises seek to maximize understanding, endurance and toning of the body. Mat work designed by Joseph Pilates at the turn of the century emphasizes principles of opposition, lengthening of muscle groups and isolation of body parts. Classes vary from mat classes to ball class, which includes center floor work on a large Pilates stability ball. Therabands and yoga bricks are used as teaching tools. Mat work is eventually taught at the ballet barre and developed into standing work. Floor barre exercises include simple plies, leg extensions, hip and abdominal isolations as well as a back strengthening series. Classes focus on strengthening the body as an instrument. Please bring a yoga mat and wear comfortable clothing. Some classes may feature guest faculty from AOM and NYC. $160

<table>
<thead>
<tr>
<th>For All Levels/General</th>
<th>Fusion-Ball/Prop</th>
<th>Modern Adult</th>
</tr>
</thead>
<tbody>
<tr>
<td>303-Mon</td>
<td>9-10 am</td>
<td>324-Tues</td>
</tr>
<tr>
<td>10 Sessions</td>
<td>Starts Oct 1</td>
<td>10 Sessions</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Starts Oct 2</td>
</tr>
</tbody>
</table>

Cardio/Barre - All Levels

<table>
<thead>
<tr>
<th>Fusion-Ball/Pilates Core</th>
<th>Restorative Yoga/Meditation</th>
</tr>
</thead>
<tbody>
<tr>
<td>301-Fri</td>
<td>318-Thurs</td>
</tr>
<tr>
<td>9-10 am</td>
<td>9-10 am</td>
</tr>
<tr>
<td>Starts Oct 5</td>
<td>Starts Oct 4</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Modern Adult</th>
</tr>
</thead>
<tbody>
<tr>
<td>302-Mon</td>
</tr>
<tr>
<td>6:30-7:30 pm</td>
</tr>
<tr>
<td>Starts Oct 1</td>
</tr>
</tbody>
</table>

$160

Classes meet at Art of Motion Dance Studio, 17 Chestnut Street, Ridgewood.

English-American Historical Social Dancing (17th-19th Century)
Steve Tichenor & Janice Wolk
Join us to learn and practice some of the dances that were popular from the Playford era to the Victorian era in Europe and America. Have fun dancing some of the Regency era dances seen in movies made from the famous Jane Austen books. All skill levels welcome. The instruction is informal because the more experienced dancers will work along with the less experienced ones. No costume or wardrobe required for these practice sessions. Upon registration, you will be given a comprehensive calendar for the year and you will be placed on an email list that will keep you informed on any changes or updates. Cancellations could occur due to out-of-town re-enactments involving some of the members and other school closings. There are usually no makeup sessions. The fee is for the school year. $50

300-Fridays - Starting Oct 5
Somerville Sch
Ongoing

FINANCE, INVESTMENTS and THE LAW

How to Buy a Car at Dealer Cost
Rick Feingold
Stop being hassled when you shop for a car. Learn about hidden incentives such as factory-to-dealer rebates and holdbacks that enable dealers to sell their vehicles at dealer invoice or less. Savvy consumers use the internet to force dealers to bid for their business when buying a car—you can, too. We will discuss how to find sources of FREE info on dealer invoice costs, how to make an offer, negotiating by telephone and the internet, selling/trading in your present car, and controlling the negotiations. Included is how to locate professional buying services to represent you at the bargaining table. $35

370-Thurs, Oct 25
RHS
One Session
IRA’s – How to Distribute Your Money and Avoid the 50% Tax Penalties
Amy Harrison
The IRA distribution law has changed. This revised course teaches anyone who has an IRA, 401(k), 403(b), TSA or qualified pension plan what MUST be done to plan for its distribution. If things are set up improperly, it can cost you needless and expensive taxes. You will learn everything you need to know in order to make an informed decision. You will learn how to optimize your distribution and how to minimize income and estate taxes. We will also discuss beneficiaries, spousal IRA rules and whether you should take advantage of the new Roth IRAs. You will learn how to make your IRA last a lifetime – or find out if it is more advantageous for you to move your money out quickly. If you are contemplating retirement or are retired – this course is for you! $30
364-Wed, Oct 24 7-8:30 pm
RHS Rm 208
One Session

Medicare Made Clear
Harris R. Reinstein, MBA, CLU, ChFC, AEP
Are you turning 65? Are you leaving your employer after age 65? Have you just moved to the area? You may be wondering about your medicare health insurance. If so, this course if for you. We will discuss how medicare works, how you get medicare, and what it costs. You will learn about parts A, B, C and D for New Jersey. You will also learn what is not covered. We will discuss when you can sign up and when you can change plans. You will leave with all this information accompanied by printed information from the government with phone numbers to call and websites to visit for more information included. $30
352-Wed, Nov 7 7-9 pm
RHS Rm 234
One Session

Trusts and Gifting
Marise Helmy, Michael Manna & Associates
New Jersey is the number one most expensive state in which to die. It has the highest death taxes of any state in the country. New York runs a close second. Coincidentally, there is a huge opportunity to save New Jersey and New York estate taxes, in the right situation, by making gifts. This course is designed to help individuals understand how they can properly make gifts in order to save significant taxes. $30 per family
353-Wed, Oct 24 7:30-9 pm
RHS Rm 206
One Session

Little-Known Secrets of Paying for College
Hugo X. Carvajal, The College Funding Coach
This workshop will instruct parents on navigating the often confusing and anxiety producing prospect of paying for college. During the workshop, we take families through three distinct parts of the college funding process: why and how to create a funding plan, qualifying for need based aid and the process and ideas for how to manage the costs and create liquidity for those who will not qualify for financial aid. $20 per family
363-Tues, Oct 23 7-9 pm
RHS Rm 208
One Session

Travel Deals & Bargains
Rick Feingold
Smart travelers use money saving strategies to travel the world for free and sleep cheap. This seminar will teach you how to use simple techniques to get free airline tickets and low cost lodging accommodations. Learn about little known airline special offers and how to get bumped for future free airline tickets. Take advantage of lodging options such as apartment rentals, campus lodging, staying in monasteries or home exchanges. Sleep cheap in top-grade hotels by using Priceline or Hotwire. Get paid to travel by taking photos and writing about your vacation. $35
362-Thurs, Nov 1 7-9 pm
RHS Rm 212
One Session

Creating a Social Security, Medicare and Long Term Care Strategy
Amy Harrison, CFP
Social Security reaches almost every family and, at some point, will touch the lives of nearly all Americans. Knowing the facts about Social Security, Medicare and long term care planning is a prerequisite for making informed decisions that will fit into your overall retirement strategy. Topics covered will include: How much of your current income might Social Security replace? When should you begin taking benefits? How can working during retirement affect your benefits? Will you be taxed on your benefits and, if so, how much? What does Medicare cover? Do I need a Medigap policy and why? What are the local long-term care costs and how can I protect my spouse if I need long-term care? There will be time for questions. $30 per family
361-Thurs, Nov 1 7-9 pm
RHS Rm 208
One Session

Retirement Boot Camp for Boomers
Amy Harrison, CFP
Are you ready for a retirement that could last over 30 years? This 3-night workshop will help you answer the questions that keep you up at night. Topics will include: How do I create an income stream once I no longer have a paycheck? Can I even retire or do I have to work part-time? Do I understand my current investments, including my 401(k)/403(b) and are they appropriate for my goals?? Do I have the correct amount and type of insurance? What estate planning documents should I have? This seminar will be taught by a CFP, a CPA an Estate Planning lawyer and a psychologist who will also address the emotional aspects of retiring. You will obtain the knowledge needed to address your key areas of concern, how to improve your financial outlook and how to make better financial decisions as you approach and enter your retirement years. Workbooks may be purchased for an additional $20 paid to the instructor at the first class. $50 per family
367-Thurs, Nov 1 7-9 pm
RHS Rm 208
One Session
Finance, Investments and The Law

Estate & Tax Planning

Michael A. Manna

This course is designed to acquaint individuals with the value of a professionally drawn will, the necessity of a financial power of attorney and the key provisions of a living will/medical power of attorney. Seniors are also often totally unaware of taxes that may be due to the state of NJ or the federal government on their death. Most elders believe that estate taxes are being phased out and are of no concern. In many cases this is true - but, few know that New Jersey has an inheritance tax that can be as high as 16% and is NOT being phased out. This tax is imposed on the estates of people who have no spouse or children and leave the money to other family members or friends. The estate tax law now gives most people an opportunity to reduce or eliminate capital gains taxes. Methods to reduce these taxes as well as the pros and cons of gifts and gift taxes will also be discussed.

$30 per family
7:30-9 pm
Rm 213

RHS
One Session

50+

50+

50+

357-Thurs, Nov 15

360-Thurs, Nov 1

307-Thurs, Nov 15

307-Thurs, Nov 1

RHS
RHS

One Session

One Session

Elder Law

Michael A. Manna

Seniors are often without basic legal documents that they need to control their personal and financial lives as well as their medical care. They are also often totally ignorant of various government programs that are available to pay for their home care, prescription drugs, and nursing home care. This course is designed to acquaint individuals with the value of a professionally drawn will, the necessity of a financial power of attorney and the key provisions of a living will/medical power of attorney. Eligibility for medicare, medicaid and managed care programs will be explored in detail. The drastic changes to medicaid rules (particularly the penalties for making gifts, the new five year look back rule, grandfather provisions) brought about by the Deficit Reduction Act of 2005 will be discussed in detail. New Jersey’s excellent prescription drug program (PAAD) for seniors will also be discussed.

$30 per family
7:30-9 pm
Rm 213

RHS
One Session

Handcrafting

Beginner/Intermediate Knitting

Pat Hensley

In this class, you will learn the basic skills to knit just about anything. Topics will include casting on, knit stitch, purl stitch, ribbing, increasing, decreasing and binding off. You will learn how to read a pattern and calculate your gauge. These basic skills will prepare you to start a simple project and you’ll be on your way to a relaxing and enjoyable hobby. A knitting kit is recommended and is available from the instructor at the first class for $25. Enrollment is limited. Intermediates will work at their own pace.

$115
7-9 pm
Rm 139
8 Sessions

426-Wed
RHS

Intermediate/Advanced Knitting

Pat Hensley

Are you ready to start a sweater, a pair of socks, or any other intimidating project? Bring your pattern and supplies and get help with the tricky bits. Our instructor will explain the parts you need clarified, help you correct any mistakes you might make and discuss advanced knitting concepts as time permits. You can also just enjoy knitting individually alongside other progressing knitters.

$115
7-9 pm
Library
8 Sessions

428-Mon
BFMS

Intermediate Knitting Workshop

Michelle Kupfer

This workshop is for those knitters who already know the basics like how to cast on, knit and purl. Students will have the opportunity to work independently on their knitting projects, guided by the instructor, and with moral support from the fellow knitters. Bring a project of your choice. Enrollment is limited.

$130
11:30 am-1 pm
2nd Floor Conference Rm
9 Sessions

430-Tues
Ed Center

(Due to space constraints, participants in classes held at the Education Center are asked to park in the metered lot.)
Creating Fine Silver Jewelry for Beginners

Terry Kovalcik

This beginner’s workshop will explore the seemingly endless possibilities of creating silver jewelry with Precious Metal Clay. It will introduce you to the different types of PMC (lump, sheet and paste) in an easy step-by-step format. Topics covered will include: working with the clay, creating forms, carving, molding, texturing, firing, oxidizing, and polishing. Participants will explore these techniques with an eye toward finding their own voice and style through a choice of projects - pendants, hollow forms, decorative beads, constructed forms and earrings. PMC is a unique jewelry making material. This user-friendly product is a malleable substance that is composed of fine silver particles in an organic binder. It can be sculpted and manipulated like potter’s clay. After firing in a kiln, all that is left is your unique design in pure (.999) silver. Materials fee* is payable directly to instructor at class.

*Depends on price of silver

Please note: Precious Metal Clay (PMC) is based on the market price of silver which fluctuates daily. Due to the continuing rise in the price of the silver, the price listed here may not accurately reflect the current price of the material. Prices may end up being higher or lower. At the time of this printing, the cost of PMC materials for this class is approximately $92-$100.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>411-Mon</td>
<td>6:30-9:30 pm</td>
<td>BFMS Art Rm</td>
<td>8</td>
</tr>
<tr>
<td>BFMS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>412-Tues</td>
<td>6:30-9:30 pm</td>
<td>RHS Rm 138</td>
<td>8</td>
</tr>
</tbody>
</table>

Crochet for Beginners

Adele Ellis

Never picked up a hook? Come and learn how to crochet - it’s easy and fun. In this class you will learn the basic stitches, how to read a pattern and how to make simple afghans, scarves and granny squares. The Tunisian stitch will also be taught and this requires a special hook, called an Afghan hook. This hook will be available to purchase from the instructor and the cost will be between $3-$10. Please bring a hook in size G or H and a ball of light colored worsted weight yarn to the first class.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>407-Thurs</td>
<td>6-7:30 pm</td>
<td>BFMS Rm 138</td>
<td>9</td>
</tr>
<tr>
<td>RHS</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Crochet is Fun

Adele Ellis

Crochet is everywhere! Come and learn everything you need to know to make a great gift for someone or something special just for you. Learn how to make a chain, new stitches, change yarn colors and much more. The class will include the Tunisian stitch which requires a special hook, called an Afghan hook. This hook will be available to purchase from the instructor ($3-$10). Please bring a hook in size G or H & a ball of light colored yarn. Don’t forget to bring in your project (if you have one) to work on with the guidance of the instructor and encouragement of fellow crocheters. This class is for both beginning and continuing students.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>400-Mon</td>
<td>7-9 pm</td>
<td>BFMS Parent Center/Library</td>
<td>9</td>
</tr>
<tr>
<td>410-Thurs</td>
<td>7:30-9:30 pm</td>
<td>RHS Rm 138</td>
<td>9</td>
</tr>
</tbody>
</table>

Sensational Stained Glass

Patty Vangieri, www.glassgallerynj.com

If you ever wanted to learn the classic and beautiful craft of stained glass but had no idea where to start, this is the class for you. As a beginner, you will learn the fundamentals of laying out a pattern, using tools, cutting glass, foiling and soldering while creating a simple suncatcher. You will then move on to a larger (up to approx. 10”x15”) flat panel project of your choice. Please bring safety glasses and an apron or work shirt to the first class. Additional supplies will be discussed the first night of class. Approximate cost of materials is $95.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>424-Tues</td>
<td>6:30-9:30 pm</td>
<td>RHS Rm 194</td>
<td>9</td>
</tr>
</tbody>
</table>

Stained Glass II

Patty Vangieri, www.glassgallerynj.com

This is an open workshop for those that have already taken Stained Glass I and would like to work independently, but in a group environment. Branch out to new projects such as lamps, a large flat panel, cement stepping stones or 3-D pieces like jewelry boxes and candleholders – the choice is yours! Material fee can range widely, depending on your choice of project and glass selection. Class size is limited.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>425-Wed</td>
<td>6:30-9:30 pm</td>
<td>RHS Rm 194</td>
<td>9</td>
</tr>
</tbody>
</table>

Creating Fine Silver Jewelry – Level Two

Terry Kovalcik

This is an intermediate level fine silver jewelry class. The prerequisite for this workshop is attendance at a prior class in silver metal clay jewelry. If you have attended one of Terry’s introduction to silver jewelry classes or a metal clay class with another instructor, this class is for you. We’ll continue to explore the unique qualities of silver metal clay, while constructing more complicated three-dimensional, hollow form elements. Learn how to combine your silver jewelry with a splash of color to finish your designs—work with UV resin, polymer clay inlays, glass paints, or Aura 22. Each project will be made more complex by combining many of the techniques learned in prior workshops with an aim to help bring your work to the next level.

Please note: Precious Metal Clay (PMC) is based on the market price of silver which fluctuates daily. Due to the fluctuating price of the silver, the price listed here may not accurately reflect the current price of the material. Prices may end up being higher or lower. At the time of this printing, the cost of PMC materials for this class is approximately $96-$110. Aura 22 is an optional cost and also fluctuates with market conditions. All participants are required to pay a $25 bench/kiln fee for consumable materials, firing supplies and colorants, payable directly to the instructor at the start of the session.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>411-Mon</td>
<td>6:30-9:30 pm</td>
<td>RHS Rm 138</td>
<td>8</td>
</tr>
</tbody>
</table>

Handcrafting

You can make great gifts in our handcrafting classes!
**Handcrafting**

**Bobbin Lace Making**
*Mayra Petretti*

Bobbin lace is an old type of handwork. A few simple stitches lay the foundation for the most intricate lace. Even the simplest patterns can be used for clothing, place mats and wall hangings.

Supply cost is $20.

**404-Wed**
9:45-11:45 am

Ed Center 2nd Floor, Conference Rm 2

Sessions starts Oct 3

**The Art of Rubber Stamping**
*Deirdre Mastrangelo*

Come join the fun! You’ll learn to make beautiful, hard-stamped cards using a variety of techniques. No prior craft experience is necessary to enjoy this class. Supply fees are paid to the instructor at the beginning of each class.

Series cost is $65, individual classes are $20 each.

**418-Rubber Stamping Series**

| Cards I | Supply fee $13 |
| Cards II | Supply fee $13 |
| Cards III | Supply fee $13 |
| Cards IV | Supply fee $13 |

All Rubber Stamping classes will meet in RHS, Rm 191 from 7-9 pm.

**Learn to Sew**
*Vivian Burns, www.soyoustudio.com*

In this class, students will learn how to work with a commercial sewing pattern to create a garment or two (depending on your sewing ability and speed) from start to finish. Please bring your sewing machine and a Kwik Sew Pattern for a garment of your choosing. This garment must be for yourself. Fabric choice will be discussed at the first class. Sewing machines will be available for those who do not have one.

**401-Mon**
7-9 pm

BFMS Cafeteria

Sessions starts Oct 29

**Painting Party – Freestyle Painting**
*Britt Sikiric*

Come paint and unwind. Enjoy an evening of creativity and “letting go”. Express yourself through colorful bold paint. Kick back, and go with the flow as you hone in on your own individual creativity. Britt will guide you through simple techniques so you will be able to freely express your artistic side. This is a casual yet slightly structured class to soothe your soul. You can fine-tune the same subject for 3 classes or create a new painting each evening using your own individual interpretation. All art supplies are provided. We will use a 16 x 20 canvas for 3 individual paintings or a 20 x 24 canvas for one painting and acrylic paints.

**415-Wed**
7-9 pm

RHS

3 Sessions

**417-Wed, Dec 5**
7-9 pm

RHS

One Session

**Mexican Sun Paint Party**
*Britt Sikiric*

Come paint and unwind. Enjoy an evening of creativity and “letting go”. Express yourself through colorful bold paint. Kick back, and go with the flow as you hone in on your own individual creativity. Britt will guide you through simple techniques so you will be able to freely express your artistic side. This is a casual yet slightly structured class to soothe your soul. You can fine-tune the same subject for 3 classes or create a new painting each evening using your own individual interpretation. All art supplies are provided. We will use a 16 x 20 canvas for 3 individual paintings or a 20 x 24 canvas for one painting and acrylic paints.

**417-Wed, Dec 5**
7-9 pm

RHS

One Session

( Due to space constraints, participants in classes held at the Education Center are asked to park in the metered lot.)
Do you love to tinker, experiment, build, fix, take apart, investigate, invent, and/or craft? Then the Makerspace is for you! The space will be your workshop, craft room, or lab. It is your home away from home, where you can take classes or come to meet others with similar interests, or those who can help to expand your skill set and collaborate on new and exciting projects! You will have access to all of the machines, tools and technology we offer such as micro-controllers, 3D printers, power tools, woodshop equipment and more! Stand-alone classes will be offered for an additional fee (reduced fee for members) in topics such as: 3D printing, Woodshop Familiarity and Building, Wearable Electronics, Arduino Basics, Drone and Model Airplane Building, and the Repair Café. If you are interested in participating, volunteering or learning more, please contact ridgewoodmakerspace@gmail.com. This program is made possible with a grant from Age Friendly Ridgewood and the support of the Ridgewood Education Foundation. Take advantage of the reduced price while we are grant funded $40 for a regular membership and $20 for seniors. Use of the woodshop requires an additional payment of $10, and students will need to pass a skills test.

Do you have an idea for a new course? Please call us and tell us about it. We love new ideas. You can also send it via email to rcs@ridgewood.k12.nj.us

Create Your Own Natural Skincare
LaShonda Tyree
With over 16 years of experience making natural soaps and cosmetics, La Shonda will teach and guide you on how to make your body products or at least make you more aware of what you are putting on your skin. Take control of what goes on your skin from head to toe. Over the course of three weeks, you will learn the basics of how to make your own soap, lotion, body scrubs, bath fizzes, bath salts, facial masks and bath teas in this hands-on DIY class. We will cover the theory behind each application and then put it into practice making each product from raw natural skin loving ingredients such as coconut oil and shea butter. A $40 material fee is payable to the instructor at the first class.

Candle Making
LaShonda Tyree
With candles being used in 7 out of 10 households, there is no wonder why everyone wants to learn how to make them. In this 2 hour hands on class students will learn to craft custom candles using soy and coconut waxes. Topics covered will include: choosing the correct wick, selecting appropriate candle containers, using colorants, safely making candles, picking the right wax, properly use fragrance, melting and pouring at the correct temperature and sourcing ingredients. A materials fee of $15 is payable to the instructor at class.

Health, Personal Growth & Wellness

Hula-Hooping for Beginners
Marina Bardash
Hula-Hooping is a great way to strengthen, tone, and build your whole body stamina. Working out with the hoola-hoop is unique among all other exercises. It requires concentration in order to keep the hoop in rotation. You simply can’t have your mind elsewhere as you go through the abdominal and aerobic workout. It is aerobic exercise but also relaxation at the same time. The repetitive motion is very soothing to the nervous system. It is a fun workout for the body and the mind. Bring your own hoop or buy a collapsible one from the instructor at the first class for $45.

Do you love to tinker, experiment, build, fix, take apart, investigate, invent, and/or craft? Then the Makerspace is for you! The space will be your workshop, craft room, or lab. It is your home away from home, where you can take classes or come to meet others with similar interests, or those who can help to expand your skill set and collaborate on new and exciting projects! You will have access to all of the machines, tools and technology we offer such as micro-controllers, 3D printers, power tools, woodshop equipment and more! Stand-alone classes will be offered for an additional fee (reduced fee for members) in topics such as: 3D printing, Woodshop Familiarity and Building, Wearable Electronics, Arduino Basics, Drone and Model Airplane Building, and the Repair Café. If you are interested in participating, volunteering or learning more, please contact ridgewoodmakerspace@gmail.com. This program is made possible with a grant from Age Friendly Ridgewood and the support of the Ridgewood Education Foundation. Take advantage of the reduced price while we are grant funded $40 for a regular membership and $20 for seniors. Use of the woodshop requires an additional payment of $10, and students will need to pass a skills test.

Do you have an idea for a new course? Please call us and tell us about it. We love new ideas. You can also send it via email to rcs@ridgewood.k12.nj.us

Create Your Own Natural Skincare
LaShonda Tyree
With over 16 years of experience making natural soaps and cosmetics, La Shonda will teach and guide you on how to make your body products or at least make you more aware of what you are putting on your skin. Take control of what goes on your skin from head to toe. Over the course of three weeks, you will learn the basics of how to make your own soap, lotion, body scrubs, bath fizzes, bath salts, facial masks and bath teas in this hands-on DIY class. We will cover the theory behind each application and then put it into practice making each product from raw natural skin loving ingredients such as coconut oil and shea butter. A $40 material fee is payable to the instructor at the first class.

Candle Making
LaShonda Tyree
With candles being used in 7 out of 10 households, there is no wonder why everyone wants to learn how to make them. In this 2 hour hands on class students will learn to craft custom candles using soy and coconut waxes. Topics covered will include: choosing the correct wick, selecting appropriate candle containers, using colorants, safely making candles, picking the right wax, properly use fragrance, melting and pouring at the correct temperature and sourcing ingredients. A materials fee of $15 is payable to the instructor at class.

Health, Personal Growth & Wellness

Hula-Hooping for Beginners
Marina Bardash
Hula-Hooping is a great way to strengthen, tone, and build your whole body stamina. Working out with the hoola-hoop is unique among all other exercises. It requires concentration in order to keep the hoop in rotation. You simply can’t have your mind elsewhere as you go through the abdominal and aerobic workout. It is aerobic exercise but also relaxation at the same time. The repetitive motion is very soothing to the nervous system. It is a fun workout for the body and the mind. Bring your own hoop or buy a collapsible one from the instructor at the first class for $45.
### Release Your Stress – Introduction to Personal Clearing Techniques

**Lois Kramer-Perez CHt.**

Are you tired of carrying extra weight on your shoulders? Are you ready to finally learn how to release your stress? What if I told you that you could immediately find relief from the stresses of the environment we live in today? Are you ready to stop allowing situations that you can’t control to control you? Learn simple personal clearing techniques and you will find that you are now moving from victim to victor. Through breathing, visualization, anchoring and guidance, even the most active minds are surprised to find ease by clearing the self. The moment we begin changing our patterns through choice, we can respond to events over which we have no control. Each participant receives a recording of the meditation portion for future relaxation. No meditation experience is required. Bring a pillow to make your seat more comfy.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>484-Wed, Oct 17</td>
<td>7-8:30 pm</td>
<td>RHS</td>
<td>$30</td>
<td>One Session</td>
</tr>
</tbody>
</table>

### Hypnosis for Weight Loss – A Healthy Mind For a Healthy Body

**Lois Kramer-Perez CHt.**

If you are ready to change your eating patterns and are tired of feeling stuck, you know the time to act is now! It is always easier to lose weight when we have a partner. What you may not realize is that your partner is already there waiting for instructions. Our best partner is our subconscious. Hypnosis is the perfect way to connect with our subconscious - enlisting that part of ourselves to help. In this class you will experience a relaxing hypnosis session using guided imagery and suggestions to support healthy eating to attain the results you desire. You will also learn self-hypnosis techniques to support your new behavior. Each participant will receive the recording of the class session for future use.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>469-Wed, Nov 14</td>
<td>7-8:30 pm</td>
<td>RHS</td>
<td>$30</td>
<td>One Session</td>
</tr>
</tbody>
</table>

### Fun with Crystals

**Lois Kramer-Perez CHt.**

Do you find yourself drawn to crystals, rocks or sparkling things? Lois Kramer-Perez, CHt., certified Feng Shui Practitioner, takes you on a journey with crystals - from using them for meditation, and manifestation to understanding about tumbled, raw, and faceted crystals and crystal clearing. Each participant will receive a special crystal plus a personal crystal message.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>479-Wed, Nov 7</td>
<td>7-8:30 pm</td>
<td>RHS</td>
<td>$30</td>
<td>One Session</td>
</tr>
</tbody>
</table>

### Feng Shui Your Space for Abundant Living

**Lois Kramer-Perez CHt.**

Learn the secrets of Feng Shui to create an abundant life by changing your space as well as connecting with your individual soul. Feng Shui principles have sustained thousands of years, cultures and lifestyles, bringing us magnificent power to activate, create and sustain healthy, abundant and happy lives. Participants will find the right method and actions to fit their needs. Bring your Feng Shui questions. We will use 3 student floor plans as examples in the class. Email your floor plan of the one room you have a question about to: lois@loiskramerperez.com. Floor plan must be received by Mar 17, 2018 to be eligible.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>485-Wed, Oct 24</td>
<td>7-9 pm</td>
<td>RHS</td>
<td>$35</td>
<td>One Session</td>
</tr>
</tbody>
</table>

### Arthritis, Balance and Fall Prevention Exercise Program

**Mary Lee Costello**

Does arthritis pain or fear of falling prevent you from participating in the normal activities of daily living? You’ll be surprised to learn that this class, with an emphasis on flexibility and balance, also incorporates all the recommended movements from the Arthritis Foundation. Using popular music from many decades and easy motions, makes the class totally fun! It will uplift your spirits and enliven your muscles. This informative class will help those with rheumatic or musculoskeletal arthritis enjoy a more active lifestyle while improving overall health. We also target range of motion, muscular strength/endurance, cardio endurance, neurobics and relaxation techniques. Class will include some arthritis inspired Tai Chi exercises. A guided meditation is conducted at the conclusion of each class. Participants are offered both seated and/or standing options. In this group exercise class you will also use light weights, rubber resistance bands, flexible balls and more, while smiling to the music. After a class or two, you will be inspired and feel better. Please wear supportive footwear and bring water and a set of 1 lb. hand-held weights (optional). Instructor will provide the additional assistive equipment. After a few classes you should notice a reduction in pain and stiffness, notice increased flexibility and develop strategies to improve balance, confidence and feel like a new you!

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>481-Wed</td>
<td>6-7 pm</td>
<td>BFMS</td>
<td>$130</td>
<td></td>
</tr>
<tr>
<td>9 Sessions</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Mindfulness is essential; we would all like to become more centered and peaceful. Meditation shows us that mindfulness is just the beginning to discovering lasting inner peace. Go beyond mindfulness. Learn to meditate. All are welcome. No prior experience necessary.

**Meditation - Beyond Mindfulness**
Dharmachakra Buddhist Center
We would all like to become more centered and peaceful. Mindfulness is essential; it is used and developed through meditation. But meditation shows us that mindfulness is just the beginning to discovering lasting inner peace. Go beyond mindfulness. Learn to meditate. All are welcome. No prior experience necessary.

**Zumba Gold Beginners – for Adults of ALL Ages**
**Mary Lee Costello**
Do you love music? Would you like to dance without feeling self-conscious? Lose yourself in the most influential movement in the fitness industry and find yourself…in shape. Safely and effectively tone your body and burn calories in this beginner class, while dancing to Latin and International music including Merengue, Salsa, Cha-Cha, Cumbia, Belly Dance, Flamenco, Pop, Rock ‘n’ Roll, Bachata, Tango, Samba, Bhangra and theme classics. This class is designed to emphasize the basics, taught step-by-step to achieve confidence, perfect for those who are new to fitness or are returning after a long time, who may not be able to keep up in a high-energy class, or who have limitations that need to be addressed with modifications. Please wear comfortable work-out clothing and flat soled sneakers (not running shoes) and bring water and a small towel. The smiles, laughter and props are on Mary Lee. The party is about to begin – she will be waiting for you! Contact instructor for more info or questions (201) 661-0365 or edandmarylee@optonline.net.

4 Sessions Starts Oct 23

**Zumba Gold Beginners – Toning**
**Mary Lee Costello**
Why include weight-bearing activity with an already unique, stimulating calorie-burning Zumba class? Besides the step-by-step instruction using every muscle in your body, you will learn how to build bone density and strength by working against gravity to improve tone, balance and endurance. The lightweight toning sticks are a cross between hand-held weights and maracas and are optional for the class. Whether you choose to use the lightweight toning sticks or just your own resistance, you will experience an effective, low-impact approach that utilizes not only the lower body with activities such as walking and dancing, but also upper body resistance training that works your shoulders, back and arms. The class is very similar to the Gold Beginners class, but is designed in a circuit training format to balance the cardio and strength training for maximum “exercise in disguise” results. The music selection is always the student’s favorite part of the class and the choreography fuses many genres such as merengue, salsa, reggaeton, cumbia, bachata, tango, flamenco, dancehall, kizomba, pop, rock & roll and fun themes. The instructor provides props and laughter to help burn the calories. The class is taught with modifications to raise or lower the heart rate so that adults of ALL ages on the journey to a fit and healthy lifestyle can successfully participate and benefit. The weights cost about $20 and are available to purchase from the instructor at class. Enhance your workout and strengthen your muscles and bones. Contact instructor for more info or with questions (201) 661-0365 or edandmarylee@optonline.net.

4 Sessions Starts Oct 2

**Whole Body Wellness**
**Mary Ann Gebhardt**
Ayurveda translated ~ Ayur means life, and veda means wisdom, which gives us “knowledge of life”. Health is more than the absence of disease. Good health is the result of harmonious inner balance. A dedicated practice of dinacharya (daily routine) will nourish our bodies and souls, as we cultivate self-care. From an Ayurvedic perspective, following a daily self-care ritual also aligns us with rhythms of nature, seasonal routines will be also discussed. The workshop will end with a short mediation. The workshop is based on the National Bestseller Perfect Health the Complete Mind Body Guide by Deepak Chopra, MD. We will discuss how to apply the ancient wisdom of Ayurveda to everyday life.

4 Sessions Starts Oct 4

**Three Steps to Long-lasting Pain Relief**
**Tyler Ardizzone**
Do you have chronic pain? Isn’t it so confusing? Your doctor, physical therapist, and surgeon all seem to be saying different things and nothing is providing long-lasting pain relief. The reason why nothing is working is because chronic pain is a complex issue with many different causes that are unique to the person that is in pain. Two people can have the same pain for the same period of time with the same amount of joint damage, but the same approach will not work for both of them. During this course, we will make the complex topic of pain into a simple and reversible issue. We will do this by understanding the reason why the body creates pain, learning how to relieve your aches and pains, and exploring how you can continue the progress on your own.

4 Sessions Starts Oct 23

**Be courteous… Please do not use your cell phone in class.**
Introduction to Astrology
Dawn Dittmar
Did you ever wonder what the ancient people did before the invention of the television? They waited until nightfall, studied the moon, the stars and the planets and began to realize that when Hermes Trismegistus said “As above so below,” he wasn’t fooling. Astrology is still the ultimate reality show. Whether you’re new to astrology or a returning student, take that next step, go “Dancing with the Stars” and discover what the stars and planets might be saying to you!
A practical approach is emphasized for use as a springboard to future study. A $5 materials fee is payable to the instructor at class.

Intro to Qi Gong – Movement, Meditation, Self-Massage and Breath-work to Improve Health and Energy
Karen Livanos-Centauro
Learn about the Ancient Chinese practice of Qi (Chi) Gong (Kung). Qi Gong is a system of exercises, meditations and breath-work practices, combined to improve & harmonize the flow of “qi” (life force energy) within the body. Qi Gong is easy to learn, non-strenuous and doesn’t require a lot of room to be performed. Qi Gong can increase your physical strength and flexibility, enhance mental function, and aid in the reduction of stress. During the two classes, you will be introduced to several medical Qi Gong forms of slow, flowing movements, meditation, self-massage, and breath sequences to help improve your health and energy levels. Wear comfortable clothing and sneakers to partake in gentle Qi Gong exercises which can be done standing or sitting. Please also bring water and eat lightly before class.

Gentle Yoga
Joan Tarrant
This course will be a gentle yoga class with a special emphasis on the problems of people with arthritis or other joint/mobility issues. The goal will be for participants to become more flexible and prevent them from experiencing a loss of function in body parts. They will also experience an alleviation of pain. The class will consist of a series of yoga asanas (poses), which have been modified and adapted to the participants’ needs. Chairs will be used for people who have difficulty using the floor. Pranayama (breathing exercises) will be incorporated into the class, to reduce stress and ease pain. This class is not appropriate for pregnant women. Please bring a mat or towel to class. There will also be a guided meditation in every class.

Yoga for Deep Relaxation
Mary Ann Gebhardt
The practice of yoga quiets the mind and releases tension while developing strength and flexibility in the body. Sessions will include breath work, posture practice, meditation and relaxation. This class is designed specifically for the novice. Students should dress in comfortable, layered clothing and bring a yoga mat and large towel or blanket. This class blends yoga and ayurveda.

Do you have an idea for a new course?

Please call us and tell us about it.

We love new ideas.

You can also send it via email to rcs@ridgewood.k12.nj.us

NEW!
Jazzercise
Rose Pasek, Instructor/ Franchise Owner & Staff • www.jazzercise.com • jazzerciserose@yahoo.com

Jazzercise is the world’s #1 dance-fitness program. Through a unique collaboration, participants will enjoy UNLIMITED CLASSES for nine weeks, that’s over 110 opportunities to work out! No previous dance experience is required and no matter what your fitness level, you will see results while you have fun. In Jazzercise you will find all ages, shapes, sizes and fitness levels. In other words, you'll see people just like you. Instructors will demonstrate both challenging movements and low-impact variations. Each 60-minute class offers a blend of jazz dance and exercise choreographed to today’s music. Easy to follow, fun choreography includes a gentle warm-up, 30-minute aerobic workout, muscle toning and strengthening segment with weights, and a stretch finale. These classes are on-going and are for students of all levels. Wear loose, comfortable clothing (i.e. bike shorts, regular shorts, and jazz pants with a workout top or t-shirt) and cross-training athletic shoes. Bring a towel or exercise mat and a non-breakable water bottle with a lid. Please arrive 15 minutes early to your first session. Come as often as you like. Schedule is subject to change. Check website for updates.

<table>
<thead>
<tr>
<th>452-Oct 1-Dec 15</th>
<th>$129 for unlimited classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUN</td>
<td>MON</td>
</tr>
<tr>
<td>9 am</td>
<td>9 am</td>
</tr>
<tr>
<td>6 pm</td>
<td>7 pm</td>
</tr>
</tbody>
</table>

Grace Episcopal Church, 9 Harrington Ave, Westwood, N.J. (GEC)
Working with an Architect on an Addition, Alteration or New House Project
Donald Rubin
Working with an architect to plan and prepare for an alteration/addition or a new house project is a straightforward and logical process and can be a very comfortable and enjoyable experience. This course will take you through the steps involved to realize a successful project. Some of the topics discussed will be finding an architect, planning the project, preparing the construction drawings and specifications, zoning and zoning variances and the construction phase. Examples of drawing and other illustrative materials will help to clarify the process. $30
508-Wed, Oct 17 7:30-9:30 pm
RHS Rm 215
One Session

First Time Home Buyer
Lisa Sammataro,
KW Village Square Realty
Buying your first home doesn’t have to be daunting. In this class you will learn about financing options, common rookie financing mistakes, how to choose the right community for you, and how the home-buying process works. Learn the secrets that will make your home search fruitful and fun. $30
511-Thurs, Oct 18 7-8:30 pm
RHS Rm 213
One Session

Downsizing Made Easy
Lisa Sammataro,
KW Village Square Realty
Are you considering downsizing to a smaller home, a senior-living community or moving across the country? Are you overwhelmed by your accumulated possessions or just don’t know how to make your home more appealing to today’s younger buyers? Come and learn the most profitable de-cluttering, organizing and staging tricks that will reduce the stress of your move and net you more money. $30
505-Thurs, Oct 25 7-8:30 pm
RHS Rm 213
One Session

Aging in Place
Lisa Sammataro,
Keller Williams Village Square Realty
Baby boomers are turning 65 at a rate of 10,000 people per day. Instead of retiring to Florida, more and more people are opting to remain in their own communities as they age. This class will cover strategies for aging in place, including: choosing a home that is well-suited to changing needs as you get older; incorporating universal design to make your home aesthetically pleasing, functional, safe and adaptable; and mortgage financing options specifically designed to allow homeowners age 62 and older to stay in their homes. Whether you plan to stay in your current home or downsize to a new home, you will come away with actionable tips and strategies for aging in place. $30
507-Thurs, Nov 1 7-8:30 pm
RHS Rm 213
One Session

Closet Purge & Clarity
Zahavi & Schwartz
Are you tired of looking in your closet and thinking that you have nothing to wear? Are you feeling overwhelmed with the amount of things you have, and never being able to find the right outfit for any occasion? In this class, you will learn how to take inventory of what you have, purge items from your closet, and hear some great organization/ tracking tricks about how to maintain your closet/wardrobe after you achieve closet clarity. $40
512-Wed, Oct 24 7-8:30 pm
RHS Rm 240
One Session

Closet Organization & Wardrobe Care
Zahavi & Schwartz
Is your closet a mess? Or have you recently achieved “closet clarity” and now find yourself wanting to re-structure it so it’s more efficient and easier to find things in? This class will teach you how to create/maximize space in your closet, and you will receive the instructor’s best recommendations for how to continue to care for the clothing stored in your wardrobe. Zahavi & Schwartz can help you reduce your stress in the morning, give you an organization system that works for you, and help you increase the length of the life of your clothing. $40
509-Wed, Oct 17 7-8:30 pm
RHS Rm 240
One Session

Register in 2 minutes using your Visa or Mastercard
(201) 670-2777 https://register.communitypass.net

RCS Gift Certificates make a great gift for that hard-to-shop-for person!
Languages

Intro to Japanese Culture and Language
Yasuko Hansen
Class will teach you basics including daily expressions, pronunciation, questions, counting and culture. $135
573-Tue 7-8:30 pm
RHS Rm 216
9 Sessions Starts Oct 2
Text: Genki I: Elementary

Japanese II
Akemi Thompson
This class is for those who have already taken a beginner course or have some knowledge. $135
574-Tue 7-8:30 pm
RHS Rm 202
9 Sessions Starts Oct 2
Text will be discussed at first class.

German I
Irene Fortunato
Learn to read, write and carry on basic conversations in German. $135
563-Tue 7-8:30 pm
RHS Rm 248
9 Sessions Starts Oct 2
Text will be discussed at first class.

Russian I
Irene Fortunato
Learn to read, write and carry on basic conversations in Russian. $140
564-Tue 8:30-10 pm
RHS Rm 248
9 Sessions Starts Oct 2
Text will be discussed at first class.

Italian I
Angela Maniaci
For beginners who want to be introduced to Italian in order to develop listening and speaking skills in basic situations such as meeting and greeting people with greater ease when in Italy or with Italians in your lives. Some history on culture and traditions will be introduced. $110
568-Tue 6-7:30 pm
RHS Rm 213
9 Sessions Starts Oct 9
Text: Italian Made Simple

Intermediate Conversational Italian
Angela Maniaci
For returning students and new students who have been introduced to Italian whether in an academic or lifestyle capacity (e.g. Italian family background or the workplace). It is recommended that new students participate in telephone/email evaluation with teacher before registering. Please provide email address. $125
569-Tue 7:30-9 pm
RHS Rm 213
9 Sessions Starts Oct 9
Text: Italian Made Simple

Advanced Conversational Italian
Angela Maniaci
We will continue to focus on building vocabulary and strengthening conversational skills. We will continue to cover Italian history, culture and traditions. One segment will be based on ‘Conoscere l’Italia’ with excerpts from the textbook “Oggi In Italia.” It is recommended that new students participate in telephone evaluation with teacher before registering. $135
572-Wed 7:30-9 pm
RHS Rm 213
9 Sessions Starts Oct 10
Text: Read & Think in Italian by the Editors of Italian Magazine

French I
Alain & Martine Chahine
For the beginning student. Students will learn everyday expressions which may be helpful when traveling to a French speaking country. We will cover greetings, salutations and basic conversations. $115
556-Wed 7-8:30 pm
RHS Rm 216
9 Sessions Starts Oct 3
Text: Panorama De La Langue: Francaise Level 1

French II
Alain & Martine Chahine
For students who already have a basic knowledge of French. Students will learn about conjugating verbs in the present tense along with nouns in order to create short sentences to use in conversation. Real life situations like ordering food will be discussed. $125
557-Thurs 7:30-9 pm
RHS Rm 216
9 Sessions Starts Oct 4
Text: Panorama De La Langue: Francaise Level 2

French III
Isabelle LeLuc
This is a conversational class that will cover various topics such as current affairs, culture, sociology, history, etc. This is a class for advanced students and it requires a high level of oral French and French conversation. $135
558-Mon 7-9 pm
BFMS Rm 126
9 Sessions Starts Oct 1
Text will be discussed at class

Sign Language I
Carl Andreasen
Learn the fundamentals of American Sign Language (ASL). Students are introduced to spelling, grammar, exchanging personal information and talking about family, friends and activities. This course is designed for those with little or no knowledge of ASL. $125
571-Thurs 7-8:30 pm
RHS Rm 217
9 Sessions Starts Oct 11

Students are asked to purchase the text listed under each description and bring it to the first class. Texts range from $16-$40. Please contact the RCS office for more complete text information. If there is nothing listed under the description, no text is required.

Check out our class "Italian for Parent & Child" on page 35!
Students are asked to purchase the text listed under each description and bring it to the first class. Texts range from $16-$30. Please contact the RCS office for more complete text information. If there is nothing listed under the description, no text is required.

**Beginning Irish**
Bob Burke
Designed to develop the basic skills of listening, speaking and writing Irish. Will include brief discussion of history, customs and culture. $130
575-Mon 7-8:30 pm
BFMS Rm 108
9 Sessions Starts Oct 15

**Irish II**
Bob Burke
This is for those who have already taken a beginner course or have some knowledge. $140
576-Mon 8:30-10 pm
BFMS Rm 108
9 Sessions Starts Oct 15

**Spanish I**
Julian Garcia
An easy approach to learning the basics with proper pronunciation and structure. $110
577-Tues 7-8:30 pm
RHS Rm 226
9 Sessions Starts Oct 2
Text: Spanish Made Simple

**Spanish II**
Julian Garcia
This class is for those who have already taken a beginner course or have some knowledge. $125
578-Tues 8:30-10 pm
RHS Rm 226
9 Sessions Starts Oct 2
Text: Spanish Made Simple

**ESL - English as a Second Language**
Catherine Chriss
Students will develop basic communication skills in English. The students will be tested at the first class to determine level and confirm placement in the group. This class is not for beginners and students must be able to read English. Text book will be discussed at first class and the cost may range from $15-$30.
$195
552 - Tues & Thurs 10:15-11:45 am
Education Center 2nd Floor, Small Conference Rm
14 Sessions Starts Oct 16

---

**Absolute Beginner Bridge**
Instructor: Amy Nellissen, The Bridge Table
For those who have never played bridge, here is your chance to join the 25 million Americans hooked on the game. Our hands-on approach will have you playing bridge before you know it. You’ll succeed here even if you’ve tried bridge before but just ended up confused. Bring your friends and find out if you’d like to learn bridge. Come for the first class on Sept 27 for free to check out the class before you commit. These bridge classes may not follow RCS holiday schedule. Check with the instructor. Tuition is $180 if paid by Sept 28 and $195 after Sept 28.
654-Thurs 1-3 pm
Westside Presbyterian Church, DePhillips Hall, Ridgewood
8 Sessions Starts Sept 27

**NEW!**
**NEW!**

**Bridge - Planning to Win**
Learn how to make a plan of action when you are the declarer. One basic bidding topic will be reviewed each week.
Meet nice people to play with at the practice session after each class. These bridge classes may not follow RCS holiday schedule. Check with the instructor. Tuition is $200 if paid by Sept 14 and $215 after Sept 14.
658-Mon 10 am – 12 noon
Westside Presbyterian Church, DePhillips Hall, Ridgewood
8 Sessions Starts Sept 27

**NEW!**

**Intermediate Bridge: Polishing Your Basics**
This course takes you a step beyond the bare basics while we review and expand on Standard American bidding. Every hand will be analyzed with tips on bidding, play and defense. Meet nice people to play with at the optional practice session after each class. These bridge classes may not follow RCS holiday schedule. Check with the instructor. Tuition is $200 if paid by Sept 14 and $215 after Sept 14.
660-Mon 1-3 pm
Westside Presbyterian Church, DePhillips Hall, Ridgewood
8 Sessions Starts Sept 27

---
Hiking in Harriman State Park
Harold Petzold
Come and enjoy three progressive, scenic hikes in bucolic Harriman State Park. Specific hikes will be chosen by instructor based on group ability. Please dress in weather-appropriate outdoor clothing and hiking boots. Bring rain/wind gear, 1 to 2 quarts of water, snacks and a lunch. Hikes are on Sundays from 9 am – 2 pm. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>669-Sun</td>
<td>9 am-2 pm</td>
<td>$60</td>
</tr>
<tr>
<td>3 Sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oct 7, Oct 21, Nov 7</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Outdoor Navigation
Harold Petzold
If you have always wanted to understand how to read an outdoor map and use a compass for finding your way in the woods, this is the course for you. Learn to interpret terrain, estimate distances, navigate obstacles and follow bearings. Students are advised to dress appropriately in long pants and shirts and sturdy boots. Compass and instructional materials will be provided by instructor for in-class use. Bring rain gear, lunch, snacks and 2 - 3 quarts of water. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>668-Sat, Oct 6</td>
<td>9 am – 1 pm</td>
<td>$50</td>
</tr>
<tr>
<td>665-Sat, Nov 3</td>
<td>9 am – 1 pm</td>
<td></td>
</tr>
<tr>
<td>One Session</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Nature Walk
Harold Petzold
“Shinrin-yoku” can be defined as taking in the forest atmosphere or forest bathing. Closely linked with the human evolutionary process, it is a walk in nature, for its therapeutic effects. Those who spend time in the woods experience lower levels of cortisol (which induces stress), a lower pulse rate, lower blood pressure and healthier blood sugar levels. It has now become a recognized relaxation and/or stress management activity in Japan. Join us as we unwind and enjoy the natural beauty of our areas forests. Please wear weather appropriate clothing and dress in layers. You must wear hiking boots and bring 1-2 quarts of water and a snack. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>652-Sat, Oct 13</td>
<td>9 am-12 noon</td>
<td>$30</td>
</tr>
<tr>
<td>One Session</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Hiking in the Local Mountains
Harold Petzold
Enjoy interesting hikes with an experienced hike leader. Actual hikes will be chosen by the instructor (based on group ability) and will be in the Highlands/Harriman area with locations in Sterling Forest and Norvin Green. Please wear weather appropriate clothing and dress in layers. You must wear hiking boots and bring 1-2 quarts of water and a snack. Hikes will take place on three Sundays from 9 am-2 pm. Group will meet at the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>663-Sun</td>
<td>9 am-2 pm</td>
<td>$60</td>
</tr>
<tr>
<td>3 sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oct 14, Oct 28, Nov 11</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Hiking the Appalachian Trail
Harold Petzold
Enjoy the day hiking along the Appalachian Trail. We will travel on the “AT” along the Bearfort Ridge between Route 17A and the New York State Border and from the top of Mount Peter to the New York/New Jersey border. This is a through hike (starts and ends in different locations) along a portion of the Appalachian Trail. Bring sturdy hiking boots, weather appropriate clothing, snacks and lunch, a minimum or 2 quarts of water, rain/wind gear and personal first aid items. Group will meet at 8:30 am the Copper Tree Mall in Oakland at the back end of the Staples parking lot.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>655-Sun, Nov 18</td>
<td>9 am – 2 pm</td>
<td>$40</td>
</tr>
<tr>
<td>One Session</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Collectible Automobiles as a Passion
Bob Austin, Burton Hall, and Fred Hammond
Whether you own a collectible car or not, this series of 9 sessions is for anyone who enjoys special interest automobiles as a hobby or a passion. This course will explore the world of special interest cars...cars you do not need but would love to own. While the emphasis will be on the decades from 1940 to 1979, this does not mean that older classics and newer cars will be ignored. The class will begin with an assessment targeted to identifying the car or family of cars that best suits each class member’s interest and abilities, Drawing upon the considerable experience of the instructors, as well as guest speakers, and class members themselves, each class will afford a journey through aspects of the collectible car hobby including: what car suits you, guidance on buying a collectible car, sources of valuable car related information and presentations focusing on the automobiles of specific decades. Other topics will include appraising, financing, insuring and registering, electronic communities and more.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>656-Thurs</td>
<td></td>
<td>$110</td>
</tr>
<tr>
<td>RHS</td>
<td></td>
<td>7:30-9:30 pm</td>
</tr>
<tr>
<td>9 Sessions</td>
<td></td>
<td>Rm 248</td>
</tr>
</tbody>
</table>

Coastal Navigation
United States Coast Guard
The topics covered in this class will include: the tools of navigation, the use of nautical charts, chart symbology, aids to navigation like GPS and chart plotters, avoiding hazards and using landmarks. We will also cover boating publications and boating apps. Additional topics will include tides, winds and current, using the radio in an emergency situation and how to operate under limited visibility and adverse conditions.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>653-Tues</td>
<td>7:30-9:30 pm</td>
<td>$100</td>
</tr>
<tr>
<td>RHS</td>
<td></td>
<td>Rm 292</td>
</tr>
<tr>
<td>7 Sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Starts Oct 4</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
How to Pack for Practical Stylish Travel
Zahavi & Schwartz
Do you always over pack? Is your suitcase typically overweight? Do you wonder how people always look so stylish and relaxed on vacation? This class will teach you the best practices for compact packing, how to only pack a carry-on, what items to pack for a stylish adventure and nine reasons why it’s okay to over pack if you are organized about it. After this class, you will always be prepared and will look great while you travel. Join mother-daughter stylists, Zahava & Orly for a fun night to learn how to figure out what to pack for where you are going.

$40
651-Wed, Nov 28
7-8:30 pm
RHS
Rm 240

One Session

Understanding Personal Style
Zahavi & Schwartz
Do you ever wonder how your neighbor always looks effortless and chic all the time? Do you want to be adventurous but back out because you’re worried about what people will think? This class is your chance to work with a personal stylist and get the equation to great personal style. You will also learn what makes you feel your best, so you always step out feeling comfortable and confident, and feeling put-together. In this class you will get the guidelines Zahavia and Schwartz use with their one-on-one clients to help them find the best version of themselves.

$50
671-Wed
7-8:30 pm
RHS
Rm 240
2 Sessions
Nov 7 & 14

How to Succeed in the Online Dating World
Michelle Frankel
This class will focus on the five most important tips on how to win while not getting frustrated or exhausted using online dating tools. We will also cover the differentiation between traditional online dating sites and modern dating Apps. We will discuss what photos are winners, how to write your “about you” profile and how to ensure your algorithms are optimized for success. Finally, we will go over how to write emails that get responses!

$30
657-Tues, Oct 16
7-9 pm
RHS
Rm 205
One Session

Fun with Crystals
Lois Kramer Perez CHt.
Do you find yourself drawn to crystals, rocks or sparkling things? Lois Kramer-Perez, CHt., certified Feng Shui Practitioner, takes you on a journey with crystals - from using them for meditation, and manifestation to understanding about tumbled, raw, and faceted crystals and crystal clearing. Each participant will receive a special crystal plus a personal crystal message.

$30
479-Wed, Nov 7
7-8:30 pm
RHS
Rm 232

One Session

Life on Wheels: Vacation or Live in a Motor Home
Steve Fowls
From a humorous (but informative) standpoint, learn how a motor home can replace a beach, lake, or mountain home or better yet, replace them all. This class presents an overview of lifestyles available to those who would like to see the USA at one’s own pace in a house on wheels. The instructor and his wife own a motorhome and reside in it 2 to 4 months per year.

$30 per family
670-Thurs, Nov 29
7-8:30 pm
RHS
Rm 205

One Session

Liberal Arts, Music & General Studies

Beginning Guitar
Cyndi Avedon
Enjoy playing this versatile instrument. Folk, classic rock, country and contemporary songs will be taught along with basic chords, strums, blues & rock bass patterns and scales. Guitars may be rented by calling the instructor at (201) 391-2073. A materials fee of $2 is payable to the instructor at the first class. Ukuleles welcome!

$115
715-Mon
7:30-8:30 pm
BFMS
Rm 110
9 Sessions
Starts Oct 1

Intermediate Guitar
Cyndi Avedon
For those who know basic chords and would like to improve their skills and meet other players. Guitars may be rented by calling the instructor at (201) 391-2073. A materials fee of $2 is payable to the instructor at the first class. Ukuleles welcome!

$130
717-Mon
8:30-9:30 pm
BFMS
Rm 110
9 Sessions
Starts Oct 1
Joy of Singing
Eugene Papay
Do you find yourself always singing a tune in the shower? Well, come out of that shower and share your talent with other like-minded singers. Join this fun class to explore singing with and for other people like you. Solo singing is part of the course. This is not just a sing-a-long. Along the way you will pick up some hints on better vocal production through correct breathing, good phrasing and an even sound. The teacher will provide live accompaniment to enhance the songs.

$105
714-Mon
7:30-9 pm
BFMS
9 Sessions
Starts Oct 1

Escape from Behind Enemy Lines-75th Anniversary – World War II
Rick Feingold
The Shelburne Line was a World War II escape network operating in occupied France which returned 136 allied servicemen to England in 1943-44. The French Resistance located downed airmen and hid them from the Germans utilizing a series of safe-houses. Once a month, during the dark of the moon, the men were transported to the Brittany coast to meet a British Motor Gun Boat which would return them to England. Join Rick Feingold, as he recounts the story of how his father Lt. Louis Feingold, a B-17 U.S. Army Air Force navigator, escaped Nazi capture. Lt. Louis Feingold flew 21 bombing missions with the United States Air Force during World War II. After his B-17 was attacked by seven German fighters he was shot down over enemy-occupied France. Feingold’s escape story is told using letters, maps, photos, and the original fake identity cards.

$25
664-Tue, Oct 23
7-9 pm
RHS
1 Session

Just Write
Gwendolen Gross
If you have been meaning to write more, but just can’t get started, come to weekly writing practice sessions designed for all levels of writers. We'll review the fundamentals of writing practice (including keeping your pen moving and you're free to write the world’s worst junk) and then get right to it. There will be several stimulating writing topics each session, discussions of craft and writing process and a chance (but not a requirement) to read the fresh work aloud. You’ll go home each week with ideas for where to continue. Perfect for jump-starting a work-in-progress or generating new material. Please bring a notebook and pens or pencils. For both new and continuing students.

$75
117-Thurs
7-9 pm
RHS
5 Sessions
Starts Oct 4

An Evening with Strunk & White
M.T. Schwartzman
You probably remember Strunk & White from high school or college, but do you know who the authors were? Come join freelance writer and Strunk & White aficionado M.T. Schwartzman as we learn all about their famous book “The Elements of Style.” From the history behind Strunk & White to its most enduring lessons on grammar and punctuation, this is an evening that’s sure to be fun and informative. Bring your copy of “The Elements of Style” (4th Edition recommended) and go home a better writer!

$30
672-Thurs, Nov 29
7-9 pm
RHS
1 Session
Art Talks
Roger Davidoff
This class features seven presentations, each on a great artist selected by popular vote during the last semester. Please join us as we explore the lives and masterpieces of Leonardo, Holbein, Vermeer, Cassatt, Hopper, Adams & Cartier-Bresson, and Johns. Their achievements in Western Art will be highlighted and presented in selected examples, as we experience their styles and breakthroughs.

$125
701 - Thurs 7:30-8:45 pm
RHS  Rm 240
7 Sessions  Starts Oct 4

Music Talks - What’s in a Name?
A Selected Survey of Music’s Favorite Symphonies with Nicknames
Roger Davidoff
This class includes a chronological exploration of Western Music’s most famous symphonic nicknames. Presentations will include complete movements by some of classical music’s most famous composers and why their symphonies bear the nicknames they do. Symphonies by Mozart, Haydn, Beethoven, Schubert, Mendelssohn, Schumann and Brahms will be heard and discussed, as individual features are listened to and explored. Why “Jupiter,” “Miracle,” “Fate,” “Great,” “Italian,” and “Spring”? Join us and find out!

$140
661 - Tues 7:30-8:45 pm
RHS  Rm 240
8 Sessions  Starts Oct 9

China: Teaching, Traveling and Traditions
Michele Gordon
Many Westerners have strong and often negative images of China and the Chinese. Michele spent two years teaching English in rural China and can provide a realistic image of life in China. Using slides and materials brought back with her, she will discuss life in the classroom and on the road, as well as the customs and culture of this fascinating country. Students taking this course will gain a deeper understanding of life in China and the Chinese. It will help to demystify this mystifying country, and to break the stereotypical image that we, as Americans, often have of the Chinese. Students will learn about the traditions and customs, to understand symbols, colors, ceremonies and mannerisms. They will also learn about the educational system and life as a teacher and student. For those working with Chinese students in the US, it will be helpful to understand their background to help with their adjustment to studying in the US.

$60 per family
702 - Thurs 7-9 pm
RHS  Rm 212
3 Sessions  Starts Oct 18

Grammar Lion: A Grammar Refresher
***ONLINE COURSE***
Ellen Feld

$150
716 - Go at your own pace to complete your course in 4 to 12 weeks. Tuition: $150

$89
718 - Get in the fast lane to complete your course in 14 days! Tuition: $89

RCS Gift Certificates
make a great gift for that hard-to-shop-for person!

Call (201) 670-2777 for more information.

LIKE US ON facebook
### Fencing for Children Gr 1-5

**Maksim Zaitsev**

This class is designed to introduce students to the exciting sport of fencing. Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. In addition to the physical aspect, it also develops concentration and problem solving skills. This class will include warm-up games, footwork, agility and coordination development, fencing instruction, bouts and fencing games. All necessary equipment is provided. $150

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Location</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>855-Mon</td>
<td>4:30-5:30 pm</td>
<td>The Arena 859 Route 17, Paramus</td>
<td>Starts Oct 1</td>
</tr>
<tr>
<td>9 Sessions</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Fencing for Children Gr 6-12

**Maksim Zaitsev**

This class is designed to introduce students to the exciting sport of fencing. Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. In addition to the physical aspect, it also develops concentration and problem solving skills. This class will include warm-up games, footwork, agility and coordination development, fencing instruction, bouts and fencing games. All necessary equipment is provided. $150

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Location</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>853-Mon</td>
<td>5:30-6:30 pm</td>
<td>The Arena 859 Route 17, Paramus</td>
<td>Starts Oct 1</td>
</tr>
<tr>
<td>9 Sessions</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Fencing for Adults

**Maksim Zaitsev**

This class is designed to introduce adults to the exciting sport of fencing. Often called a physical game of chess, fencing develops endurance, coordination, agility, poise and balance. In addition to the physical aspect, it also develops concentration and problem solving skills. This class will include warm-up games, footwork, agility and coordination development, fencing instruction, and bouts. The featured sword is the Epee. All necessary equipment is provided. $150

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Location</th>
<th>Start Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>852-Mon</td>
<td>6:30-7:30 pm</td>
<td>The Arena 859 Route 17, Paramus</td>
<td>Starts Oct 1</td>
</tr>
<tr>
<td>9 Sessions</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*An additional fee of $10 is to be paid to the instructor for insurance with USFA.*
Encore Music Studio: Private Instrumental Lessons
Gary Fink - Coordinator
Through this program, you can study with an actively performing professional musician from the tri-state area – at an AFFORDABLE price! Lessons will give the opportunity for students of all ages to study an instrument. Please call for information regarding children in 3rd grade or younger. Lesson times will be arranged after school and in the evenings. Following registration, the instructor will contact students and a lesson time will be scheduled. The following instruments are offered this semester:

BRASS: Trumpet, French Horn, Trombone, Baritone Horn;
WOODWIND: Flute, Clarinet, Oboe, Saxophone;
PERCUSSION and STRINGS: Viola, Violin, Cello and Bass as well as Piano, Guitar, Jazz Improvisation, Music Theory and Voice. Lessons are 14 weeks or 7 weeks.

NOTE: When the artist/teacher cancels a lesson, that lesson will be rescheduled. Students may reschedule 2 lessons within the term. Most lessons are held at BFMS or GWMS. For further program information, contact Gary Fink between 10:30 am-1:30 pm at (201) 262-2237.

<table>
<thead>
<tr>
<th>Code</th>
<th>Duration</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>945</td>
<td>14 weeks, 30 min. lesson</td>
<td>$470</td>
</tr>
<tr>
<td>945-7</td>
<td>7 weeks, 30 min. lesson</td>
<td>$252</td>
</tr>
<tr>
<td>946</td>
<td>14 weeks, 45 min. lesson</td>
<td>$638</td>
</tr>
<tr>
<td>946-7</td>
<td>7 weeks, 45 min. lesson</td>
<td>$378</td>
</tr>
<tr>
<td>947</td>
<td>14 weeks, 60 min. lesson</td>
<td>$830</td>
</tr>
<tr>
<td>947-7</td>
<td>7 weeks, 60 min. lesson</td>
<td>$504</td>
</tr>
</tbody>
</table>

If you register for a full 14 week session before Sept 21, you will receive an Early Bird discount of $25. When registering, please indicate instrument.

Learn to Sew
Vivian Burns, www.soyoustudio.com
In this class students will learn how to work with a commercial sewing pattern and a real sewing machine. All materials and the sewing machines will be supplied. Students will learn to sew a pair of pajama bottoms, a tote bag and simple skirt. For students in grades 3-7.

<table>
<thead>
<tr>
<th>Code</th>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>Sessions</th>
</tr>
</thead>
<tbody>
<tr>
<td>960-Mon</td>
<td>Mon</td>
<td>5-6:30 pm</td>
<td>BFMS Cafeteria</td>
<td>6 Sessions</td>
</tr>
</tbody>
</table>

For more information, contact the Program Coordinator Ron Knott at (201) 670-2700 x 20648.
Fun With Art I
Ann Monton
Explore the fundamentals of art with step-by-step drawings that include landscapes, cartoons, animals and many more favorites. Enjoy working with the mediums of soft chalk pastels, watercolors and paint. This class is a wonderful introduction that will continue to enrich a child’s love for the arts. A materials fee of $15 is payable to the instructor at the first class. Assistant instructor John Monton will join the class if enrollment is sufficient.

$105 — Grades K-3 —
951-Mon
4-5 pm
Somerville Sch
Art Room
8 Sessions
Starts Oct 1

Fun with Art II
Ann Monton
Explore a more advanced level of the arts. Subjects such as landscapes, seascapes, sunsets, still life and animals may be drawn. We will paint with acrylic paint on canvas board and may enjoy other mediums as well. A materials fee of $15 is payable to the instructor at the first class. Assistant instructor John Monton will join the class if enrollment is sufficient. Students may take both classes as they offer completely different lessons.

$105 — Grades 3-9 —
952-Mon
5-6 pm
Somerville Sch
Art Room
8 Sessions
Starts Oct 1

Advanced Acrylic Painting
Ann Monton
An advanced class for students who enjoy art. We will explore and develop painting skills. Individual and group instruction will be provided. Subjects such as flowers, landscapes, seascapes, sunsets, still life and animals will be provided. Students will be provided with canvas, acrylic paint and brushes. A materials fee of $25 is payable to the instructor at the first class.

$135 — Grades 3-11 —
954-Thurs
5-6:30 pm
Somerville Sch
Art Room
8 Sessions
Starts Oct 4

Girls High School Volleyball
Bob Livingstone & Mauricio Garcia
This clinic is designed for all levels of high school players who are looking to improve their level of play. Students will benefit from intensive drills, instruction and competition. We will emphasize a high level of individual skill development, which will include serving, jump serving, passing, setting, hitting, blocking and defense.

$80 — Grades 5-8 —
959-Wed
7:30-9 pm
RHS
Gym #1
9 Sessions
Starts Dec 12

Co-Ed Volleyball Clinic
for Middle School Students
Bob Livingstone & Jaime Warzocchi
Volleyball is one of the fastest growing sports in the U.S. One of the main reasons for its popularity is that you can have fun doing it almost anywhere – your backyard, on the beach or in a gym. Having the right techniques and skills will make the game more fun to play. Join us in this co-ed clinic/workshop where we will work on some of the basic skills, play lots of games and have fun. This is for both boys and girls at any level of play.

$105 — Grades 5-8 —
948-Mon
7:30-9 pm
RHS
Gym #1
9 Sessions
Starts Dec 10

Parent and Child
Interactive Italian Class
Angela Maniaci
This Italian language class will include instruction of basic vocabulary and grammar. Games and activities will create a fun learning environment for your family. Some of the games we will play are: bananagrams, scrabble, short crossword puzzles and others. The class will also feature lots of pairing with parents and children to form fun panels. The teacher will provide materials and suggest a text book at the first class. This class is intended for parents and their children who are currently in grades 4-8 and ages 10-13. One child per parent at the tuition rate.

$110 per parent/child — Grades 5-8 —
957-Wed
6-7 pm
RHS
Rm 213
9 Sessions
Starts Oct 10

Suzuki Violin Instruction
Louise Butler
Children learn to play using the Suzuki method. They can learn at a very early age and find that playing an instrument can be fun. Classes are small (maximum 6 children) and each student receives individual attention. Classes are 40-minutes and will be scheduled to begin between 3:30 and 5:30 pm. Parent attendance is required at all lessons. Students must call Mrs. Butler directly for placement and scheduling prior to registering - (201) 652-1192. Beginners are being accepted this semester.

$105 — Grades 3-9 —
949-Mon
3:30-6:15 pm
Somerville School
Music Rm
10 Sessions
Starts Oct 1

950-Thurs
3:30-6:15 pm
Travell School
Music Rm
10 Sessions
Starts Oct 4
RCS SAT Prep
John Eichmann, English
Walker Larson, Mathematics
The SAT has changed and this course will update you on those changes. This course will help to clarify the purpose, structure and use of the SAT test and will provide instructional material to develop the necessary skills in math and English. Math includes a brief review of arithmetic, algebra I, and geometry, with emphasis on intuitive solutions to problems and test-taking skills. English will stress techniques in reading comprehension, vocabulary, and types of reasoning, with an emphasis on how to complete the new essay portion of the exam. Additional test-taking and preparatory strategies will be discussed. Students will take sample tests, then we will grade them and go over strategies to improve their score. Students must purchase text prior to the first class. Please call the RCS office for title of current text.
$150/one subject; $275/both subjects

— ENGLISH —
943-Tues
6 Sessions
RHS
6:30-8 pm
Starts Oct 2
Rm 217

— MATH —
944-Wed
6 Sessions
RHS
6:30-8 pm
Starts Oct 3
Rm 217

Kaplan Test Prep

Kaplan SAT Preparation Class
Getting a great SAT | ACT score has many advantages, including giving you a wider selection of colleges to choose from. Let Kaplan Test Prep help you get the test scores you need to succeed.

Kaplan Test Prep © is a proud partner of The Ridgewood Community School.
Call 1-800-KAP-TEST or visit www.kaptest.com to enroll, check for current promotions and resources. Use code SCHOOL100 for $100 off the retail class price. (regularly $899). Cannot be combined with any other promotion.

Prep for the November 2018 SAT:
Oct 1-Oct 29
Mondays and Wednesdays at 6 pm
Class Code: SAIKM181086

What you’ll get with a Kaplan Classroom Course:
• Proven, score raising strategies
• 6 three-hour sessions taught by an expert instructor
• 2 in person, proctored practice tests with score analysis
• Additional full-length practice tests with score analysis integrated into your course
• 40 hours of additional online instruction and lessons.

To register or for more information, please call 1-800-KAP-TEST or visit www.kaptest.com
Carl Andreassen has 20 years of experience teaching sign language.

Tyler Ardizzone is a licensed bodywork therapist and personal trainer with a Bachelor of Science in Exercise Science. He specializes in using NeuroMuscular Reprogramming, evidence-based movement therapy, and simple lifestyle modifications to relieve chronic pain. Pain relief is a simple process that does not require any miracle methods or magic pills. Chronic pain is relieved when we address the many aspects that contribute to your pain and implement a pain-free lifestyle plan that is specialized for your needs.

Bob Austin is the owner of Robert Austin Brand & Communications. Before starting his consulting practice, he was Global VP Corp Comm for Volvo Financial Services, for Rolls-Royce Motor Cars NA, and was Director of Marketing Communications for Volvo.

Cyndi Avedon. BFA from Northwestern University, over 35 years of experience teaching guitar to adults and children.

Phil Azzolino, President of Group Tours & Travel LLC has been escorting tours since 1984. During his 34 year career he has written and escorted over two thousand group tours throughout most of North America and six continents. An added advantage that Group Tours provides on most multi-day tours, is that Donna, Phil’s wife, also accompanies the group. They are a perfect husband and wife team with dynamic personalities and they provide additional personal attention to all passengers.

Marina Bardash is an experienced Yoga, Dance and Hula-Hooping Instructor.

Ann Brown has been the Library Media Specialist at GW Middle School since 2001. A technology enthusiast, she was part of the team to integrate Google Apps for Education into the District, training students, teachers and staff, and helping implement the 1:1 Chromebook program at GW. Since 2014, Mrs. Brown has been a District Technology Coach, providing professional development for teachers across the district, and in 2015 was honored to receive the prestigious Ashby Award from Ridgewood Public Schools

William Brown, artist, teacher and apprentice to John Osborne for several years.

Bob Burke, has been a student of the Irish Language for almost 30 years & has been teaching adults for the past 6 years.

Vivian Burns, has been sewing since she was 8 years old. She worked in the fashion business for 20 years as a buyer/designer before she began So You Studio in 2005. Vivian teaches sewing in after school programs, adult schools and for private students. She is also an Adjunct Professor at Berkeley College.

Louise Butler, instrumental music teacher and performer in orchestras in the area.

Hugo X. Carvajal has been in the financial services industry since graduating from Boston University in 2008. He has always had the passion to educate the small business owners in the community and families about the simple habits of saving for their financial future. Joining The College Funding Coach® as a Regional Director in northern New Jersey has been a perfect transition to educate parents on the many anxieties that come along with figuring out how to pay for college. His hope is to educate as many parents as possible about the “Little Known Secrets of Paying for College” without going broke and disrupting their retirement plans.

Alain Chahine is a native French speaker and is married to a French speaker. He has constant contact with France. His professional background is in International Logistics and Supply and he currently teaches that subject at Union County College as an adjunct professor.

Martine Chahine, was born and raised in the Loire Valley of France. She has a bachelor’s degree in French History. She has been teaching French to adults for more than 15 years.

Mary-Lee Costello is a graduate of the Fashion Institute of Technology in Apparel Design. She is certified both by AFAA as a group exercise instructor and by Zumba Fitness LLC as an instructor for Basic Levels, Gold, Toning and Zumba Kids and is CPR/AED certified. She brings Zumba joy to local schools, Relay for Life, senior centers and developmentally disabled adults.

Roger Davidoff is a graduate of The Philadelphia College of Art / University of The Arts with a minor in Art History. He holds a BFA in Graphic Design; he has owned his own design consultant firm since 1991. He founded an Art Appreciation Program for public school elementary students, and continues to give lectures and museum tours at most NYC museums. In addition to his comprehensive knowledge of Western Art History, he has also studied Musicology at NYU’s Graduate School of Music, specializing in Austrian / German music from 1750 through 1900.

Dharmachakra Buddhist Center, is a Buddhist meditation center in northern NJ. They are dedicated to helping you find happiness from within your own heart and real solutions to your problems through Buddha’s advice.

John DiCostanzo, MA in Dental Technology, owns a dental laboratory in Bergenfield. He plays basketball as a form of exercise. He has been playing for over six years.

Dawn Dittmar, began studying astrology at her grandmother’s knee when she was 9 years old. She has also studied with Zoltan Mason and Jeri London. She continues to study at the National Center for Geocosmic Research and the Astrological Society of Princeton. She has been teaching Basic Astrology to Adults at the Brookdale Community College since 2014.

John Eichmann, BS, certified NJ teacher, SAT preparation specialist.

Adele Ellis, was born in England. She learned to knit and crochet at school in domestic science. She returned to crocheting when her daughter was a brownie and a girl scout. She enjoys the challenge of reading and learning new stitches.
Rick Feingold. has more than 25 years of Community School teaching experience. He holds the designation of eBay Education Specialist and has worked as a Performing Arts Marketing Director and in marketing luxury automobiles. BA, in History Rutgers University, MBA, Penn State University. His travel writing has been published in the Boston Herald and Christian Science Monitor. He has taught consumers how to get the best deals for over 25 years.

Ellen Feld. has been an online grammar instructor for over 15 years, with more than 40,000 students enrolled in her courses. She holds a master’s degree in writing from the Johns Hopkins University and has taught college courses online and in the traditional classroom, including creative writing, developmental writing, and English composition. Ellen has worked as a newspaper reporter and copy chief, personal essayist, website reviewer, and writing coach.

Gary Fink. is the Director of Jazz and Percussion at Ridgewood High School. He attended Eastman School of Music and William Paterson Univ. He has an active schedule as a freelance percussionist and studio instructor.

Mary Fitzgerald, APSD Certified Home Stager and Certified Home Stager Trainer. ASP Staged Homes Professional and licensed real estate associate.

Irene Fortunato. experienced foreign language instructor. Has taught in schools and adult education for over 20 years. Russian native who visits the country often.

Steve Fowls. BA in Psychology, Political Science and Sociology, retired co-owner of Medical Equipment Sales & Marketing Company. He is a former professional photographer who now shoots digital photos as a hobby.

Michelle Frankel is a Certified Professional Matchmaker, Dating Coach and Founder of NYC Matchmaking and New Jersey Matchmaking. Our team focuses on personalized matchmaking, strategic date coaching and online dating assistance. The majority of our clients are in NYC, NJ & CT, however we have clients as far as Mexico and Israel. In addition to our presence in NYC, we have expanded in North Jersey with our office in downtown Ridgewood, NJ. Our clients are both men and women ranging in age from 24 to 70. Prior to joining the matchmaking industry, Michelle was a practicing attorney and marketing executive. Michelle and her team love to assist singles so reach out for a one-on-one consultation.

Julian Garcia has almost 20 years of experience as a language instructor and he speaks several different languages. He currently teaches adults at RCS and at Berlitz.

Mary Ann Gebhardt. has been studying yoga for 25 years, is a registered member of the Yoga Alliance 500 hours, and is a Chopra Certified Instructor. She creates a non-competitive environment integrating movement and breathing. Mary Ann traveled to Nepal where she trekked and brought back beautiful Tibetan Singing Bowls.

Tara Geraghty has taught thousands of women through weekly live workshops, training calls and webinars for the past 20 years. She is a motivational speaker and a trainer. She has been a successful business woman since she was 20 years old.

Rina Goldhagen. is a resourceful and imaginative Artist and teaching professional, having more than 20 years of experience. She received her Bachelor’s Degree in Fine Arts with an emphasis in watercolor, and in addition to being proficient in many other mediums, she is an excellent communicator. She established the Art of Excellence Studio in 2004 as a private instruction studio for select clientele. In addition, she has crafted a 9-week Beginning Drawing class for the Adult Community School in Ridgewood in which she lays the foundation for successful drawing and challenges students to achieve more than they thought possible.

Michele Gordon spent two years as an English teacher in China through the British Peace Corps program called Voluntary Service Overseas. She taught at Zhaotong Teacher’s College in a small, rural town in the southwestern Yunnan Province. She also traveled throughout China. Michele has been teaching ESL for many years and is currently teaching and managing the American English Program at New Jersey City University. She formerly worked in various positions at Harvard University, where she received a master’s degree in education.

Gwendolen Gross. an award-winning instructor and novelist, is the author of five critically acclaimed novels, including Field Guide, Getting Out, The Other Mother, and The Orphan Sister. Gwendolen’s newest novel, When She Was Gone (Simon & Schuster, 2013) explores the disappearance of a teenager and the shadows and secrets of suburban life. She holds an BA from Oberlin college and an MFA from Sarah Lawrence College. Her website is www.gwendolengross.com.

Burton Hall. Burton Hall & Associates, LLC., has served the automobile industry since 1977 as a creative resource benefitting from considerable experience in the premium end of the business. His list of clients includes Audi, BMW, General Motors, Ferrari, Ford, Jaguar, Maserati, Mercedes-Benz, Porsche, Peugeot, Toyota and Volvo.

Fred Hammond. has over 25 years as a Public Relations executive and automotive consultant and over 40 years in the automotive industry with some of the most respected marques on the premium and performance end of the automotive spectrum.

Yasuko Hansen. has been an art student at Parsons School of Art and an art teacher in Japan. She taught at the Japanese School in New Jersey for 16 years. She currently teaches at the High School Diplomats Program at Princeton University.

Amy Harrison. is a Certified Financial Planner and a Certified Divorce Financial Analyst. She specializes in wealth management strategies including retirement, estate, divorce, and education planning.

Marize Helmy, Esq. graduated from Fordham University prior to attending Law School at SUNY Buffalo. She focused her studies and clinical experience on various aspects of Family Law. Outside of academics, she dedicated her time to philanthropic nonprofit organizations. She has worked for Michael A. Manna & Associates, P.C. since 2006, prior to attending law school and is currently an Associate Attorney, practicing in the areas of Estate Planning, Elder Law, Real Estate, Guardianships and Estate Litigation.
**Kim Hendrickson** is author of the Tastefully Small™ cookbook series, winner of two Florida Publisher’s Association gold medals. She has catered for the New York Metropolitan Opera, the Penguin Repertory Theatre, The Bizarre Food Show, and Slangman’s World. She is a regular presenter at the World Tea Expo, John Campbell Folk School, and at culinary events throughout the New York area. Kim teaches that good food is more than good taste; it’s the fun and joy of creating something beautiful and sharing it with others.

**Pat Hensley** has been knitting for 35 years and has taught both adults and children to knit. She has made every mistake imaginable (and a few that aren’t) and has learned how to fix them all.

**Alex Ishkanian** has loved acting since his grade school days. A graduate of The American Musical and Dramatic Academy, as well as Drew University’s theatre program, he went on to be a young adult member of The First All Children’s Theatre performing at The Kennedy Center. More recently, he has been seen in LINE as a member of the historic NYC 13th Street Repertory Company. Locally, he has worked with The Bergen County Players in both plays and musicals. He is a member of Creative Interventions, an educational improvisation ensemble. His continuous studies in acting, improvisation, and singing have included work with Beryl Smith Durham, Barbara Feller, Michael Barbary, HB Studios, and The Magnet Theater. He has authored many children’s musicals that tour schools through the United States.

**Fran Kelley**, MA, CPRW, SPHR, JCTC, SHRM-ScP, is a Certified Professional Resume Writer and Job & Career Transition Coach and has extensive corporate Human Resources and Outplacement experience. Fran is a nationally published author and President of The Resume Works in Waldwick, NJ.

**Terry Kovalcik** has over 30 years of dedication to creative work in art. He received a Fine Arts degree in drawing and painting. Terry currently works as a freelance illustrator with an emphasis on the children’s market. He discovered PMC in 1999 and has been hooked ever since. He received Guild Certification in 2000 to teach others about PMC and became a Senior Certification Instructor in 2005. www.TerryKovalcik.com

**Lois Kramer-Perez C.Ht., CHt., Intuitive Practitioner and Educator, Graduate of F.I.T, The Feng Shui Alliance School, Institute of Hypnotherapy and Wellness Institute. Lois certified in Feng Shui and Hypnosis, and is a Board Member of International Feng Shui Guild. Lois is the go to expert when you’re finally ready to receive passionate relationships, a peaceful home, and a life you love. She puts her 10+ years of feng shui energy clearing to work for realtors, divorcees, business owners, and moms running a busy household, to put them in the driver’s seat with their relationships and spaces. You may have seen her guest appearances on the Dr. Joy Show and Family Today with Maria Mirkovitch. Lois is a sought after speaker, expert, contributing author Breakthrough Results; and creator of popular programs such as “Clearing Meditation Circle” and the “Feng Shui Jumpstart.**

**Tomohiro Kubo**, an experienced adult education instructor who works for a public school information technology department

**Michelle Kupfer**, has been knitting for 20 years. She has experience teaching both adults and children.

**Walker Larson** is currently a student teacher in math at RHS. He graduated from Ramapo College with a BS in Mathematics and will graduate in May from Stevenson University with a Master of Arts in Teaching (MAT). Walker attended Mahwah High School and got an 800 on the math section of the SAT in 2010.

**Lestat**, is a former Fred Astaire Dance instructor. He has over 20 years experience as a Ballroom Dancing Master in New Jersey, New York and California.

**Karen Livanos-Centauro** is a RYT200 Yoga Teacher and has been teaching yoga since 2007. She has completed a Medical Qi Gong Training as a “The Healer Within” ™ Practice Leader. Karen is also a Reiki II Practitioner and a Gate Energy Facilitator. She has been working with energy and healing modalities for over 20 years.

**Robert Livingstone**, teacher/player and coordinator of volleyball teams and league.

**Angela Maniaci**, is an experienced Italian Language instructor who has worked with area language schools for many years.

**Michael A. Manna**, is an honors graduate from Boston College and Boston College Law School. His is a member of the National Academy of Elder Law Attorneys and is admitted to practice in New Jersey, New York and Massachusetts as well as before the Supreme Court of the United States. Mr. Manna is a licensed provider of mandatory continuing education for certified public accountants, certified life underwriters, certified financial planners and social workers. Mr. Manna has also served as a faculty member of the New Jersey Institute for Continuing Legal Education, not for profit organization dedicated to the continuing education of attorneys.

**Vincent T. Marchese**, is a native of Paterson, NJ. He graduated from Ramapo College of NJ with a BA in Cultural Anthropology. He has also taught history and photography for many years. His studio is located across from the Great Falls of the Passaic River and he was involved with the redevelopment of the Historic District.

**Jaime Marzocchi**, RHS Volleyball Coach, Wellness Instructor.

**Deirdre Mastrangelo**, BS, Fordham Univ., MS Stevens Institute of Technology, is a demonstrator for Stampin’ Up! and a lifetime crafter.

**Ann Monton**, NJ certified Art Teacher.

**John Monton**, has an art degree from Marymount Manhattan College.

**Lynn Needle**, dancer, choreographer and master teacher.

**Amy Nellissen**, is an ABTA Master Teacher – the highest level recognized by the American Bridge Teachers’ Association. She is an ACBL-accredited teacher and a Silver Life Master.
Samuel A. Nutile, BS from Fairleigh Dickinson University, graduate work at Northeastern University and Public Speaking Training at Rutgers University. Former Vice President and Company Officer of a large public company. Extensive public speaking engagements monthly to the Board of Directors, taught company sponsored motivational sessions and was a guest speaker at trade show expositions. Currently a Lector at Our Lady of Mercy Church in Park Ridge.

Eugene Papay, music teacher in Bergenfield for 30 years, musical director and accompanist for several regional opera companies, organist, soloist and choir director, vocal coach and accompanist.

Rose Pasek, is a certified jazzercise instructor and franchise owner.

Mayra Petretti, has been working with Bobbin Lace for almost 20 years. She has completed the assessment program from the Lace Guild (UK). She teaches privately and also at the Metropolitan Chapter’s Lace Day. She demonstrates lace making at various festivals and historical homes.

Harold C. Petzold, Licensed New York State Outdoor Guide. He has been leading hikes for more than 10 years.

Joel Popadics, paintings have been exhibited in solo and group exhibitions in galleries and museums across the United States. In addition, his work is in public and private art collections including the United Methodist Church, Ridgewood and the University Medical Center of Princeton, Plainsboro. Mr. Popadics is the recipient of numerous national awards. He is an elected member of five art organizations and a signature member of the American Watercolor Society. He has been featured many times in AMERICAN ARTIST and THE ARTIST’S MAGAZINES. Mr. Popadics is a Past-President of the New Jersey Watercolor Society. He is the education director and an instructor at the Ridgewood Art Institute. He received a BFA from the School of Visual Arts in New York City. To view his watercolors on-line visit: http://www.watercolorpop.com

Jason Porod has been a teaching in the Ridgewood Public School district since 1999. He taught grades 3-5 at Willard Elementary School for 17 years, and is now teaching Math, Environmental Science, and STEM classes at both district middle schools. Jason holds a Master of Science in Educational Technology degree and served for many years as a teacher technology coach.

Harris R. Reinstein, MBA, CLU, ChFC, has been assisting senior investors for over 20 years. He is a Registered Investment Advisor with SagePoint Financial, Inc.

Aliza Rosen, Ohashiatsu Acupressure Therapist, LMT, Licensed Medical Diagnostic Sonographer (ARDMS), Licensed Massage and Bodywork Therapist, CPR certified and a member of the American Bodywork and Massage Professionals. Aliza is an advanced graduate of the Ohashi Institute- studied with Master Wataru Ohashi. Aliza has written articles in wellness magazines and gives talks about back pain, stress and wellness.

Donald Rubin, is a licensed architect in NJ and NY and a member of the American Institute of Architects. He has extensive experience designing residential projects, primarily single-family homes, as well as apartment buildings and townhouses. He has an architectural practice based in Westwood, NJ.

Lisa Sammataro, is a Realtor Sales Associate and founding Partner at Keller Williams Village Square Realty in Ridgewood, New Jersey, specializing in residential properties with an emphasis on downsizers and first-time home buyers. Lisa is a three-time recipient of the Five Star Professional award, an honor held by fewer than 2% of real estate professionals, and achieved the NJ Realtors Circle of Excellence Award in 2014 and 2015. She holds the Seniors Real Estate Specialist (SRES), a Certified Negotiation Expert (CNE) and Certified Distressed Property Expert (CDPE) designations. For more information, visit http://BergenCountyHomeSearch.net.

Eric Alexander Santoli, is a Bachelor of Fine Arts graduate of the University of Pennsylvania and the Pennsylvania Academy of Fine Arts. He has taught at Bergen Community College, and at the Ridgewood Art Institute.

MT Schwartzman, has been a full-time freelance writer covering the travel industry for more than 25 years. During that time he has sold over 700 articles to magazines and websites in the US, Canada, England, Finland and Australia. He has nearly 20 years experience teaching adult education.

Joseph Scilieri, has a BA in Business Administration from WPU, and a Certificate of Culinary Arts from Bergen Community College. He has over 13 years’ experience in the food service industry and is an experienced adult education instructor.

James Seawood is a New York based voice talent and teacher. He has brought his signature sound to commercials for a myriad of brands and organizations including Nike, Army West Point, The City of Charlotte, Cholula Hot Sauce and MGM Las Vegas Casino.

Britt Sikiric, graduated from the School of Visual Arts with a degree in Fine Arts/Painting. She has been an art instructor for children and adults for over 20 years. She has also done scenic design for local theater companies, been a visual merchandiser for various companies and did prop and scenic design for the children’s television show “Steampipe Alley”.

Chuck Solomon, has been photographing sports, action and lifestyle for the past thirty-five years. A former staff photographer, as well as a current contributor, at Sports Illustrated; his photographs have appeared on the cover of that magazine more than forty times. He is currently based in the New York/New Jersey area. Equally proficient at shooting action as well as portraits and picture stories, he is also the photographer and author of a series of children’s books. Chuck has received numerous awards for his photographs including placement in the prestigious POY competition and he has had an image named by Sports Illustrated as one of the 100 greatest sports photographs of all time. He was recently profiled in Adorama’s prestigious Meet a Pro series. One of his pictures was also selected by TIME as one of the greatest World Series images in history. Always a firm believer in the power and lasting impact of the still image; he has spent a good deal of his career attempting to make memorable pictures.

Joan Tarrant is a registered Yoga Teacher with the Yoga Alliance. She has completed both the 200 Hour and 500 Hour course work and certification requirements.
Akemi Thompson, B.A. Japanese Literature from Jissen Women’s University. Has 9 years teaching experience.

Steve Tichenor, is currently the Chairman of the North River Colonial Dancers. Steve has studied some Baroque dance as well as English Country dancing for several years. He is also a member of New Jersey Militia Heard’s Brigade, a Revolutionary-War re-enactment group, in which he has served in every capacity from NCO to Unit Commander. He also makes special appearances to public school classes speaking to students regarding the Revolutionary War and 18th Century re-enacting. Tichenor’s interest in history is personal - both his maternal and paternal ancestors settled in New England in the early 1600s.

Jay D. Tuthill II, C.F.A., is the Managing Director of Tuthill & Merker, LLC.

La Shonda Tyree, is the owner of Nyah, a handcrafted beauty and skin care business. She turned a part time hobby into a full time passion, which consists of handcrafted soaps, lotions, bath salts, body scrubs, lip balms and bath teas. She has facilitated relaxation workshops and lotion making workshops for adults and children.

Thomas Valenti, is President of the Allied Artists of America and is an Honorary Member of The Salmagundi Club. He is listed in “Who’s Who in American Art” and “Who’s Who in America.” His work was featured in the January 2007 issue of “The American Artist” magazine. The artist’s work is in private collections throughout the United States and abroad. To see Valenti’s work, resume and biography, go to his official website www.thomasvalenti.com.

Patricia Vangieri has been the owner of The Glass Gallery Stained Glass Studio in Nutley, NJ for 24 years. She is an instructor, designer and fabricator to novice and experienced hobbyists as well as a provider of tools and supplies needed for working in the craft. She also works as a commissioned artist for those wanting custom work for their home or business. www.glassgallerynj.com

Anne Winner, certified teacher and artist who has exhibited her work in a variety of media.

Sharon M. Wolbert, has a Ph.D. from Columbia University and has 40 years of experience working with people to improve their health, both the mental and physical aspects. She has been using Essential Oils and teaching others how to use them to improve their sleep, stress, immune function, mood and cognition for 20 years.

Janice Wolk, is self-taught dance caller, who has co-instructed Historic English/American Social Dance with Steve Tichenor through the Ridgewood Community School for over 7 years. She serves as Secretary/Public Relations Liaison for the North River Historical Dancers, a historic dance troupe. Janice is also a member of New Jersey Militia Heard’s Brigade, a Revolutionary War re-enactment group, and of the American Friends of Lafayette, a historic and patriotic organization dedicated to the memory of the Marquis de Lafayette. Aside from living history, other hobbies include art and art history. She has taken portrait painting workshops in Woodstock, NY and also enjoys dabbling in watercolors. A longtime resident of New Jersey, Janice works in Manhattan at a world-renowned beauty company.

Zahavi & Schwartz, is made up of mother daughter team, Zahava & Orly Schwartz. They are personal stylists and wardrobe coaches, who curate unique shopping experiences for their clients. With over 10 years’ experience in the fashion world, they are now taking their knowledge and are teaching their methods to the community, to help more people gain clarity, define their style, and get more organized. They look to empower men and women through their wardrobe, so they always feel comfortable and able to take on any challenge set before them.

General Information You Should Know

The RIDGEWOOD COMMUNITY SCHOOL offers to all citizens and taxpayers of Ridgewood, as well as residents of nearby communities, the opportunity to continue their education and pursue special interests. The school is administered through the office of the Superintendent of Schools and assisted by the RCS Advisory Council. Ridgewood residents who would like to be considered for the Council should contact Shelly Stanton, Coordinator.

RCS is an equal educational opportunity organization. It affirms its responsibility to ensure all students and all employees equal opportunity regardless of race, color, creed, religion, sex, ancestry, national origin, and social or economic status.

Administration

Daniel Fishbein, Ed.D, Superintendent of Schools
Antoinette Kelly, Business Administrator/Board Secretary
Shelly Stanton, Coordinator, RCS
Anna Thomas-Candrilli, Registrar, RCS

RIDGEWOOD COMMUNITY SCHOOL ADVISORY COUNCIL

Board of Ed. Representative
Lou Gallo-Mann
Lynn Larson
Linda McNamara
Susanne D. Ziskis

Schedule of Classes

Monday
Oct 1, 8, 15, 22, 29
Nov 5, 12, 19, 26
Dec 3, (10)

Tuesday
Oct 2, 9, 16, 23, 30
Nov 6, 13, 20, 27
Dec (4)

Wednesday
Oct 3, 10, 17, 24, 31
Nov 7, 14, 21, 28
Dec 5, (12)

Thursday
Oct 4, 11, 18, 25
Nov 1, 8, 15, 22, 29
Dec 6, 13, (20)

Friday
Oct 5, 12, 19, 26
Nov 2, 9, 16, 23, 30
Dec 7, 14, (21)

Saturday
Oct 6, 13, 20, 27
Nov 3, (40), 17, 24
Dec 1, 8, 15, (22)

- No classes on that date/schools closed
  Oct 8 – Columbus Day
  Nov 8-10 - NJEA Convention
  Nov 21-24- Thanksgiving Recess
  Dec 24-Jan 1 – December Recess
  ( ) - Make-up date for canceled classes.

Please note that these dates are pre-scheduled make-ups for the 9-week session. If your class is less than 9 weeks, the first available date after the end of your class will be used as the make-up date.
The RIDGEWOOD COMMUNITY SCHOOL business office is located at the Education Center, 49 Cottage Place, Ridgewood. Most of our classes, however, are held in various schools & other facilities in Ridgewood. A few are held in other communities. Please check the course description of your particular course for the location of your class. All course descriptions give the location of the class. Below is a map of Ridgewood showing the Ridgewood locations only. If you need directions to your class in Ridgewood or any other location, please do not hesitate to call us (670-2777) and we will be happy to direct you.

**CLASS LOCATIONS**

### Ridgewood Schools
1. **RHS** - (Ridgewood High School)
   627 E. Ridgewood Avenue
2. **BFMS** - (Benjamin Franklin Middle School)
   335 N. Van Dien Avenue
3. **GWMS** - (George Washington Middle School)
   155 Washington Place
4. **Glen** - 865 E. Glen Avenue
5. **Hawes** - 531 Stevens Avenue
6. **Orchard** - 230 Demarest Street
7. **Ridge** - 325 W. Ridgewood Avenue
8. **Somerville** - 45 S. Pleasant Avenue
9. **Travell** - 340 Bogert Avenue
10. **Willard** - 601 Morningside Road

### Other Locations in Ridgewood
11. **Christ Church** - 105 Cottage Place
12. **Ridgewood Public Library** - 125 N. Maple Avenue
13. **Paramus Reformed Church** - 660 E. Glen Avenue
15. **Ridgewood Art Institute** - 12 E. Glen Avenue
16. **The Stable** - 259 N. Maple Avenue
17. **Education Center** - 49 Cottage Place
18. **American Red Cross** - 74 Godwin Avenue
19. **Unitarian Society** - 113 Cottage Place
20. **Art of Motion Studios** - 17 Chestnut Street

Directions to all schools and other locations are now available on the RCS website www.ridgewood.k12.nj.us
Registration/Cancellation Information

1. No acknowledgements are sent. You should report to your class unless notified to the contrary.
2. Registration fee ($25 per person per course) is included in the tuition fee. It is not refundable for any reason (unless the course is canceled by RCS or RCS institutes a schedule change).
3. Tuition must accompany registration. Registrations are processed in the order they are received.
4. Refunds & Withdrawals:
   • If RCS cancels your course, you will receive a full refund.
   • If you want to withdraw from a class before it begins, you must submit your request in writing to RCS THREE FULL BUSINESS DAYS PRIOR TO THE FIRST CLASS MEETING (not counting the day of class). You will receive a refund (less the $25 registration fee). This policy differs for trips and tours. Please see those pages for details.
   • If you withdraw from the class after the first session, no refund or credit will be given. If you want to withdraw or miss a class due to personal reasons, illness, injury, negligence or an oversight of your own, no refund or credit will be given.
   • If you find a course does not meet your legitimate expectations, we ask that you send a written request to us as soon as the course is finished and complete a course evaluation. We will issue you a tuition credit for another RCS course.
   • Refunds are processed in 3-4 weeks.
5. Any class is subject to cancellation (up to start date of class) if registration is not sufficient. Students will be notified by telephone. Please register early!!
6. Special Needs: Most Ridgewood schools are barrier-free. RCS will make your class accessible to you. If you have special needs, please alert RCS upon registration. Advance notice of 2 weeks must be given.
7. Book & Supply Fees: These are additional costs and are due at the first class.
8. School Closings: RCS is closed whenever the Ridgewood schools are closed (see calendar on page 47). Closings due to inclement weather are announced on the central office answering machine at 201-670-2700 or on the RCS office answering machine at (201) 670-2777 between 6:30 and 8 am and will remain there throughout the day. Emergency closing information is also available on the Ridgewood website www.ridgewood.k12.nj.us and on television news FOX 5, NBC 4, ABC 7 and Channel 12. If storms develop during the day, please call the RCS office at (201) 670-2777 after 3 pm for cancellation information.
9. Please check your calendar prior to registering. Refunds will not be given for personal scheduling conflicts or double-booked classes.
10. Transfers made at the discretion of the RCS office.

You have 5 easy ways to sign up:

1. MAIL IT NOW! DON’T WAIT!
   Fill in registration form and mail it with check, money order or charge information to: 49 Cottage Pl., Ridgewood, NJ 07450. You can mail your registration as soon as you receive your brochure.

2. WALK IN Starting Aug 27
   In-person registration at 49 Cottage Place, Ridgewood: Mon through Fri 1-4 pm

   WALK IN AFTER CLASSES BEGIN
   You may register at BFMS and RHS between the hours of 7-9:30 pm Mon thru Thurs if there is still space in the class. After classes start, RCS registration hours are 1-4 pm, Monday - Friday.

3. PHONE CHARGE ONLY
   Phone Number: (201) 670-2777
   Starting Aug 27
   (Visa and Mastercard accepted)
   Hours: Mon through Fri, 1-4 pm
   After classes start, RCS registration hours are 1-4 pm, Monday - Friday.

4. FAX IT CHARGE ONLY
   Fax Number: (201) 444-5565
   Starting Aug 27
   Visa and Mastercard 24 HOURS A DAY
   Fax the form. In order for your registration to be properly processed, it must include all information on registration form on next page.

5. ON-LINE
   https://register.communitypass.net
   Starting Aug 27
   Visa and Mastercard 24 HOURS A DAY
   Complete and secure online registration for all classes is now available through Community Pass. To begin, use the signup link above and create a Community Pass account. Once this is done you will have access to all the events and activities within Capturepoint.com.
Follow the easy instructions on the facing page.

Use one card per course per student.
Forms may be duplicated.

Registrations are not confirmed. Please report to your class unless notified to the contrary.

RCS courses are open to all persons * regardless of residence. Unless otherwise stated, students must be at least 14 years old and in high school.

*Except for those classes listed under the junior edition section, RCS classes are intended for adults. Students ages 14-18 may attend upon request, but some classes are not suitable for children. Please call the RCS office for more information.

Please do not wait until the last minute to register. If there is insufficient enrollment for a course, it will be canceled.

AVOID DISAPPOINTMENT - REGISTER EARLY!!
5 easy ways to register:

PHONE: (201) 670-2777

WALK-IN: 49 Cottage Place, 2nd Floor Lobby

MAIL: 49 Cottage Place, Ridgewood, NJ 07450

FAX: (201) 444-5565

ONLINE: https://register.communitypass.net

SEE INSIDE BACK COVER FOR REGISTRATION HOURS!
5 easy ways to register:

PHONE: (201) 670-2777

WALK-IN: 49 Cottage Place, 2nd Floor Lobby

MAIL: 49 Cottage Place, Ridgewood, NJ 07450

FAX: (201) 444-5565

ONLINE: https://register.communitypass.net

SEE INSIDE BACK COVER FOR REGISTRATION HOURS!